

MODERN FAMILY CENTER

Meet Our Therapists!



Mark Lacava, LCSW-R has worked extensively with adolescents and families with experience of trauma, transition, and loss. He is highly trained in several modalities and approaches, and is a graduate of the Ackerman Institute for the Family.



Elizabeth Studwell, Psy.D is a Spanish bilingual clinician specializing in child and adolescent psychology and neuropsychology. She has experience working psychiatric hospitals, behavioral day schools, and mental health clinics. Dr. Studwell is also experienced in providing trauma focused psychotherapy.



Beth Friedberg, LCSW has over 20 years of experience as a parent educator and coach. Beth specializes in pre-adoption counseling and guidance for parenting challenges such as establishing routines, strengthening confidence, and maintaining effective discipline.



Ana Maria Leon Gomez, LMHC specializes in early childhood development issues such as learning disabilities, self-esteem, and effects of immigration. She is a Spanish bilingual clinician with experience running a children's clinic for over 20 years.



Ina Gail Goldberg, LCSW-R combines her extensive experience in play and verbal therapy with children with her practice in movement-based therapeutic techniques. She is also a member of the Academy of Certified Social Workers.

