



**For Immediate Release**

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**Chanda Plan Foundation Is Opening the Doors to its New Health Center**  
*The Foundation's April 20<sup>th</sup> Big Event celebrates the Chanda Center for Health*

DENVER –The Chanda Plan Foundation is ready to unveil its new Health Center, the Chanda Center for Health in Lakewood, Colo., in just a few weeks. The Foundation, whose mission is to provide access to integrative therapy, primary care, and other complementary services to improve health outcomes and reduce healthcare costs for persons with physical disabilities, will begin services at its new Health Center beginning April 10<sup>th</sup>.

The Chanda Center for Health provides a single point of service for the health needs of persons with long-term physical disabilities, a majority of whom live with a spinal cord injury. This holistic, person-centered approach will include care coordination, behavioral health services, as well as massage, chiropractic services, acupuncture and adaptive yoga. And not far from now, primary care will be added to the list.

“The Chanda Center for Health will open the door to new beginnings and new services for those living with long-term disabilities,” says Chanda Hinton Leichtle, Chanda Plan Foundation Executive Director. “Our staff and construction crew has been hard at work on the new facility since October, working to make our future home come alive, and we are thrilled to begin sharing this with those we serve.”

The Chanda Plan Foundation will also host its 12<sup>th</sup> annual Big Event fundraiser on April 20, 2017, emceed by Alexandra Reeve Givens, daughter of the late actor and activist Christopher Reeve and Board member of the Christopher & Dana Reeve Foundation. The event will take place at the Exdo Event Center, 1399 35th St., Denver, Colo., 80205.

The Big Event will celebrate the Foundation's "Let's Build" capital campaign, which aims to raise \$3 million for the new building and \$1 million to support programs. \$3.6 million of the \$4 million goal has been raised. At the Big Event, all proceeds will help close the capital campaign and support services at the Chanda Center for Health. The Foundation collaborated with the construction community to develop the Chanda Center for Health, spearheaded by leadership within Hensel Phelps. For additional information about the capital campaign, and to make a donation, visit [www.iamtheplan.org](http://www.iamtheplan.org).

Chanda Hinton Leichtle and her sister, Crystal Hinton, established the nonprofit Chanda Plan Foundation in 2005 after Hinton Leichtle experienced significant health improvements through the use of integrative therapies for symptoms caused by a spinal cord injury. The Foundation's mission is to improve health outcomes and reduce healthcare costs for persons with physical disabilities. It provides direct access to integrative therapies such as adaptive exercise, massage, chiropractic, acupuncture, and adaptive yoga as well as other complimentary services to treat symptoms of spinal cord injuries, cerebral palsy, multiple sclerosis, spina bifida and brain injuries. The results of an integrated approach to treatment include improved health outcomes of reduced pain and the need for pain medication, lessened time spent at medical visits, and increased hours engaged in community or work and reduced healthcare costs.

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### **About the Chanda Plan Foundation**

The Chanda Plan Foundation is a non-profit organization dedicated to providing access to integrative therapy, primary care, and other complementary services to improve health outcomes and reduce healthcare costs for persons with physical disabilities. The Foundation was established in 2005 by Chanda Hinton Leichtle and her sister, Crystal Hinton, and serves persons with symptoms of spinal cord injuries, cerebral palsy, multiple sclerosis, spina bifida, and brain injuries, and offers integrated therapies including adaptive exercise, adaptive yoga, massage, acupuncture, and chiropractic. Opening in April of 2017, the Chanda Plan Foundation's person-focused Health Center will be the first of its kind, providing a single point of service for the

health needs of persons with long-term physical disabilities. For additional information on the Chanda Plan Foundation, visit [www.iamtheplan.org](http://www.iamtheplan.org).