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Princeton-Blairstown Center Hosts Mercer County Non-Profit Team Building Day

PRINCETON, NJ, November 17, 2017 – On Wednesday, November 15, 2017 the Princeton-Blairstown Center (PBC) hosted a Non-profit Team Building Day at its Blairstown Campus. Six Mercer County non-profits engaged in a free day of team building and leadership development. The Rescue Mission of Trenton, Millhill Child and Family Development Center, and UIH Family Partners also brought staff members to the Center. All three of these non-profits provide crucial resources and support to some of Trenton’s most vulnerable citizens.

All three teams elected to work on their communication skills. Each team spent time during the morning and afternoon doing a series of exercises to build trust and increase communication skills. Karen Andrade-Mims, Executive Director of UIH commented that she “liked that the activities were tailored to the specific needs of our group.” Cheyenne from the Rescue Mission of Trenton recounted “I learned to work with others and how I can be a better leader/role model and understand others.” During lunch, groups shared their missions with each other as they sat with staff from other organizations. After lunch the whole group participated in a “no doze leadership” exercise where individuals identified their leadership styles and in a safe forum discussed differences.

PBC’s President & CEO, Pam Gregory stated, “In an effort to get to know Mercer County non-profit leaders, I reached out over the summer to set up meetings with a number of Executive Directors. I wanted to invite them and their staff members for a free day of team building because I know how hard non-profit staff members work and that, for many, there are limited opportunities and funds to spend a day in a beautiful setting away from the office focused on building communication and leadership skills. The day was such a success that we will most certainly do it again next year.”

About the Princeton-Blairstown Center

PBC is an independent nonprofit with a mission to empower young people, primarily from under-resourced communities, to strengthen their social-emotional skills through experiential, environmental, and adventure-based programming. Social Emotional Learning (SEL) includes five core competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. Our wide variety of year-round, multi-service programs serve more than 7,500 participants each year.

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