



PROFILE OF A PRODUCTIVITY KILLER: BLAME



We're looking at this in the context of **self-blame** today, and how it can totally monkeywrench your productivity: at work, at home, and everywhere you go.



IS BLAME EVEN USEFUL?

This depends on what you consider useful....

Does punishment in any form motivate you?

Is the motivation positive or negative?



LONG TERM EFFECTS

The more blame, the less exploration of new ideas and ways to do things.

- Extraordinarily tough if you're in business.
- In relationships, this leads directly to communication breakdown and Suck-itis.

THERE'S A BETTER WAY

Everyone you know is doing the best they can with the knowledge and experience they have, combined with the feelings they are having at this moment. Including you, Grasshopper.

What do you think of that statement?

True? False? Gray area?



**NINJA NOTE: HOW YOU TREAT YOURSELF IS AT LEAST AS IMPORTANT AS
HOW YOU TREAT OTHER PEOPLE.**

