

Warm-ups/Rudimental Exercises

J. Reed

1. Eight on a Hand

1 + 2 + 3 + 4 +

R -----
L -----

2. 8 - 7 - 6 - 5 - 4 - 3 - 2 - 1

R ----- ... and so on ... etc.
L -----

3. New Western Combo

1+2+3+4+ 1e+a 2e+a 3e+a 4e+a 1+a 2+a 3+a 4+a 1e+2e+3e+4e+

R ----- R L R L ----- R R L ----- R L R -----
L ----- L R L R ----- L L R ----- L R L -----

4. Basic 3-note 16th Groupings

1. 2. 3. e+a 4. le a

R L R L ----- R L R ----- R R L ----- L R L ----- R L L -----
L R L R ----- L R L ----- L L R ----- R L R ----- L R R -----

5. Accents & Taps (Full Stroke >, Down Stroke >, Tap, Up Stroke - soft)

D U etc. T U D etc. D D U F D U F D U D T U D T U D U

R ----- R -----
L ----- L -----

6. 16th with Accents

1 e + a

R L R L ----- L L L L ----- R R R R ----- L L L L -----
L R L R ----- R R R R ----- L L L L ----- R R R R -----

Warm-Ups/Rudimental Exercises (cont.)

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7. Diddles (Roll Preparation)

Handing patterns for exercise 7:

Staff 1: R R / L L L L / R R R R / L L

Staff 2: R R R / L L L L L L / R R R R R R / L L L R

8. Double Stroke Roll Development (Using Check Rhythms)

Handing patterns for exercise 8:

Staff 1: R L R L RR LL RR LL
L R L R LL RR LL RR

Staff 2: R
L

9. Double Stroke Rolls with Check Rhythms (> are SUPER IMPORTANT!)

5-Stroke Roll*

RLRRLRLRLLRL

6-Stroke Roll

RLRL
LRLR

7-Stroke Roll

RLRL RLRL
LRLR LRLR

9-Stroke Roll*

RLRLRL
LRLRL

10-Stroke Roll

RLRLRL
LRLRLR

11-Stroke Roll

RLRLRL
LRLRLR

13-Stroke Roll*

RLRLRLR
LRLRLR

15-Stroke Roll

RLRLRLRL
LRLRLRLR

17-Stroke Roll*

RLRLRLRLR
LRLRLRLR

*denotes alternating roll

