



For Immediate Release

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**Chanda Plan Foundation Receives Grant from The Colorado Health
Access Fund of The Denver Foundation**

*Funds to support behavioral health services available at
Chanda Center for Health*

DENVER – The Chanda Plan Foundation has received a \$150,000 grant from The Colorado Health Access (CHA) Fund of The Denver Foundation to help support the behavioral health services available at the Chanda Center for Health.

The CHA Fund grant will allow the Chanda Plan Foundation to add an additional therapist and offer more group and individual counseling sessions for participants at the Chanda Center for Health. Behavioral health services include individual and peer-to-peer group counseling as well as the use of biofeedback. These counseling services are designed to help individuals with chronic pain, stress, anxiety, depression and so much more.

“Behavioral health services are an essential offering at the Chanda Center for Health, as they provide great opportunities for peer support, which helps our participants to better cope and stay positive,” says Chanda Hinton Leichtle, Founder and Executive Director. “Thank you to The Colorado Health Access Fund of The Denver Foundation

for supporting the Chanda Plan Foundation and allowing us to offer more of these vital services.”

The Colorado Health Access Fund of The Denver Foundation was created in 2014 as a Field of Interest fund at The Denver Foundation. The Fund supports programs that generally increase access to health care and strive to improve health outcomes for populations in Colorado with high health care needs. Between 2015 – 2022, the Fund is committed to allocating resources among rural, urban, and suburban areas with a focus on four categories of projects: education of those with high health needs, as well as their families and caregivers; transitions in care; innovation of care delivery; and improved access to care, particularly in rural communities.

“The Denver Foundation is pleased to award the Chanda Plan Foundation this grant through the Colorado Health Access Fund, and to support the expansion of behavioral health services at the Chanda Center for Health,” said Dace West, Vice President of Community Impact for The Denver Foundation. “This is a wonderful opportunity to improve behavioral health treatment outcomes among vulnerable people, including those with disabilities.”

The Chanda Plan Foundation opened the Chanda Center for Health in Lakewood, Colo., in April. The Center provides a holistic, person-centered approach that includes care coordination and behavioral health services, as well as integrated therapies such as massage, chiropractic services, acupuncture and adaptive yoga. The center will also soon offer primary care.

Chanda Hinton Leichtle and her sister, Crystal Hinton, established the nonprofit Chanda Plan Foundation in 2005 after Hinton Leichtle experienced significant health improvements through the use of integrative therapies for symptoms caused by a spinal cord injury. The results of an integrated approach to treatment include reduced pain and the need for pain medication, lessened time spent at medical visits, and increased hours engaged in community or work.

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About the Chanda Plan Foundation

The Chanda Plan Foundation is a non-profit organization dedicated to providing access to integrative therapy, primary care, and other complementary services to improve health outcomes and reduce healthcare costs for persons with physical disabilities. The Foundation was established in 2005 by Chanda Hinton Leichtle and her sister, Crystal Hinton, and serves persons with symptoms of spinal cord injuries, cerebral palsy, multiple sclerosis, spina bifida, and brain injuries, and offers integrated

therapies including adaptive exercise, adaptive yoga, massage, acupuncture, and chiropractic as well as care coordination and behavioral health services. The Chanda Plan Foundation's person-focused Chanda Center for Health opened in April of 2017, and is the first of its kind, providing a single point of service for the health needs of persons with long-term physical disabilities. For additional information on the Chanda Plan Foundation, visit www.iamtheplan.org.

About The Denver Foundation

The Denver Foundation is a community foundation that inspires people and mobilizes resources to improve life in Metro Denver. In 2016, the Foundation and its donors awarded more than \$97 million in grants. The Denver Foundation has three roles: stewarding an endowment to meet current and future needs for Metro Denver, working with community leaders to address the core challenges that face the community, and managing more than 1,000 charitable funds on behalf of individuals, families, and businesses. For more information, visit www.denverfoundation.org.