

## IMPORTANT INFORMATION

### May 26-Registration Night

July 1-Canada Day-Pool Closed  
 July 2-Pool Closed  
 July 3-Pool Closed  
 July 4- First day of lessons  
 Aug 7-Natal Day-No lessons-Lane swim  
 Aug 12-Swim Meet-Pool Closed

### SWIM RATES

Open Swim	\$4/person
Adult Swim	\$5/person
Aquasize	\$7/person
Aquasize season pass	\$50
Family one time visit pass	\$12
Single 10 punch pass	\$35
Family 10 punch pass	\$100
Family season pass	\$150+HST

### Open swims

**Weekdays:** 1:00-2:45pm  
 5:00-6:30pm

**Weekends:** 12:00pm-2:30pm

\*All children under 8 must be in arms reach of an adult at all times during open swims.

### Family Swims

**Weekends:** 2:30pm-5:00pm

\*An adult per family must be in the water at all times during family swims

### Adult Lane Swims

**Monday to Friday:** 6:30-7:30am

**Tuesday and Thursday:** 9:30-10:30pm

### Water Safety Instructor Course

Become a certified SWIMMING INSTRUCTOR!!

- ◆ Mon-Fri for 1 week August 14-18 8:30am-1:00pm
- ◆ Minimum 3 participants or course is cancelled
- ◆ Prerequisites: must be 15 years old or older

### Bronze Medallion and Cross

- ◆ Mon-Fri for 1 week July 24-28 8:30am-1:00pm
- ◆ Min 3 participants or course is cancelled
- ◆ Prerequisites (Medallion): Minimum 13 yrs of age or Bronze Star Certification

### Pool Opens EARLY!

Open Swims 4-6:30pm-  
**June 19-23 and June 26-30**

Open Swim 12-2:30pm and  
 Family Swim 2:30-5pm-  
**June 24 and 25th**

**Adult Lane Swims start Tuesday  
 6:30am July 4th**

**(Pool Closed Canada Day July 1, 2,  
 and 3)**

### AQUASIZE

Gain strength, flexibility, and endurance at our low impact Aquasize class in our HEATED pool! (shallow end option available) **July 4-August 25**

**Fridays 6:45-7:45pm & Sundays 11-12pm**

**Cancelled August 11th for swim meet**

# 2017 Pool Guide



**St. Margaret's**  
 — C E N T R E —

- ◆ Private Lessons
- ◆ Semi-Private Lessons
- ◆ Group Lessons
- ◆ Family Swims
- ◆ Open Swims
- ◆ AND MORE!



# 2017 Lesson Schedule

## Preschool (ages 5 and under)



Starfish Duck Sea Turtle (Parented)	Sea Otter	Salamander	Sunfish	Crocodile/ Whale
11-11:30am	11-11:30am	9-9:30am	9:30-10am	10:30-11am
	3:00-3:30pm	10-10:30am	4:30-5pm	4:-4:30pm
		3:30-4pm		



## Swim Kids (ages 5 and up)

Swim Kids 1		Swim Kids 2		Swim Kids 3		Swim Kids 4	
10:30-11am		10-10:30am		10:30-11am		11-11:30am	
3-3:30pm		3:30-4pm		4:30-5pm		4:30-5pm	
Swim Kids 5	Swim Kids 6		Swim Kids 7		Swim Kids 8	Swim Kids 9/10 split	
8:30-9:15am	9:15-10am		9:15-10am		8:30-9:15am	10:45-11:30am	
SK 5/6 Split			SK 7/8 Split			4-4:45pm	
3-3:45pm			3:45-4:30pm				

### Group Lesson Dates:

Session 1: July 4-July 14  
 Session 2: July 17-July 28  
 Session 3: July 31-August 11  
 Session 4: August 14-August 25

### Please Note:

\*Missed lessons NOT due to weather or pool incident will not be made up \*  
 \*Schedule subject to change due to registration\*

### Lesson Rates (HST included)

Pre-school+Swim Kids 1-4 \$75.00  
 Swim Kids 5-10 \$80.00  
 Semi-private lessons \$82.00  
 Private lessons \$100.00  
 Weekend private lessons \$100.00

### Weekday private/semi private lesson available times

8:30-9:00am      3:00-3:30pm      6:00-6:30pm  
 9:00-9:30am      3:30-4:00pm  
 9:30-10:00am      4:00-4:30pm  
 10:00-10:30am      4:30-5:00pm  
 10:30-11:00am      5:00-5:30pm  
 11:00-11:30am      5:30-6:00pm

◆ Monday-Friday 1 WEEK (five half hour lessons).

### Weekend Private lessons (Swim Kids)

**Adult/Teen lessons:** 8:30-9:15am  
**Swim Kids lessons:** 9:30-10:15am  
 10:15-11:00am

**Session A:** July 8,9,15, and 16  
**Session B:** July 22,23,29, and 30  
**Session C:** Aug 5,6, and 13,  
**Session D:** Aug 19,20,26, and 27

### How to Register After May 26?

- ⇒ **In person** at the Centre
- ⇒ **By phone** (902) 826-2100 Ext 18
- ⇒ **By email**  
[stmargspool@gmail.com](mailto:stmargspool@gmail.com)

Lesson space is limited, and is on a first-come first-serve basis!