

# GREENWICH

OCTOBER 2016 | \$5.95

# FOOD ISSUE

5th  
Annual

## BURGERS PIZZA & SANDWICHES

Restaurant News & Fun Facts

## HAPPY HOUR

Deals & Steals

## FOOD TRUCKS

The Ultimate Indulgence:

## HOME CHEFS

Where to Host the  
Perfect Celebration

**+** Tips From  
Top Chefs

ALSO IN  
THIS ISSUE

**BREAKING BARRIERS &  
BUILDING BRIDGES**

Whitney Welch  
on Community Pride

**STATE-OF-THE-ART  
TECHNOLOGY AND  
PATIENT PAMPERING**

Stamford Hospital  
Rises to New Heights



The National's  
*Ugly Burger*

GREENWICHAFFAIR.COM



## TODAY'S SPECIALS

Burgers, Sandwiches & Pizzas

Deals & Steals

Home Chefs

Top Chef Tips

Dining Scene News

Seasonal Celebrations

Finding the Food Trucks

Our  
Annual Guide

# HOME PLATE

To  
What's  
Heating  
Up

*The Dining Scene In & Around Greenwich*

BY MARY KATE HOGAN

Our plates have been full with edible research for this, our annual food issue. *What do you like to eat?* is one of those questions that gets everyone talking and the variety of possible answers boggles the taste buds. Whether you're craving top-chef tips on entertaining and cooking or you'd rather hire a pro to do the work for you (for the holidays, parties or every day), there's a bounty of options. Here's wishing you a season that's full of flavor. »

# TOP HANDHELD

*No, we're not talking iPads or Kindles. We mean good eats that don't require a fork and knife. There are so many options, but these burgers, pizzas and sandwiches are worth getting your hands on.*

## **THE NATIONAL**

In spite of its name, the Ugly Burger is one beefy beauty that's more messy than ugly. Served on a wooden cutting board, this juicy patty topped with melted cheddar cheese and crispy shallots is sandwiched between a challah bun that's smeared with The National sauce (a blend of ketchup and mayo and maybe some secret ingredients). The pickle pinned to the top of the bun is super crunchy and the tin cup of homemade salt and vinegar chips is the perfect complement.

**THENATIONAL-CT.COM;  
376 GREENWICH AVE.,  
203-861-6851**

KEY GROUP WORLDWIDE  
NEWS