

# Suicide Facts & Figures:

## Idaho 2018\*



**On average, one person dies by suicide every 25 hours in the state.**

**More than 12 times as many people die by suicide in Idaho annually than by homicide.**

The total deaths to suicide reflect a total of 7,006 years of potential life lost (YPLL) before age 65.



Suicide cost Idaho a total of **\$329,244,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,135,325 per suicide death.**

\*Based on most recent 2016 data from CDC. Learn more at [afsp.org/statistics](http://afsp.org/statistics).



## 7th leading cause of death in Idaho

**2nd leading**

cause of death for ages 15-44

**4th leading**

cause of death for ages 45-54

**8th leading**

cause of death for ages 55-64

**15th leading**

cause of death for ages 65 & older

## Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Idaho	351	21.32	7
Nationally	44,965	13.42	

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## Suicide Prevention Programs and Initiatives

- The Idaho Council on Suicide Prevention was established by the Governor in 2006 to lead suicide prevention efforts in the state. The Council advises legislators and the governor on suicide prevention policy, provides educational materials to emergency rooms about suicide prevention, and assists in the development of school postvention teams.
- The Idaho Suicide Prevention Hotline (1-208-398-4357; [www.idahosuicideprevention.org](http://www.idahosuicideprevention.org)) provides crisis intervention, emotional support, resource referrals, linkages to local services, and follow-up for all Idahoans, including those at risk for suicide and their families and loved ones.
- Revised in 2011 with the help of Idaho State University-Institute of Rural Health and a Garrett Lee Smith Grant, the Idaho Suicide Prevention Plan: An Action Guide is available online at <https://gov.idaho.gov/HealthCare/PDF/SuicidePreventionPlan.pdf>.
- The Idaho Suicide Prevention Program (<http://healthandwelfare.idaho.gov/Families/SuicidePrevention/tabid/486/Default.aspx>) was established by the legislature in 2016 (SB 1326, now § 56-1003) to help implement specific strategies in alignment with the Idaho Suicide Prevention Plan and provide a comprehensive approach to suicide prevention in the state. The program is supported by state general funds and housed in the Division of Public Health in the Idaho Department of Health and Welfare. Initial priorities include funding for youth education, funding for the Idaho Suicide Prevention Hotline, and a public awareness campaign.
- Idaho law (§ 16-2404A) authorizes the Department of Health and Welfare to contract for teen early intervention specialists to work with teens at risk and their families in school districts by offering group counseling, recovery support, suicide prevention, and other mental health and substance abuse counseling services to teens as needed, regardless of mental health diagnosis.

## Get Involved

The **AFSP Idaho Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

**AFSP Idaho**  
[idaho@afsp.org](mailto:idaho@afsp.org)

### Become an Advocate

AFSP's Idaho advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit [afsp.org/advocate](http://afsp.org/advocate) to sign up!