



YOUR SHOULDs ARE KILLING YOU



ARE "SHOULDs" EVEN USEFUL?

We use "shoulds" as negative motivation
Would you like a side of undefined guilt with that?
"Shoulds" are an attempt to control the uncontrollable.

THIS IS THE "SHOULD" THAT NEVER ENDS

"Should" does two things really well.



Acknowledges that you have the proper attitude
towards changing and being a better person.
Allows you to do not one damn thing about it

Learned helplessness is the quicksand at the bottom of the
murky pool of shoulds. It's easy to get sucked in, and most
people don't come back out.

NICE STORY. WHAT'S THIS HAVE TO DO WITH PRODUCTIVITY?

I'm glad you asked, Grasshopper.

Shoulds are a time, energy and emotion suck.
Shoulds cover up what we really want.
It is flat impossible to spend our lives productively,
without knowing first what is is we want.



NINJA NOTE: YOU DON'T HAVE TO LIVE THIS WAY ANYMORE. GET RID OF YOUR SHOULDs, AND FIND OUT WHAT YOU REALLY WANT. GO TO: GOSHOULDLESS.COM.

