BRAVE BOBCATS

“Life is 10% what happens to us and 90% how we react to it.” – Charles R.

Join us for a **5-day Social-Emotional enhancement camp** designed primarily for **children aged 6 - 8** with ongoing educational component for parents to learn more about supporting children to become socially and emotionally competent and learning an array of activities in managing anxiety.

**Come learn more about:**

- How different parts of the brain impact our daily functionality
- How our senses affect our emotions and behaviors
- What it means to be in and out of our “Ready to interact” pathway
- Manage big feelings through yoga and various games, arts and crafts
- Engage in social situations with empowerment and courage
- And more!

The group will meet daily from July 8 - 12, 2019
from 10:00 am to 12:00 am
Sign up by July 1st, 2019

**For more information:**
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