August 2017 Community Highlights

Mulching event at the Dove Springs District Park!
Join your friends and neighbors to provide some TLC to the trees at Dove Springs District Park! We will be mulching trees and learning about the importance of tree care on Saturday, August 5th, from 9:00 - 12:00 PM at Dove Springs Park (by the Rec Center).

Sustainable Food Center and GAVA Farm Stands!
This is a reminder that the Dove Springs Farm Stand and the Sierra Ridge Farm Stand are both operating all summer long, so stop by for your fresh, local, affordable produce purchases each Wednesday and Saturday! See the event page below for details!

Dove Springs Traffic Safety Team
A group of 78744 residents are now gathering monthly to discuss how to support neighbors’ priorities on traffic safety. The team is focusing on traffic speed mitigation, improving traffic lights and school crossing safety. Join their next meeting on Aug. 22 at 7 pm at the Southeast Branch Library.

Healthy Corner Store Initiative and store events!
On Saturday, July 15th, 78745 resident leaders from “La Fuerza de Westgate” hosted a community event at our participating healthy corner store, Bread Basket, in collaboration with Common Threads. The event promoted Bread Basket’s new healthy food open air refrigerator and the new coupon incentive program for purchasing fresh produce. Resident leaders engaged with about 20 customers and families from the surrounding neighborhood. We would like to thank GAVA leaders—Sue Reading, Rev. Teresa Santillana and Prince Pen—our partners from Common Threads, and Bread Basket corner store owner Baslan Omar who made the event a success!

GAVA and CodeNEXT
GAVA is engaging resident leaders in CodeNEXT. The GAVA Coalition’s priorities, “Health & Permanency,” include:
- increase transparency, consistency, fairness and meaningful public participation
- reduce climate change, increase resilience, reduce the urban heat island effect, and preserve and restore our natural environment
- require that new and redevelopment mitigate and reduce flooding, runoff pollution, and downstream erosion
- protect and respect neighborhoods
- promote affordable housing for all Austin residents, especially for low income residents
- support complete communities with adequate access to healthy food, physically active lifestyles and jobs that pay a living wage

We created a CodeNEXT Survey by GAVA (click) to collect feedback from the community to help plan future CodeNEXT community meetings and workshops.

Do you and your neighbors want to know more about CodeNEXT or get involved? Contact Monica Guzmán by email at Monica.Guzman@contractor.msdf.org.
# Community Calendar

We invite residents from 78744 & 78745 to the following events!

<table>
<thead>
<tr>
<th>Meeting / Event</th>
<th>Date</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Dove Springs Farm Stand</strong></td>
<td>Weekly!</td>
<td>Simone Benz</td>
</tr>
<tr>
<td>Visit this resident led community farm stand for local, organic and low priced produce. Each farm stand takes SNAP and offers Double Dollars!</td>
<td>Saturday’s 10:30am -12:30pm</td>
<td>Sustainable Food Center Community Outreach Coordinator <a href="mailto:simone@sustainablefoodcenter.org">simone@sustainablefoodcenter.org</a> 512-220-1146 (work), 214-449-9957 (cell)</td>
</tr>
<tr>
<td><strong>78745 Summer Farm Stand</strong></td>
<td>Weekly!</td>
<td>Simone Benz</td>
</tr>
<tr>
<td>Visit this resident led community farm stand for local, organic and low priced produce. Each farm stand takes SNAP and offers Double Dollars!</td>
<td>St. Elmo Rd. Wed. 4-6pm, 4320 Congress, 78745</td>
<td>Sustainable Food Center Community Outreach Coordinator <a href="mailto:simone@sustainablefoodcenter.org">simone@sustainablefoodcenter.org</a> 512-220-1146 (work), 214-449-9957 (cell)</td>
</tr>
<tr>
<td><strong>Fitness in the Park</strong></td>
<td></td>
<td>Cynthia Rodriguez</td>
</tr>
<tr>
<td>Free fitness classes are now available in 78744 and 78745! Come stretch, breathe and reach your fitness goals with a weekly bilingual yoga class at Dove Springs Rec Center! And visit Dittmar Rec Center for exciting and fun zumba classes. Classes are FREE, and first-come, first-serve.</td>
<td>Yoga: Classes are held every Friday at 9 AM at the Dove Springs Rec Center  Zumba: Classes are held every Monday at 6:30 PM at the Dittmar Rec Center</td>
<td>Austin Parks Foundation GAVA Physical Activity Community Organizer <a href="mailto:cynthia@austinparks.org">cynthia@austinparks.org</a> 512-387-2998</td>
</tr>
<tr>
<td><strong>GAVA Physical Activity Sector Meeting (44 &amp; 45)</strong></td>
<td>Tuesday, August 15th</td>
<td>Cynthia Rodriguez</td>
</tr>
<tr>
<td>Join PA teams as they work to improve the parks and green spaces in 78744 and 78745! This month, park and creek adopters will be receiving training strategies to develop strong teams and continue various projects.</td>
<td>6:30 - 8pm Berkeley United Methodist Church 2407 Berkeley Ave, Austin, TX 78745</td>
<td>Austin Parks Foundation GAVA Physical Activity Community Organizer <a href="mailto:cynthia@austinparks.org">cynthia@austinparks.org</a> 512-387-2998</td>
</tr>
<tr>
<td><strong>Outdoor Learning Environment - OLE! Preventing Obesity by Design Coalition Meeting</strong></td>
<td>Thursday, August 17</td>
<td>Laura Olson</td>
</tr>
<tr>
<td>10:30am-12pm Zilker Botanical Gardens 2220 Barton Springs Rd 78746</td>
<td></td>
<td>United Way - GAVA Early Childhood Education <a href="mailto:laura.e.olson@uwatx.org">laura.e.olson@uwatx.org</a> Office 512-225-0357, Cell 512-569-5880</td>
</tr>
<tr>
<td><strong>Texaco Store Event, 78745</strong></td>
<td>Saturday, August 18th</td>
<td>Sergio Ramirez</td>
</tr>
<tr>
<td>Dove Springs resident leaders and Common Threads will be collaborating to host a Healthy Corner Store event at the 78744 Texaco Food Spot Corner Store. The event will include healthy cooking activities and recipes and will also promote Texaco’s new healthy refrigerator and coupon incentive program to purchase fresh produce!</td>
<td>6:30 - 8pm Texaco Food Spot 6607 S Pleasant Valley Rd, Austin, TX 78744</td>
<td>Healthy Corner Store Initiative Organizer <a href="mailto:sergio@marathonkids.org">sergio@marathonkids.org</a> 512.605.9234</td>
</tr>
<tr>
<td><strong>Armadillo Park Neighborhood Association and Odom Elementary School Park</strong></td>
<td>Saturday August 19th</td>
<td>Cynthia Rodriguez</td>
</tr>
<tr>
<td>APNA will be hosting a Fun Park Celebration event at Odom Elementary School Park. They will be celebrating the opening of the new school park. Join us for activities, music and free food!</td>
<td>4-6 pm 1010 Turtle Creek Blvd, Austin, TX 78745</td>
<td>Austin Parks Foundation GAVA Physical Activity Community Organizer <a href="mailto:cynthia@austinparks.org">cynthia@austinparks.org</a> 512-387-2998</td>
</tr>
</tbody>
</table>
### Dove Springs/78744 Traffic Safety Meeting
Join residents as they continue to take action on traffic safety priorities in the 78744. Translation provided.

**Tuesday, August 22nd**
- **7-8 pm**
- SE Branch Library
- 5803 Nuckols Crossing

**Estrella de León**
- Geo Teams Organizer 78744
- estrella@marathonkids.org
- 206-293-9548

### Austin Interfaith City-wide Leaders’ Meeting
Join Austin Interfaith leaders from across the city to discuss how to organize for the issues that affect our families. The meeting will include a training on organizing strategies.

**TBD**

**Kathleen Davis**
- Lead Organizer
- Austin Interfaith
- kdalese@austininterfaith.org
- 512-916-0100

### Palomita Early Childhood GAVA Team Meeting

**Friday, August 25th**
- **2-3pm**
- 4905 Maufrais Ln, 78744

**Laura Olson**
- United Way - GAVA Early Childhood Education
- laura.e.olson@uwatx.org
- Office 512-225-0357, Cell 512-569-5880

### Berkeley Methodist Church 3rd annual Health Fair
Join us for Health Education Workshops, and fun Activities like face painting, and music!

**Saturday, August 26th**
- **9am- 3 pm**
- 2407 Berkeley Ave
- Austin, TX 78745

**Frances Acuña**
- Geo Teams Organizer 78745
- frances@marathonkids.org
- 512-300-9108

### Coordinated Approach to Child Health-CATCH Training for EC Caregivers

**Sunday, August 27th**
- **2-5pm**
- El Buen Samaritano
- 7000 Woodhue Dr, Austin, TX 78745

**Laura Olson**
- United Way - GAVA Early Childhood Education
- laura.e.olson@uwatx.org
- Office 512-225-0357, Cell 512-569-5880

### Early Childhood GAVA team with Sweet Briar Child Development Center at Woodway Village Apartments team meeting

**Wednesday, August 30th**
- **5:15-6:15pm**
- 4600 Nuckols Crossing Rd, 78744

**Laura Olson**
- United Way - GAVA Early Childhood Education
- laura.e.olson@uwatx.org
- Office 512-225-0357, Cell 512-569-5880

---

### About GAVA
Go! Austin/VAMOS! Austin (GAVA) is a partnership of residents, community leaders and nonprofit agencies who are devoted to improving the health of the communities in South and Southeast Austin (Dove Springs-78744 & 78745). We are united for health through improved access to and promotion of improved nutrition and physical activity.

For more information contact **gava@marathonkids.org**, or by phone: Carmen Llanes Pulido, GAVA Executive Director: 512-633-4312.
Thanks to our sponsors for making our work possible!
¡Gracias a nuestros patrocinadores por hacer posible nuestro trabajo!

Michael & Susan Dell Foundation

City of Austin

FRESH for LESS

aetna Foundation

The KLE Foundation