COVID - 19 - Stay Informed!

Currently, the Chanda Center for Health is staying informed via responses within our community. Please know that we will continue providing updates each week via this newsletter.

Chanda Center for Health COVID-19 resource page is always staying up to date on what we know.

CLICK HERE TO VISIT THE WEBSITE

The Department of Health Care Policy & Financing (Department) knows Long Term Support Service stakeholders have many questions about COVID-19 and its implications for service delivery, operational changes, etc. The Department is hosting a series of webinars to answer those questions and provide guidance.

Friday, April 24, 2020 10:30 a.m. - 11:30 a.m. MST

Friday, May 1, 2020 10:30 a.m. - 11:30 a.m. MST

CLICK HERE TO JOIN
Additionally, the Colorado Cross Disability Coalition is continuously providing updated information regarding COVID-19 resources, links and information for people with and without disabilities

CLICK HERE TO VISIT THE WEBSITE

Mask Mission

We want to get masks into your hands! With the support of donors, volunteers and commitment from our staff, we will still have masks to distribute. Please email ch@iamtheplan.org if you want or need one.

TeleHealth

We will continue to serve counseling, care coordination and primary care via telehealth. Your mental and physical health during this time is important to us. For those of who are already utilizing these services via the Chanda Center for Health, your future appointments or upcoming needs (medication refills, DME orders, etc.) can be accommodated via telehealth. Continue to schedule those needs with Mackenzie at frontdesk@chandacenter.org or 1-800-766-4255 X1
Where's My Stimulus Check?

Have questions about when you will receive your stimulus check? So do we. Click here to read an article we found super helpful and covers:

- Eligibility requirements
- How much you’ll receive
- Payment timelines
- Tax questions
- How to track your payment

Closure Reminder

Based on the continued orders by our Governor and healthcare department, the Chanda Center for Health will continue to be supportive of reducing the spread of the Coronavirus and limit risk to you, providers and staff. At this time, we will remain closed for all onsite operations and services with the expected re-open date of Monday May 4th. This is subject to change based on the status of the virus and directions from our governor.

Online Classes

Please follow us on our Facebook Page
some health and wellness activities. Most classes will be pre-recorded, posted online at the dates listed below, and available for you at any time.

**Week 4:**
April 20 - Assisted Lumbar Stretching with Dr. Shaun Kloor
April 22 - Self Care with Stephen
April 24 - Lesson Four: The Six Healing Sounds to Purify the Mind, Body & Soul With a Meditation with Yvonne

**Week 5:**
April 27 - Fitness Class with Sara
April 29 - Acupressure with Stephen
April 29 - Health & Personal Finances in the time of the CoronaVirus with Mpowered and CCHI

Some classes may be subject to change if necessary. If available, we may be offering other classes and opportunities as well.