

SUMMER 2018



**Registration starts April 9th.
12 Westwood Blvd.
Upper Tantallon
Upper Tantallon, NS**

Revised: March 7th

PAYMENT OPTIONS & DISCOUNTS

Camp Westwood offers **two methods of payments**:

- **Pay in full** at time of registration
- **Payment plan**: If you have registered for 3 or more weeks of camp then you qualify for further payment plan options. This includes payments being made on June 10th, July 10th and August 10th. If you do not register for a camp in the month of August then your payments will be shortened to two payments on June 10th and July 10th. If you have any questions or would like more information on this please contact the Front Desk or the Camp Westwood Director.

Payments can be made with cash, cheque, Visa, MasterCard, or debit. If using the payment plan method, only Visa, MasterCard, or post-dated cheques will be accepted.

Cheques should be made out to St. Margaret's Centre.

DISCOUNTS: By purchasing three or more weeks of camp, or by registering two or more children, you will receive **10% off the total camp price** (excluding pizza Friday total). Discounts cannot be multiplied with multiple camps of multiple children.

REFUND POLICY: You **must** cancel your registration **THREE WEEKS** prior to the week of camp that you are requesting withdrawal from to be eligible for a refund (medical reasons with supporting documentation are the exception). All refunds (deposit included) are subject to a \$25 administration fee.

Once the full payment has been made, you will receive a pink copy of the registration form. Please **do not discard** this as it can be used for income tax purposes.

QUESTIONS? Email:
campwestwood@gmail.com

GENERAL INFORMATION

Beginning its first year in 2010, Camp Westwood is now celebrating its 9th year of operations!

Camps will run from Tuesday, July 3rd, 2018 to Friday, August 31st, 2018 (9 weeks).

Camps run from 8:30 AM to 4:30 PM. We provide **early drop-off beginning at 7:15 AM**, and late pick-up **until 5:30 PM**, FREE of charge!

Camps run for children ages 5-10 years of age.

We have zero tolerance for inappropriate, violent, or dangerous behaviour. **Electronics, including cell phones and iPods, are not permitted during camp hours.**

Registration forms are available starting April 9th at the front desk of the St. Margaret's Centre, and on the SMC website.

LUNCH, HOT DOG TUESDAY, & PIZZA FRIDAY

It is the parent's responsibility to provide: LUNCH, SNACKS, & WATER BOTTLE.

Please keep in mind that St. Margaret's Centre is NOT A NUT-FREE FACILITY. Please ensure that all allergies and sensitivities are listed on the registration form to allow us to make the best possible arrangements to ensure every camper's safety.

HOT DOG TUESDAY: Each Tuesday, Camp Westwood will provide a Hot Dog to each Camper. Please still provide snacks and a water bottle. Vegetarian option available (please note on form)

PIZZA FRIDAY: Campers will have the option to buy into the pizza Friday program. For \$5, each camper will receive a slice of pizza, treat, and a juice box. Additional slice: \$2. Pizza is supplied from Little Jo's, and there is also a GLUTEN-FREE OPTION.

SWIMMING & SWIMMING LESSONS

Campers will have the opportunity to go swimming each day (weather permitting) at St. Margaret's Centre's outdoor pool. If campers do not wish to swim, other activities will be organized.

In order for pool time to run as safe and as smooth as possible, it is important to indicate the following on the registration form:

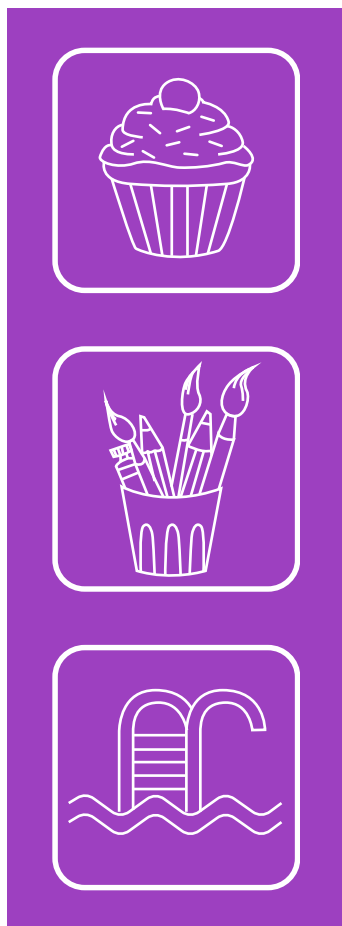
- Provide the most recent level of swimming that your child has successfully completed.
- Indicate if your child has any difficulties swimming.
- Indicate if your child needs a lifejacket if going in the pool.

PLEASE PACK SUNSCREEN (labelled with first and last name)!

Lifeguards will be on duty at all times while campers are in the pool. There will be a *minimum* of two counsellors in the pool with the campers at all times, with additional counsellors supervising from the pool deck.

In order for a camper to be permitted to swim in the deep end, they must successfully pass our swim test. The test will be under the discretion of the lifeguards on duty that day. If successful, the camper will receive a waterproof bracelet. Please do not remove the bracelet until the end of the week.

IF YOUR CHILD IS REGISTERED FOR SWIMMING LESSONS WITH SMC POOL DURING CAMP HOURS (8:30 AM - 4:30 PM): Please send an email to campwestwood@gmail.com with the subject heading "Swim lessons for (your child's name and lesson time)". If we do not get confirmation of this then we will presume that you will be taking them for their lesson.



A TYPICAL DAY AT CAMP WESTWOOD:

Everyday at Camp Westwood is different, but we try to make everyday our best day! Here's what a typical day *may* look like:

7:15 – 8:15 AM: EARLY/NORMAL DROP OFF (we have colouring books, card games, books, etc. during the morning until camp activities begin). PLEASE ENSURE TO SIGN IN YOUR CAMPER AT THIS TIME.

8:30 AM: CAMP ACTIVITIES BEGIN! Crafts, games, sports, experiments, fitness, skating, theatre, painting, and much more!

11:00 AM: LUNCH TIME.

12:00 PM: POOL TIME.

1:00 PM: CAMP ACTIVITIES RESUME.

2:30 PM: SNACK TIME! (Please provide a snack for your child)

4:30 PM: BEGIN PICKUP! Campers will have the option to watch a movie, colour/draw, or read while waiting to be picked up. If your camper will be picked up by someone who is not their parent or guardian, please indicate this on the registration form.

PICK UP EXTENDS TO 5:30 PM (no later).

WHAT TO BRING:

(Please make sure to label ALL items of your child(ren) before coming to camp).

- Lunch and snacks
- Water bottle
- Sunscreen
- Change of clothes
- Bathing suit
- Towel
- Goggles
- Sandals/Flip-flops (for pool time)

ALL CAMPS will have the opportunity to go skating at least once per week. If your child wishes to go skating, please pack the following on skating days:

- Skates
- Ice Helmet (not bike helmet)
- Warm Pants
- Sweater or Jacket
- Mittens/Gloves

CAMP WESTWOOD WEDNESDAY THEME DAYS

Every Wednesday, Camp Westwood has a different Theme Day! Every camper and staff member is encouraged to participate. Prizes will be given out to those with the coolest costumes, and counsellors will have a dance off in their costumes, with the winner decided by our campers! The more campers that participate, the better! Wednesday Theme Days also include special games, events, and surprises!

JULY 4TH: BEACH DAY

JULY 11TH: CRAZY HAIR DAY

JULY 18TH: TIE DYE DAY/RAINBOW DAY

JULY 25TH: CHARACTER DAY

AUGUST 1ST: BACKWARDS & INSIDE OUT DAY

AUGUST 8TH: SUPERHERO DAY

AUGUST 15TH: PAJAMA DAY

AUGUST 22ND: SPORTSWEAR/JERSEY DAY

AUGUST 29TH: HALLOWEEN DAY

CAMP DESCRIPTIONS

Girl Power: (weeks 1 & 6)

A week of dance, crafts, jewellery, art, baking, sports, yoga, and Zumba! This camp is designed to embrace all of your girl's power! A camp to foster friendships, creativity, and confidence with excellent role models.

Catch It, Throw It, Kick It, Whack It: (weeks 1, 5 & 6)

Calling all sports lovers! This camp has it all! From catching Frisbees, to throwing footballs, to kicking soccer balls, to whacking pickle balls, your child is surely to learn some new skills and stay active. Complimented with a few crafts and activities so everyone can *catch* their breath.

TV Game Show: (weeks 3 & 7)

Combining *Survivor*, *Amazing Race*, *Wipeout*, *American Idol*, and *Jeopardy* (just to name a few), is guaranteed to be a fun, game filled week! With activities for all ages and skill levels, this TV show inspired camp will encourage kids to compete in physical, mental, creative, and team challenges. ****Please note that the majority of this camp's activities will be repeated in week 7.**

Movin' and Groovin': (weeks 2 & 8)

Does your child love to get their groove on? Are they always on the move? This camp is for them! A week filled with music, dancing, and lots of movin'! Activities for all ages and experience, with daily crafts and games as well!

Art, Art & More Art: (weeks 1, 3 & 7)

Embracing everyone's artistic side! Learn and practice many aspects of fine arts including painting, sculpting, drawing, and Paper-Mache. Aside from creating works of arts, young artists will also have gym, outdoor, and game time.

Fun & Fitness: (weeks 4 & 8)

Less focus on sports, and more on being active! Campers will have the opportunity to explore different ways of being fit such as Zumba, yoga, Taekwondo, boot camps and more. This camp focuses on healthy choices and having tons of fun.

Scrapbooking: (weeks 2 & 5)

For newbies and expert scrapbookers alike, this camp is perfect for anyone eager to better their scrapbooking skills. Projects include stamping, greeting cards, lettering, and your own mini-scrapbook. Artistic projects are balanced with gym, outdoor, and game time. ****Although no two scrapbooking projects are alike, the basics of these projects will be repeated in week 5****

Theatre & Drama: (weeks 4 & 5)

We are thrilled to introduce this camp back to our repertoire after a few year hiatus. This camp is designed for all drama-queens and kings alike. Throughout the week, campers will work on a play to showcase on Friday, as well as public speaking skills, acting skills and games, and a few musical and dance workshops.

Characters, Cartoons & Castles: (week 4)

Crafts, games, and activities inspired by Disney. From popular new movies such as *Frozen*, to the classics such as *Finding Nemo* and the *Lion King*, this week filled with magic and fun is sure to thrill all young fans!

Super Science: (week 6)

Calling all young scientists, this camp will be filled with cool, educational and messy experiments. Campers are sure to be amazed by the results.

Camp Westwood Olympics: (week 2)

Every camper will be placed on a team to represent their country. Challenges throughout the week will include solo and team events (not all sports related), with medals awarded at the end of the week.

Westwood Survival: (week 5)

Another new addition to our summer, this camp is "overnight summer camp meets survival skills". Boys and girls alike are sure to learn something from knot-tying, to setting up tents, to learning about the wilderness, to making s'mores.

Cupcake Kids: (weeks 3, 5 & 7)

From traditional to designer cupcakes, we are doing it all! Throughout the week we will design and create edible works of art to be taken home! Campers will also learn basic baking skills, and participate in games, crafts, and gym time.

Superhero: (week 6)

The camp title says it all! For any camper that dreams of being a superhero for a week this will for not disappoint. From batman to wonder woman, lets take over the world together.

Finale Week: (week 9)

Ending the summer with a bang! This week is jam-packed of all of our favourite activities. Campers will participate in crafts, water balloon games, sports, scavenger hunts, and dance parties. There will be something for everyone!

CAMP CODES AND DATES

Nine weeks of camp will be offered, starting July 3rd until August 31st!

Please note that in some weeks, only certain age groups will be offered for select camps.

Please read carefully, and ensure to fill out the proper camp code on your child's registration form.

July 3rd - July 6th	(4 day week)	Age	Cost	Code
Girl Power		5-6	\$140	GP101
Girl Power		7-8	\$140	GP102
Girl Power		9-10	\$140	GP103
Catch It, Throw It, Kick It, Whack It		5-6	\$125	CTKW104
Catch It, Throw It, Kick It, Whack It		7-8	\$125	CTKW105
Catch It, Throw It, Kick It, Whack It		9-10	\$125	CTKW106
Art, Art & More Art		5-6	\$140	AA107
Art, Art & More Art		7-8	\$140	AA108
Art, Art & More Art		9-10	\$140	AA109
July 9th - July 13th		Age	Cost	Code
Movin' & Groovin'		5-6	\$150	MG201
Movin' & Groovin'		7-8	\$150	MG202
Movin' & Groovin'		9-10	\$150	MG203
Camp Westwood Olympics		5-6	\$155	CWO204
Camp Westwood Olympics		7-8	\$155	CWO205
Camp Westwood Olympics		9-10	\$155	CWO206
Scrapbooking		7-8	\$170	SBK207
Scrapbooking		9-10	\$170	SBK208
July 16th - July 20th		Age	Cost	Code
TV Game Show		5-6	\$155	TV301
TV Game Show		7-8	\$155	TV302
TV Game Show		9-10	\$155	TV303
Art, Art & More Art		5-6	\$165	AA304
Art, Art & More Art		7-8	\$165	AA305
Art, Art & More Art		9-10	\$165	AA306
Cupcake Kids		8-10	\$170	CK307
July 23rd - July 27th		Age	Cost	Code
Cartoons, Characters & Castles		5-7	\$160	CCC401
Theatre & Drama		8-10	\$160	TD402
Fun & Fitness		5-7	\$150	FF403
Catch It, Throw It, Kick It, Whack It		8-10	\$150	CTKW404

July 30th - August 3rd	Age	Cost	Code
Scrapbooking	7-8	\$170	SBK501
Scrapbooking	9-10	\$170	SBK502
Westwood Survival	5-6	\$160	WS503
Westwood Survival	7-8	\$160	WS504
Westwood Survival	9-10	\$160	WS505
Cupcake Kids	5-7	\$170	CK506
Catch It, Throw It, Kick It, Whack It	5-6	\$150	CTKW507
Catch It, Throw It, Kick It, Whack It	7-8	\$150	CTKW508
Catch It, Throw It, Kick It, Whack It	9-10	\$150	CTKW509

August 7th - August 10th (4 day week)	Age	Cost	Code
Super Science	5-7	\$140	SS601
Superhero	5-6	\$140	SH602
Superhero	7-8	\$140	SH603
Superhero	9-10	\$140	SH604
Catch It, Throw It, Kick It, Whack It	5-6	\$125	CTKW605
Catch It, Throw It, Kick It, Whack It	7-8	\$125	CTKW606
Catch It, Throw It, Kick It, Whack It	9-10	\$125	CTKW607
Girl Power	5-6	\$140	GP608
Girl Power	7-8	\$140	GP609
Girl Power	9-10	\$140	GP610

August 13th - August 17th	Age	Cost	Code
TV Game Show	5-6	\$155	TV701
TV Game Show	7-8	\$155	TV702
TV Game Show	9-10	\$155	TV703
Cupcake Kids	8-10	\$170	CC704
Art, Art & More Art	5-6	\$165	AA705
Art, Art & More Art	7-8	\$165	AA706
Art, Art & More Art	9-10	\$165	AA707

August 20th - August 24th	Age	Cost	Code
Theatre & Drama	8-10	\$160	TD801
Movin' & Groovin'	5-6	\$150	MG802
Movin' & Groovin'	7-8	\$150	MG803
Movin' & Groovin'	9-10	\$150	MG804
Fun & Fitness	5-6	\$150	SZ805
Fun & Fitness	7-8	\$150	SZ806
Fun & Fitness	9-10	\$150	MG807

August 28th - August 31st	Age	Cost	Code
Finale Week	5-6	\$160	FW901
Finale Week	7-8	\$160	FW902
Finale Week	9-10	\$160	FW903

2018 HOCKEY PROGRAMS

Camp Westwood offers a recreational summer Hockey program from July 9th - August 24th. Participants will be on the ice for 2.5 hours per day, every day (12.5 hours per week). The Camp Westwood Hockey Program is focused on giving players the opportunity to develop their skills in an encouraging, positive atmosphere, with a large focus on power skating development, stick handling and shooting skills, and basic fundamentals of hockey that are essential to every player. Our skilled instructors work with a small group (limited space available) to ensure the safety of our campers, and for our counsellors to be able to work one-on-one with each player throughout the week.

The Camp Westwood Hockey Program also offers player report cards, dry-land training, and goal-setting sessions. Participants will swim each day (weather permitting) and will have gym and outdoor time for other activities.

Please note that this is NOT a learn-to-skate program. Players must be equipped with basic skating skills.

Please see our separate Camp Westwood Hockey Programs brochure for more details & registration information.

2018 FIGURE SKATING PROGRAMS

Anyone interested in figure skating camp please see our separate Figure Skating brochure for more details. There are a limited number of spots available!



QUESTIONS

Recreation Director
Helen Clark
rimsmb@gmail.com
902-826-2100 ext. 27

Camp Westwood Coordinator:
campwestwood@gmail.com
902-826-2100 ext. 10

Make sure to LIKE us on **FACEBOOK** for updates and announcements throughout the summer!
<http://www.facebook.com/pages/Camp-Westwood>