

January 22nd- March 18th 2017

SUNDAYS

	8:30am	10:05am	11:40am	1:15pm	3:00pm	4:30pm	6:00pm	7:40pm
Studio A			SIGNATURE POLE LEVEL 7 LYNZHI	SIGNATURE POLE LEVEL 7 LYNZHI				
Studio B		BEGINNER LYRA BOBBI	BEGINNER LYRA BOBBI	INTERMEDIATE AERIAL SILKS ANNE	BEGINNER AERIAL SILKS ANNE			
Studio C			SIGNATURE POLE LEVEL 1/2 ANNE					

MONDAYS

	8:00am	10:30 AM	11:20am	1:00pm	4:30pm	6:00pm	7:40pm	9:00pm
Studio A						SIGNATURE POLE LEVEL 1/2 KARYN	SIGNATURE POLE LEVEL 3/4 KARYN	
Studio B						BEGINNER/ INTERMEDIATE POLE 50+ LYNZHI		
Studio C							BURLESQUE MEGAN & MELISSA	

TUESDAYS

	8:00am	9:30am	11:05am	1:30pm	4:30pm	5:30pm	7:40 pm	8:40pm
Studio A		POLE MIXED LEVEL 2-8 KARYN				SIGNATURE POLE LEVEL 7/8 CHRISTINE	7:10 SIGNATURE POLE LEVEL 8 CHRISTINE	
Studio B						AERIAL YOGA KRISTIN	BEGINNER AERIAL SILKS ANNE	
Studio C								

WEDNESDAYS

	8:00am	9:00 AM	10:35 AM	4:00 PM	5:30pm	6:00pm	7:40pm	8:40pm
Studio A		POLE MIXED LEVEL 2-8 KARYN				SIGNATURE POLE LEVEL 7/8 KIM & LANIE	7:15 BURLESQUE MEGAN & MELISSA	
Studio B						POLE SKILLS & NEMESIS TRICKS LYNZHI	SIGNATURE POLE LEVEL 7 LYNZHI	
Studio C							SIGNATURE POLE LEVEL 7 KIM & LANIE	

THURSDAYS

	8:30 AM	9:30am	11:05 AM	1:00pm	5:00pm	6:00pm	7:40pm	9:00pm
Studio A		SIGNATURE POLE LEVEL 1 KARYN				POLE SKILLS & NEMESIS TRICKS LYNZHI	SIGNATURE POLE LEVEL 6/7 LYNZHI	
Studio B					KIDS SILKS RACHEL	6:30 BEGINNER AERIAL SILKS RACHEL	8:00 ADVANCED AERIAL SILKS RACHEL	
Studio C							SIGNATURE POLE LEVEL 1 ANNE	

FRIDAYS

	7:00am	8:30am	10:05am	12:00 PM	3:00pm	6:00 PM	7:30 PM	9:00pm
Studio A				SIGNATURE POLE LEVEL 1 KARYN		PRIVATE PARTIES		
Studio B								
Studio C								

SATURDAYS

	8:30am	10:00am	11:40am	1:15pm	3:00pm	5:00pm	7:00pm	9:00pm
Studio A		SIGNATURE POLE LEVEL 7 LAUREN	SIGNATURE POLE LEVEL 6/7 LYNZHI		PRIVATE PARTIES			
Studio B		POLE SKILLS & NEMESIS TRICKS LYNZHI	AERIAL YOGA KRISTIN					
Studio C		SIGNATURE POLE LEVEL 6/7 ASHLEY						