



PRODUCTIVITY NINJA



WHAT DRIVES YOU THE MOST CRAZY ABOUT YOUR PRODUCTIVITY?

Put your answer in the comments, Grasshopper.

BRAAAAAIIIIINNSSSS.....

- Your brain processes ridiculous amounts of information daily, much of it without your direct intervention.
- Science doesn't even know how many thoughts you have in a day.



WHAT IF WE COULD LEARN HOW TO DIRECT TRAFFIC INSTEAD?

Stop packing that schedule, Grasshopper. It's like letting way too many cars into traffic at once: it'll turn a fast moving highway into a parking lot in minutes.

EXTERNAL TRAFFIC

Inbox Zero (Now For FB Messenger!)

Declutter your workspace

Silence your bells and whistles

INTERNAL TRAFFIC

- Idea Parking Lot
- You Have One Job
- De-Stress Like It's Your Job (Because It Is)



NINJA NOTE: CONTROL THE TRAFFIC IN YOUR OWN BRAIN, AND YOU WILL BE MUCH MORE PRODUCTIVE.

FOR MORE ABOUT PRODUCTIVITY, JOIN US IN THE DOJO!

