2019 CSCAA NATIONAL COLLEGIATE OPEN WATER SWIMMING CHAMPIONSHIP

LONE STAR LAKE
Lawrence, Kansas
Saturday, September 14

Men’s Race: 8:30 AM
Women’s Race: 10:00 a.m.

ENTRY DEADLINE
Saturday, September 7, 2019
or until field is full

TECHNICAL MEETING
Friday, September 13 at 5 p.m.
IMPORTANT INFORMATION

- Register for the CSCAA National Collegiate Open Water Swimming Championship online at KUAthletics.com/OpenWater. Open registration for all participants will begin at noon on July 16. Participation will be limited to 70 individuals for each race. Maximum team entry is five individuals per race.
- Race start times are subject to change due to number of entries and local conditions.
- All participants in the CSCAA National Collegiate Open Water Swimming Championship must be collegiate student-athletes eligible to compete for their NCAA, NAIA or NJCAA member institutions for the current school year.
- Swimmers’ and Coaches’ Responsibility - It shall be the swimmers’ and coaches’ responsibility to acquaint themselves with all of the information contained in this competition information book, as well as information disseminated at each race technical meeting.
- The Race Safety Plan, Waiver & Release Form, and other important information will be posted at KUAthletics.com

QUALIFYING CRITERIA AND ENTRY PROCESS

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<th>500 SCY</th>
<th>1,000 SCY</th>
<th>1,650 SCY</th>
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<tbody>
<tr>
<td>Women 5K Race Qualifying Times</td>
<td>5:10.00</td>
<td>10:30.00</td>
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<tr>
<td>Men 5K Race Qualifying Times</td>
<td>4:50.00</td>
<td>10:00.00</td>
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Meter conversions are acceptable for international student-athletes.
Qualifying period: Sept. 1, 2018-Sept. 1, 2019

ONLINE MEET ENTRY

Athletes must enter these events through the entry form at KUAthletics.com/OpenWater.

Register for the CSCAA Open Water Championships online at KUAthletics.com/OpenWater. Open registration for all participants will begin at noon on July 16.

Registration will be limited to 70 individuals for each race. If limit is met while registering your team, contact Local Meet Director Clark Campbell or Communications Director DJ Haurin to register the rest of your team.

For help with the entries, contact DJ Haurin with Kansas Athletics. You will be required to pay for the online entries with a Visa, Mastercard, American Express, Discover or PayPal.

The entry form is not an eligibility report; It is the coaches’ responsibility to know the eligibility of each athlete. Once you complete your entry, you will be sent confirmations via email. Please keep all of these and bring them with you to the meet (just in case).

EVENT ADMINISTRATION

Championship Referee
Peter Jones
hannihooni@hotmail.com

Local Meet Director
Clark Campbell
ccswim@ku.edu
(785) 864-4177

Event Safety Director
Cheyenne Gehring
(785) 331-9346

Communications Director
DJ Haurin
dhaurin@ku.edu
(785) 312-2836

Event Coordinator
Mallory Gilliland
malloryg@ku.edu
(785) 691-7156

CSCAA Executive Director
Greg Earhart
gearhart@cscaa.org
(719) 866-3584
OPEN WATER RULES

Rules
Current USA Swimming Rules and Regulations will govern this event. Please see Part Seven of the USA Swimming Rules & Regulations for complete list of Open Water Rules.

Selected Open Water Rules

Swimwear
• No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy.
• A maximum of two (2) caps may be used.
• Wet suits, flotation aids or any similar items, and anything used to maintain body heat, except a reasonable application of body grease, are not allowed.

Team Events
• Team events will be conducted concurrently with individual events, with the results achieved in the individual event used to compute the team scoring.
• Teams will be entered automatically based on team entries.
• Cross country scoring will be used to determine team scores. Top three athletes determine team score.
• Maximum of five athletes per team.

Awards
• Individual champions shall be determined and awarded in women’s and men’s competitions. Medals shall be awarded to all first-through-eighth place finishers in each individual event.
• First place men’s and women’s teams receive a plaque

Eligibility
The CSCAA National Collegiate Open Water Swimming Championships are open to current NCAA, NAIA and NJCAA member institutions who meet the specific event qualifying criteria.

Entry Fees
5K National Championships
$55.00 per Individual

Race Course and Operations
Additional specific course details will be coming soon.

Aside from Safety and Officials’ boats, no additional craft will be allowed near the race course. This is a non-escorted swim. The swimmers must swim within the finish chute and will finish by touching a finish banner over the water’s surface.

Toe nails and finger nails will be checked before the race by the Head Referee. In the nails are too long, the must be cut to a reasonable length at the discretion of the Referee.

Technical Meetings
All swimmers and coaches should arrive in time for the technical meeting for their event(s). Each participant is responsible for all information distributed at these meetings. The technical meeting will take place Friday, September 13 at 5 p.m. inside Hadl Auditorium in KU's Wagnon Student-Athlete Center. Participant check-in and numbering will be offered immediately after the technical meeting.

Parking for the technical meeting is available in the Allen Fieldhouse Parking Garage. Parking in the garages is $1.75 for the first hour or any portion of an hour, and $1.50 per hour for all subsequent hours.

Pre-Race Briefings
In addition to each technical meeting, all swimmers must be present for the Pre-Race Briefing at the race start area prior to each race. At this meeting, race officials will distribute last-minute information on water and water conditions, emergency procedures, etc.

Practice Availability
Race Site, Lone Star Lake
Friday, September 13, 9 a.m. - Noon

Pool Practice, KU's Robinson Natatorium
Friday, September 13, 2-4:30 p.m.

Race Day Schedules
Schedules are subject to change depending on number of entries and local conditions.

Men’s 5K Race Day - Saturday, September 14
7:30-8:15 a.m. - Men's Check-in
8:15 a.m. - Men’s Pre-Race Briefing
8:25 a.m. - Men’s Inspection and Roll Call
8:30 a.m. - Men’s 5K Start

Women’s 5K Race Day - Saturday, September 14
8:30-9:30 a.m. - Women's Check-In
9:45 a.m. - Women’s Pre-Race Briefing
9:55 a.m. - Women’s Inspection and Roll Call
10:00 a.m. - Women's 5K Start

Post Race - Men’s and Women’s Awards
EVENT SAFETY INFORMATION

1. Safety Authority
The safety for this event will be coordinated through the Douglas County and Kansas Athletics Training Staff.

The lifeguards are equipped and capable to respond to any aquatic or medical emergencies on the course and if needed will transfer emergency care to the Lawrence-Douglas County Fire Medical (LDCF) who will provide trauma services at the medical tent on the beach. AED’s, First Aid kits, and Basic Life Support gear will be available on the beach at the medical tent.

The Safety Director, Safety Officer, Medical staff and safety patrol boats will communicate via the event radio network and VHF radios. There will be 4-6 Kayaks or rescue boards with Lifeguards located throughout the course.

There will be two Personal Watercraft on course to monitor swimmers’ safety.

All recreational boat usage is prohibited during the event and will be monitored by the Douglas County Sherriff’s Dive Rescue unit.

2. Communications Plan
Primary - There will be two separate radio networks using two different frequency plans. The radios are not interchangeable.

Communication across radio networks will be coordinated through Race Operations. Personnel using radios include the Race Director, Race Operations, Race Referees, Safety Director, Feed Station Referee, Administrative Referee, Turn Judges, Medical tent and event announcer. The safety patrol boats will utilize their own VHF radios, and will be in contact with Sherriff, Fire/ Rescue, Race Operations, Safety Officer and On-Water Lifeguard on PWC.

Communications between lifeguards in kayaks and all parties will be through whistles and flags. If Lifeguards need assistance from the safety boats, they will blow a series of long whistle blasts and wave orange flags.

3. Swimmer in Distress
a. Lifeguard will activate their water rescue protocols.

b. Any swimmer withdrawing from the race must report to the nearest lifeguard or course official to identify and confirm withdrawal. Course official will radio race control with the competitor number and direct the swimmer to return to the start area.

c. A Medical tent will be maintained on the beach in the Start/Finish area manned by a Lifeguard and Fire Rescue staff.

d. Swimmers needing emergency medical care on the water will be administered by LDCF staff and then Fire/Rescue staff at the dock.

e. Swimmers requiring evacuation via ambulance will be transported to Lawrence Memorial Hospital, approx. 17 miles from the venue.

4. Missing Swimmer
a. All swimmers will be videotaped during the final inspection/accounting prior to the start.

b. If a swimmer is reported missing and last seen in the water: Lifeguards and Sherriff’s Dive Rescue unit will activate their underwater search and recovery protocol. Concurrently, meet operations will attempt contact with the coach/handler and swimmer via cell phone. Meet Operations will also review the start list, withdrawal list, site race tickets, and view the pre-race videotape to confirm the swimmer actually started the race.

c. All swimmers are reminded before the race start that they must report to the nearest lifeguard or course official if they withdraw from the race. All swimmers who depart from the water will be identified by their race number.

5. Support Vessels
a. The following vessels will be used:
   i. Referee Boat – 1-2
   ii. Paddle Craft - 4-6

b. All vessels Captains will attend a brief briefing by the Safety Officer.

c. Spare vessels will remain clear of the vessel exclusion zone unless summoned on to the course by race control.

d. Once the course has been set, the Course Officer vessel will remain clear of the vessel exclusion zone unless summoned to the course by the Referee or race control.

e. All officials’ boats will be equipped with VHF radios on the race control network.

f. Safety Patrol boats will be on designated VHF radio channel.
6. Parameters for Abandoning the Race
   a. Any one of the following individuals are empowered to independently order the race abandoned due to unsafe course or other conditions.
      - Championship Referee
      - Safety Officer
      - Local Meet Director
   b. If the race is to be abandoned, Race Control will relay via radio to all vessels to signal abandonment. Simultaneously, the Safety Officer will signal to Lifeguards for race abandonment. The abandonment signals will be:
      - From Officials Boats - 5 short blasts followed by one long blast.
      - From lifeguards - 5 short blasts of the whistle followed by one long blast.
   c. Swimmer actions are to:
      - Discontinue swimming
      - Look for directions from the Officials or water safety personnel
      - Once safe on the beach, proceed to the start/finish area and check-in.

7. Contingency Plan
   a. Due to venue restrictions, it is unlikely any change to the shape of the course will be possible.
   b. If the weather conditions require, the directions of swim (CW/CCW) and the location of the start/finish structure may be changed.
   c. If the race is abandoned, it will be postponed until later the same day. If the race must be abandoned for the entire day, the race will be held the following day.
EVENT LOGISTICS

Parking
Parking will be available on-site. For parking during the technical meeting and pool practice times, please use:

Allen Fieldhouse Parking Garage
1555 Irving Hill Road
Lawrence, KS 66045

Parking in the garages is $1.75 for the first hour or any portion of an hour, and $1.50 per hour for all subsequent hours.

Weather Contingency
In the event of adverse conditions, the following rescheduling priorities will be used based on weather predictions, and at the discretion of the Meet Referee:
Priority 1 - Later during the race day
Priority 2 - On the following day(s)

HOTELS

Special rates have been secured at the following locations with preferred lodging partners from September 12-15:

Group Block Name: CSCAA Open Water Nationals 2019
Reservation Method: Call in - reference block name

HOLIDAY INN EXPRESS & SUITES
3411 Iowa St.
Lawrence, KS 66046

Phone (785) 749-7555
Hotel Contact Audra Coppenbarger
Room Rate $114.00
Cutoff Date Aug. 25, 2018
50 Double Rooms
12 King Rooms