



HEATHER VAN SLYKE

School Counselor, Shasta High School
2019 CSBA Golden Bell Award
Recipient

EDUCATIONAL EXPERIENCE

School Counselor (15 years)

Reach Higher Shasta Counseling Co-lead (6 years)

CONTACT INFORMATION

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Heather began her career in school counseling in rural Northern California, returning to a community that was supportive and influential to her upbringing. She has been with the Shasta Union High School District for 15 years and she has served students as a school counselor in Shasta Plus, “a school within in school” for at-risk and credit deficient students, the independent study program Shasta Collegiate Academy, Pioneer Continuation High School and comprehensive site, Shasta High School.

This experience has allowed Heather to serve all students and to help them gain equitable access to the skills necessary to become contributing members of society. Heather serves as an advisor to the senior class and focuses on the FAFSA/CADAA and matriculation steps to the local community college. She is also the Scholarship Coordinator and works throughout the year to support students in this process. She was able to gain invaluable experience as a Co-Lead through the Reach Higher Shasta Counseling Initiative, gaining greater knowledge and perspective to serve all students through implementation of Multi-Tiered, Multi-Domain Systems of Support (MTMDSS), collecting and analyzing data, and greater understanding of the ASCA National Model. Heather was honored to be a part of this team, collaborate across the county with colleagues and be a part of the 2019 Golden Bell award winner for Student Support Services, Shasta County.

Heather believes in the power of community and collaboration. She has served on committees at Shasta College including EOPS Advisory and the Transfer Advisory committee. Heather has connected with youth and developed positive relationships through coaching softball and tennis. She has stepped away from coaching high school athletes and currently coaches her son’s t-ball and is an active board member of the Little League. While Heather values the rich rewards of contributing to her community, she is embracing every moment to see life through the lens of her two and five year old boys.