



Nourishing Life

CRANIOSACRAL THERAPY AND BODYWORK

CANCELLATION POLICY

If you need to cancel your appointment please let me know as soon as you are able to so I can allocate that time to another client.

If you need to cancel, I ask you give me **12-24 hours notice**. If I get your cancellation less than 12 hours from your appointment time, I do charge a **\$30 cancellation fee**.

Thank you for your understanding and honoring my time.

On my end, I rarely need to cancel but if I do, I will give **you** as much notice as possible to honor your time. If it is less than **24 hours** prior to your appointment time, I offer **\$30 off your appointment**.

Please let me know if you have any questions about this.

PRIVACY POLICY

The Health Insurance Portability and Accountability Act of 1996 (HIPAA), commonly known as “HIPAA” is a Federal program that requires all medical records and other individually identifiable health information used or disclosed by us, in any form, whether electrically, on paper or orally, is kept properly confidential. The act gives you, the patient, significant rights and control over your health information. This notice describe certain obligations we have regarding ways in which we may use and disclose health information about you, it also outlines your rights to the health information we keep about you.



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We understand that information about you and your health is personal and are committed to your privacy. We create a record of the care and services you receive. We need this record to provide you with quality care and to comply with certain legal requirements. This Notice applies to all of the records of your care generated by this office, whether made by your personal doctor, others working in the office, or associates processing billing and your insurance claims.

We are required by law to:

- Make sure that health information that identifies you is kept private.
- Give you this Notice of our legal duties and privacy practices with respect to health information about you.
- Follow the terms of the Notice that is currently in effect.

A partial list of how we may use and disclose Health Information about you:

- For Treatment, payment, health care and business operations of this office.
- As required by Law, Law enforcement, lawsuits and disputes; protect public safety or assist apprehending criminals.
- Military or Veteran's and Workers Compensation.
- Public Health Risks; Coroners, health examiners and funeral directors.
- To government authorities to prevent child abuse or domestic violence; to avert a serious threat to health and safety
- National security and intelligence activities.
- Security Officials for Inmates
- To government agencies for audits, investigations and other oversight activities.



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As our patient, your rights regarding Health Information about you:

- Right to Inspect and copy. Right to Amend.
- Right to Request Restrictions. Right to Request Confidential Communication.
- Right to Accounting Disclosures.
- Right to a Paper copy of this Notice (full Notice is available upon request)

Changes to this Notice: We reserve the right to change this Notice. We will post a copy of a current notice in our facility with the current effective date on the first page.

Complaints: If you believe that your privacy rights have been violated, you may file a complaint with us. All complaints must be in writing. Please contact the administrator at the location where you were treated to file a complaint.

Unless you request otherwise, we may use or disclose health information to a family member or other personal representative to the extent necessary to help you with your healthcare or payment for your health care. In addition, we may use your confidential information to remind you of appointments, phone, email, postal service or other method requested by you.