

Race Date  
August 26, 2017

Annual In the Cut 5k  
Age Group Results

**5k Run/Walk**

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gracie Youngblood	Ray MI	11	2267	4	21:39.1	6:58/M

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Female 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Beard	Detroit	12	2157	64	30:52.5	9:55/M
2	Salaia Sorrell	Detroit	9	2101	138	42:47.5	13:45/M
3	Destiny Otaño	Detroit	9	2218	164	44:52.4	14:26/M
4	Octavia Washington	Hamtramck	10	2244	175	45:34.8	14:39/M
5	Zion Davis	Roseville MI	11	2288	218	53:08.5	17:05/M
6	Naima Taylor	Hamtramck	11	2235	221	53:39.9	17:15/M
7	An'Tinique Walls	Detroit	11	2242	226	54:48.0	17:37/M
8	Ja'Lynn McLean	Detroit	11	2209	233	56:24.2	18:08/M
9	K'Niya Perry	Detroit	12	2220	235	56:34.6	18:11/M
10	Shamaya Shamily	Detroit	11	2229	237	56:44.7	18:15/M
11	Precious Martin	Detroit	9	2207	243	57:41.4	18:33/M
12	Angelea Walls	Detroit	7	2241	247	58:17.7	18:44/M
13	Pai'Ja Reece	Detroit	10	2222	292	1:12:01.1	23:09/M
14	Jacklyn Reynolds	Detroit	5	2223	306	1:21:42.8	26:16/M
15	Alissa Grimes	Detroit	9	2180	311	1:25:00.8	27:20/M

Female 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alicia McCallum	Troy	17	2040	46	29:41.0	9:33/M
2	Chloe Dawson	Detroit	14	2169	80	33:21.7	10:43/M
3	Aariah Haywood	Detroit	13	2188	143	43:04.1	13:51/M
4	Hydia Hall	Detroit MI	17	1979	144	43:06.3	13:52/M
5	Jasmine Ortiz	Detroit	15	2216	252	58:50.7	18:55/M
6	Sierra Dawson	Detroit	16	2172	276	1:03:31.7	20:25/M
7	Mattison McKinney	Farmington Hills	17	2047	288	1:09:54.0	22:29/M
8	Aron Walls	Detroit	15	2243	295	1:12:43.3	23:23/M
9	Chantelle Caldwell	Detroit	13	2165	303	1:15:17.5	24:12/M
10	Elaina Caldwell	Detroit	14	2166	313	1:25:49.0	27:36/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Leandra Kramer	Royal Oak MI	26	2020	27	26:00.7	8:22/M
2	Lanasha Davis	Detroit	22	1949	45	29:39.5	9:32/M
3	Corissa Green	Ferndale	27	1974	98	35:20.7	11:22/M
4	Angela Scott	New Baltimore MI	27	2089	99	35:28.0	11:24/M
5	Rynita Bohler	Detroit	24	2161	132	41:42.1	13:25/M
6	Christine Campbell	Orchard Lake	28	1935	136	42:34.5	13:41/M
7	Megan McNitt	Detroit	23	2210	146	43:10.2	13:53/M

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**Female 20 to 29**

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8	Devon Gale	Windsor	20	1967	157	44:18.2	14:15/M
9	Jacquelyn N White	Detroit	28	2135	161	44:38.7	14:21/M
10	Kelsey King	Livonia	23	2015	168	45:17.0	14:34/M
11	Kate Kloss	Fraser	27	2199	193	48:35.7	15:37/M
12	Mary Schwartz	Washington	24	2088	202	49:52.1	16:02/M
13	Shanise Shamly	Detroit	20	2230	213	52:55.5	17:01/M
14	Jackie Larouere	Berkley MI	29	2317	214	53:00.4	17:03/M
15	Sara Habbo	Southfield	29	2185	222	53:40.3	17:15/M
16	Erica Kelley	Roseville	24	2198	225	54:46.5	17:37/M
17	Lauren Newhouse	Detroit	25	2215	232	56:23.6	18:08/M
18	Danielle Murphy	Detroit	26	2212	236	56:43.3	18:14/M
19	Nataliya Sachovska	Sterling Heights	25	2228	244	57:42.4	18:33/M
20	Julie Wittwer	Grosse Pointe Park MI	24	2277	245	57:50.9	18:36/M
21	Lauren Fitzpatrick	Los Angeles CA	25	2278	246	57:51.0	18:36/M
22	Amanda Farris	Detroit	25	2175	253	58:51.6	18:55/M
23	Aileen Haque	Detroit	24	2187	254	58:51.6	18:55/M
24	Abbie Winkel	Troy	23	2142	257	59:34.5	19:09/M
25	Jennifer Hamood	Dearborn	29	2186	265	1:01:25.8	19:45/M
26	Gipsa Joseph	Dearborn	29	2197	280	1:04:33.3	20:45/M
27	Mina Sitto	Sterling Heights	20	2231	289	1:10:14.8	22:35/M
28	Anum Naseem	Detroit	23	2214	291	1:12:01.0	23:09/M
29	Emily Marlow	Detroit	23	2206	296	1:12:44.1	23:23/M
30	Lize Loubser	Detroit	23	2205	304	1:15:17.5	24:12/M
31	Madeline Berschback	Detroit	23	2159	310	1:24:59.4	27:20/M
32	Kristy Abraham	Plymouth	23	2153	312	1:25:48.4	27:35/M
33	Jena Rubino	Rochester Hills	25	2227	315	1:26:05.1	27:41/M

**Female 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Utaka Walton	Detroit	31	2270	15	24:16.2	7:48/M
2	Meagan Brooks	Detroit MI	32	2276	20	24:55.0	8:01/M
3	Beth Shibles	Lincroft NJ	39	2273	29	26:35.4	8:33/M
4	Marcia Lewis	Detroit MI	36	2026	33	27:47.6	8:56/M
5	Nassima Goumeziane	Detroit	38	1972	41	29:08.3	9:22/M
6	Katrina Zackery	Novi	34	2151	51	29:57.4	9:38/M
7	Michelle Simon	New Boston MI	32	2093	67	31:25.3	10:06/M
8	Donnah Laster	Brownstown MI	31	2024	72	32:02.8	10:18/M
9	Megan Hyatt	Whitehall	30	1995	73	32:08.4	10:20/M
10	Yahra Moore	Warren	33	2058	93	34:34.6	11:07/M
11	Morgan Hurst	Detroit	35	1993	114	37:45.6	12:08/M

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12	Nicole Myers	Detroit	35	2060	115	37:46.2	12:09/M
13	Melanie Simmons	Detroit	31	2092	140	42:48.7	13:46/M
14	Tracey Cobb	Southfield	39	1942	141	42:52.3	13:47/M
15	Katie Anton	Sterling Hts	35	1906	142	42:52.9	13:47/M
16	Krista Gilmore	Waterford MI	33	2258	152	43:46.1	14:04/M
17	Starlisa Dixon	Farmington Hills	37	2254	153	43:58.7	14:08/M
18	Caira Prince	Novi	35	2077	154	43:58.8	14:08/M
19	Latrice Farris	Detroit	36	1961	166	45:11.7	14:32/M
20	Tiffany Rudolph	Southfield	35	2082	169	45:22.4	14:35/M
21	Donya Armstrong	Highland Park	32	1909	189	48:10.3	15:29/M
22	Sherri Frasier	Detroit	39	2176	203	50:16.2	16:10/M
23	Jessikah McKenzie	Grosse Pointe Woods	39	2046	205	50:34.3	16:16/M
24	Janine Jenerette	Detroit	33	2000	210	51:16.1	16:29/M
25	Nicola Davis	Roseville MI	37	2289	219	53:09.1	17:05/M
26	Janine Jenerette	Detroit MI	33	2302	228	55:06.8	17:43/M
27	Lakisha Trice	Detroit	36	2239	238	57:05.6	18:21/M
28	Constance Tornow	Waterford	33	2237	240	57:27.1	18:28/M
29	Carrie Sorensen	Wyandotte	31	2234	251	58:37.4	18:51/M
30	Maliki Martin	St Clr Shores	31	2036	260	59:47.4	19:13/M
31	Carmella Lazzana	Detroit	33	2025	281	1:06:43.9	21:27/M
32	Dawn Jamison	Romulus	39	1999	285	1:08:32.5	22:02/M
33	Alane Patterson	Detroit MI	31	2310	299	1:14:14.8	23:52/M
34	Platinum Washington	Hamtramck	39	2245	300	1:14:19.3	23:54/M
35	Temma Jones	Detroit	35	2012	305	1:19:15.9	25:29/M

**Female 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marchel Staley	Harper Woods	45	2106	21	25:28.1	8:11/M
2	Cheryl Marchant	Prosper	49	2032	34	27:52.5	8:58/M
3	Nakia Counts	Southfield	42	1947	38	28:40.0	9:13/M
4	Nancy Austin	Walled Lake	48	1914	42	29:22.2	9:27/M
5	Dionne Dickerson	Detroit	47	1953	68	31:33.1	10:09/M
6	Rakuya Artis	Kokomo	41	1910	70	31:41.5	10:11/M
7	Tasha McCullar	Shelby Twp	44	2257	74	32:32.5	10:28/M
8	Tammi Dukes	Southfield	48	1956	75	32:35.7	10:29/M
9	Sonya Harrison	Detroit MI	46	2265	84	33:42.9	10:50/M
10	Carlita Earl	West Bloomfield	46	1957	88	34:10.6	10:59/M
11	Kerry Buffington	Detroit MI	44	1913	91	34:29.4	11:05/M
12	Monica Harris	Southfield	40	1981	92	34:34.6	11:07/M
13	Tamura Williams	Beverly Hills MI	48	2139	104	36:11.4	11:38/M

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**5k Run/Walk**

Female 40 to 49

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14	Dana Beaurem	Warren	46	1919	105	36:12.0	11:38/M
15	Geneva McCloud	Clinton Twp MI	48	2041	106	36:12.9	11:38/M
16	Stephene Martin	Detroit MI	47	2037	109	36:50.6	11:51/M
17	Jodi Sweeney	Madison Heights MI	44	2113	116	37:49.3	12:10/M
18	Cassie Sweetnich	Ferndale	41	2115	125	38:55.8	12:31/M
19	Wendy Griffin	New Baltimore	43	1977	127	39:44.9	12:47/M
20	Rochelle Dorn-Hayes	West Bloomfield	46	1954	137	42:46.6	13:45/M
21	Angela Lugo-Thomas	Highland Park MI	45	2030	139	42:48.3	13:46/M
22	Sharla Anthony	Oak Park MI	41	1905	151	43:38.6	14:02/M
23	Tonya Gale	Windsor	46	1968	155	44:17.0	14:14/M
24	Sharon Brazier	Windsor	47	1924	159	44:18.5	14:15/M
25	Rashawndra Dutlaw	Lake Orion MI	45	2299	162	44:45.3	14:23/M
26	Michele Graham	Troy MI	47	2301	163	44:45.5	14:23/M
27	Chadan Williamson-Bey	Detroit MI	42	2140	165	45:08.2	14:31/M
28	Yolanda Brown	Madison Hts MI	43	1927	167	45:14.2	14:33/M
29	Jennifer Spangler	St Clr Shores MI	44	2102	179	45:44.9	14:42/M
30	Nedral Brown	Detroit	49	2163	180	46:12.4	14:51/M
31	Tameka Martin	Oakland Twp MI	49	2262	185	46:51.4	15:04/M
32	Tomiko Echols	Southfield MI	44	1958	186	46:51.9	15:04/M
33	Latricia Swain	Detroit MI	47	2287	194	48:46.0	15:41/M
34	Stancie Napoleon	Southfield MI	46	2061	197	48:59.3	15:45/M
35	Tameka Jackson-Smith	Detroit	41	2194	212	52:51.4	17:00/M
36	Patricia Blake-Smith	Troy	47	1921	223	54:03.8	17:23/M
37	Cherida Gary	Rochester Hills	42	1969	229	55:09.3	17:44/M
38	Kendra Perry	Detroit	44	2221	239	57:06.9	18:22/M
39	Annabelle Kona	Southfield	42	2019	258	59:42.0	19:12/M
40	Yolanda J Martin	Eastpointe	48	2038	259	59:47.3	19:13/M
41	Christine Hudson	Detroit	45	2191	272	1:02:42.0	20:10/M
42	Cheree Culberson	Charlotte MI	47	2308	273	1:03:01.5	20:16/M
43	Michelle Taylor	Indianapolis IN	48	2307	274	1:03:02.2	20:16/M
44	Ericka Jackson	Detroit	45	2193	275	1:03:21.3	20:22/M
45	Kesha Cooley	Redford	46	1946	282	1:06:59.1	21:32/M
46	Yolanda Bates	Northville	44	1918	284	1:08:25.6	22:00/M
47	Antonia Whittler	Brownstown	41	2136	286	1:08:34.0	22:03/M
48	Emily Grimes	Detroit	45	2181	287	1:09:41.4	22:24/M
49	Danyale Blanton	Detroit	43	2160	307	1:21:42.9	26:16/M
50	Tanya Grubbs	Detroit	45	2183	309	1:22:19.5	26:28/M

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Annual In the Cut 5k  
Age Group Results

**5k Run/Walk**

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Reva Smith	Detroit MI	50	2255	47	29:41.4	9:33/M
2	Threedea Young	Detroit MI	55	2275	48	29:44.8	9:34/M
3	Lynda Hicks	Detroit	55	1985	76	32:55.7	10:35/M
4	Leslie Andrews	Detroit MI	50	1904	100	35:39.1	11:28/M
5	Sophia Toussaint	Bloomfield Hills MI	52	2120	103	35:55.3	11:33/M
6	Desiree Fordham	Canton	58	1964	107	36:17.3	11:40/M
7	Laura Scott	Chesterfield MI	52	2090	120	38:25.0	12:21/M
8	Johnetta Fisher	W Bloomfield	59	2263	128	40:15.0	12:57/M
9	Kimberly Martin	Detroit MI	57	2269	130	40:27.9	13:00/M
10	Gayle Coleman	W Bloomfield MI	50	1944	160	44:31.3	14:19/M
11	Kimberly King	Livonia	57	2016	181	46:18.4	14:53/M
12	Carol Walker	Farmingtn Hls MI	51	2127	187	46:52.1	15:04/M
13	Latoshia Patman	Sterling Heights MI	50	2290	188	46:56.8	15:05/M
14	Vicki Green	Detroit	54	1975	195	48:52.7	15:43/M
15	Dorothy Curtis	Cleveland OH	51	2295	199	49:18.0	15:51/M
16	Andrea Murphy	Southfield MI	51	2316	217	53:04.8	17:04/M
17	Joyce James	Oak Park	51	1996	227	54:54.6	17:39/M
18	Trishia Ethridge	Maumee	53	1959	242	57:37.9	18:32/M
19	Sally Wittwer	Grosse Pointe Park MI	55	2282	267	1:01:36.5	19:48/M
20	Amy Kish	Grosse Pointe Park MI	51	2279	270	1:02:33.7	20:07/M

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marilyn Winningham	Clinton Township	60	2144	97	35:17.0	11:21/M
2	Betty Artman	Eugene	63	1912	129	40:16.4	12:57/M
3	Margaret Henderson	Detroit	62	1983	184	46:51.4	15:04/M
4	Sharon Jett	West Bloomfield	63	2003	224	54:08.0	17:24/M
5	Eileen Winkel	Troy	60	2143	256	59:33.2	19:09/M
6	Barbara Arbuckle	Livonia	67	1907	262	1:00:29.5	19:27/M
7	Cynthia Dixon	Detroit MI	64	2311	277	1:04:20.0	20:41/M
8	Cheryl Patterson	Detroit MI	64	2309	278	1:04:21.3	20:41/M
9	Denise Holiday	Southfield	69	1989	283	1:08:22.0	21:59/M
10	Angie Jenerette	Southfield MI	67	2296	297	1:13:27.2	23:37/M

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Male Open Winners

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1	Sijuade Oke	Detroit	30	2066	1	20:12.3	6:30/M

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## 5k Run/Walk

## Male No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rudy Cianfarani	Wyandotte MI		2293	102	35:49.8	11:31/M

## Male 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vishvaa Ravishankar	Troy	10	2252	9	23:08.8	7:26/M
2	Moses Blackwell	Highland Park MI	11	2305	12	24:04.4	7:44/M
3	Markus Blackwell	Highland Park MI	11	2306	14	24:16.2	7:48/M
4	Shemuel Perkins	Southgate MI	7	2271	19	24:52.8	8:00/M
5	Lavell Cannady Jr	Detroit	11	2167	78	33:01.7	10:37/M
6	Miles Lee	Taylor	10	2203	113	37:40.9	12:07/M
7	Elijah Lee	Taylor	10	2202	118	37:57.1	12:12/M
8	Hunter Weaver	W Bloomfield	11	2130	121	38:32.3	12:23/M
9	Floyd McBride	Detroit	9	2208	133	41:42.5	13:25/M
10	Emery Anderson	Franklin MI	7	2297	134	42:00.4	13:30/M
11	Idreas Martin	Detroit MI	12	2035	145	43:06.7	13:52/M
12	Leonardo Gutierrez Jr	Allen Park	12	2184	173	45:32.8	14:38/M
13	Marcus Smith	Detroit	4	2232	174	45:34.4	14:39/M
14	Alexander Otaño	Detroit	6	2217	177	45:36.9	14:40/M
15	Malcolm Jones	Grosse Pt Wds	6	2009	200	49:20.2	15:52/M
16	Matthew Jones	Grosse Pointe Woods	6	2010	204	50:33.5	16:15/M
17	Fontaine Sheffey	Detroit MI	6	2303	208	51:00.2	16:24/M
18	Tristan Sheffey	Detroit MI	6	2304	209	51:01.0	16:24/M
19	Jerimiah Lee	Taylor	6	2201	215	53:01.7	17:03/M
20	Cameron Jefferson	Detroit	9	2195	241	57:36.3	18:31/M
21	Lance Trice	Detroit	11	2238	263	1:01:18.4	19:43/M
22	Antwain Hill	Detroit	10	2189	271	1:02:38.2	20:08/M
23	Troy Dawson	Detroit	10	2170	279	1:04:33.2	20:45/M
24	Kevin Smith	Detroit	7	2233	293	1:12:03.9	23:10/M
25	Mario Brown	Detroit	12	2162	298	1:13:53.5	23:45/M
26	Conrey Reynolds III	Detroit	9	2224	301	1:14:23.1	23:55/M

## Male 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeffrey Smith Jr.	Sterling Hts	19	2098	57	30:35.9	9:50/M
2	Melvin Taylor	Hamtramck	13	2236	65	31:11.3	10:02/M
3	Cedric Mutebi	Farmington Hills	18	2213	79	33:17.9	10:42/M
4	Andrew Sliwinski	St Clair Shores	13	2095	89	34:19.3	11:02/M
5	Cameron Dawson	Detroit	15	2171	172	45:32.3	14:38/M



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6	Joshua Hardy	Berkley MI	15	2315	249	58:21.3	18:46/M
7	Joshua Grubbs	Detroit	15	2182	290	1:10:15.7	22:35/M

**Male 20 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Keith Clark	Detroit	27	1940	13	24:12.6	7:47/M
2	Brian Stawowy	Ferndale	29	2247	17	24:22.5	7:50/M
3	Firas Askar	Detroit	28	2155	62	30:52.3	9:55/M
4	Keith Alangaden	Dearborn Heights	24	2154	63	30:52.5	9:55/M
5	David Clausen	Chesterfield Township	23	2168	66	31:11.7	10:02/M
6	Evan Gelzayd	Detroit	23	2177	77	32:57.2	10:36/M
7	Tom Fallone	Harrison Twp	29	1960	94	34:42.2	11:09/M
8	Rohan Venida	Northville	23	2240	117	37:56.2	12:12/M
9	Warren Rupp	Clinton Township	29	2084	123	38:34.9	12:24/M
10	Ryan Rosen	Bloomfield Township	25	2226	176	45:36.4	14:40/M
11	Andrew Knox	Birmingham	25	2018	198	49:01.6	15:46/M
12	Christian Schwartz	Washington	25	2087	201	49:48.9	16:01/M
13	Kenneth Coleman	Harper Woods	25	1945	207	50:47.8	16:20/M
14	Phillip Patton	Detroit	25	2219	231	55:26.9	17:49/M
15	Steve Burnett	Livonia	28	2164	234	56:34.4	18:11/M
16	Chris Miller	Northville	29	2211	264	1:01:19.6	19:43/M
17	Matt Rolain	Troy	23	2225	302	1:14:24.6	23:55/M
18	Keith Emonds	Wyandotte	27	2174	314	1:26:04.6	27:40/M

**Male 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rich Monk	Commerce Township MI	38	2053	3	21:08.4	6:48/M
2	Tyrese West	Detroit MI	39	2133	5	21:41.6	6:58/M
3	Delorean Cotton	Southfield MI	32	2261	18	24:22.8	7:50/M
4	Jermareo McDaniel	Belleville	39	2042	24	25:48.8	8:18/M
5	Adam Campbell	Troy	36	1934	26	25:58.1	8:21/M
6	Brandon Volsan	Detroit	30	2126	28	26:28.6	8:31/M
7	John Shibles	Lincroft NJ	39	2274	37	28:31.9	9:10/M
8	Ricardo Morgan	Detroit	33	2260	52	30:06.1	9:41/M
9	William Murphy	Detroit	35	2059	55	30:35.8	9:50/M
10	Rawn Bosley	Lansing	31	1922	58	30:35.9	9:50/M
11	Michael Wilson	Wayne	39	2141	59	30:36.0	9:50/M
12	Jerron Miles	Southfield MI	31	2049	82	33:35.2	10:48/M

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Annual In the Cut 5k  
Age Group Results

**5k Run/Walk**

**Male 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
13	Clayton Neal	Southfield	39	2062	108	36:24.4	11:42/M
14	Charles Penn	Southfield MI	37	2070	111	37:20.1	12:00/M
15	Jason Trepkowski	Sterling Heights	36	2121	112	37:25.4	12:02/M
16	Nicholas Patterson	Detroit	38	2067	119	38:23.0	12:21/M
17	Jon Anderson		38	2298	135	42:00.9	13:30/M
18	Delorean Griffin	Southfield	37	1976	156	44:18.1	14:15/M
19	Remele Penick	Southfield	39	2069	171	45:32.0	14:38/M
20	John Kwiatkowski	Detroit	31	2200	216	53:02.0	17:03/M
21	Jawad Bandar	Dearborn Heights	30	2156	248	58:17.9	18:44/M
22	Amaral Wellington	Madison WI	38	2280	268	1:01:37.5	19:49/M
23	Lamar Johnson	Detroit	30	2196	294	1:12:05.0	23:11/M

**Male 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Doug Williams	Warren MI	48	2137	2	20:42.6	6:39/M
2	Tamott Wolverton	Southgate	45	2147	7	22:36.3	7:16/M
3	Marcus Bostic	Lathrup Village	41	1923	8	22:50.7	7:21/M
4	Romero Hardy	Estpointe MI	47	1980	10	23:17.4	7:29/M
5	Sean Moore	Warren MI	41	2057	16	24:21.9	7:50/M
6	Chad Rhodes	Detroit	45	2079	22	25:43.1	8:16/M
7	Brian Mettler	Birmingham	49	2048	31	27:05.7	8:43/M
8	Bryant Tipton	Southfield	46	2119	32	27:46.2	8:56/M
9	Daryl Shackelford	Livonia MI	45	1911	35	28:19.0	9:06/M
10	Carl Gilbert	Lathrup Village	46	2259	36	28:20.5	9:07/M
11	Dave Frassetto	Royal Oak	45	1965	40	29:07.9	9:22/M
12	Randall Wodoard	Detroit	40	2146	44	29:30.6	9:29/M
13	Tyrone Clifton	Detroit MI	49	2264	50	29:54.7	9:37/M
14	Duwayne Ruffin	Columbus	40	2083	54	30:35.8	9:50/M
15	Lionel Sims	Farmington Hills	47	2094	56	30:35.9	9:50/M
16	Frederick Jones	New Lenox	42	2008	60	30:36.0	9:50/M
17	Clopher III Watson	Southfield MI	47	2129	61	30:42.4	9:52/M
18	Gerald Belcher Jr	Southfield	48	1920	71	31:58.8	10:17/M
19	Patrick Sweeney	Madison Heights MI	47	2114	81	33:22.9	10:44/M
20	Robert Shade	Harrison Twp MI	43	2091	87	34:06.3	10:58/M
21	Michael Federlein	St Clair Shores MI	49	1962	90	34:21.6	11:03/M
22	Dave St.germain	Windsor	46	2104	95	35:11.0	11:19/M
23	Letoskey Carey	Detroit	40	1937	110	37:15.2	11:59/M
24	Derone Buffington	Detroit	46	1929	122	38:32.8	12:23/M
25	Jeff Sumner	Ferndale	43	2112	126	38:55.9	12:31/M
26	Anwar Jennings	Detroit	40	2002	131	40:55.9	13:09/M

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Annual In the Cut 5k  
Age Group Results

**5k Run/Walk**

**Male 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
27	Jonathan Smith	Troy	48	2099	148	43:19.8	13:56/M
28	James Anderson II	Weston	45	1902	149	43:24.6	13:57/M
29	Douglas Capers III	White Lake	48	1936	150	43:30.4	13:59/M
30	Howard Martin	Detroit MI	44	2034	158	44:18.4	14:15/M
31	Deangelo Malcolm	Redford MI	46	2272	190	48:19.9	15:32/M
32	Shawn Hurst	Detroit MI	45	1994	191	48:27.0	15:35/M
33	Robbie Dunlap	Farmington MI	46	2291	206	50:35.8	16:16/M
34	Marlowe Stoudamire	Detroit MI	40	2109	211	52:27.1	16:52/M
35	Lashawn Gary	Rochester Hills MI	49	1970	230	55:09.6	17:44/M
36	Rashawn Hardy	Berkley MI	45	2314	250	58:23.8	18:46/M
37	Jeffery Dyer	Detroit	41	2173	255	59:14.7	19:03/M

**Male 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Captain America	Royal Oak MI	55	2266	6	22:06.9	7:06/M
2	Vijay George	Wixom MI	58	2285	11	24:00.1	7:43/M
3	Jon Edwards	Troy MI	55	2283	23	25:45.5	8:17/M
4	Kevin Gilhool	Wyandotte MI	51	2253	25	25:50.9	8:18/M
5	Tony Weaver	West Bloomfield	59	2131	30	26:39.0	8:34/M
6	Keith Maziasz	Troy MI	50	2284	39	29:06.7	9:21/M
7	Reginald Smith	Detroit MI	50	2268	43	29:22.9	9:27/M
8	Leonard Rusher	Lansing	53	2085	53	30:27.4	9:47/M
9	Charles Dickerson	Detroit	50	1952	69	31:33.8	10:09/M
10	Don Wallace	Riverview MI	57	2292	86	33:55.4	10:54/M
11	Dwayne Triplett	Detroit	50	2122	101	35:45.0	11:30/M
12	James McDonald Iii	Southfield	55	2043	124	38:54.4	12:30/M
13	Charles Wood	Novi	54	2148	147	43:16.8	13:55/M
14	Tyrone Johnson	Southfield	59	2006	170	45:23.5	14:36/M
15	Todd King	Livonia	54	2017	178	45:39.5	14:41/M
16	Vincent Toussaint	Bloomfield Hills MI	54	2286	182	46:44.4	15:02/M
17	Ted Butkin	Wyandotte MI	56	1930	192	48:35.3	15:37/M
18	Albert Smith	Oak Park	51	2096	196	48:52.8	15:43/M
19	Vernell Jackson	Detroit	56	2192	220	53:21.0	17:09/M
20	Marsialle Arbuckle	Livonia	59	2300	261	1:00:11.1	19:21/M
21	David Wittwer	Grosse Pointe Park MI	52	2281	266	1:01:36.2	19:48/M
22	Michael Carruthers	Canton	58	1938	269	1:01:48.5	19:52/M
23	Troy Williams	Detroit MI	54	2246	308	1:22:13.1	26:26/M

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Annual In the Cut 5k  
Age Group Results

**5k Run/Walk**

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anthony Wesley	Dearborn Heights	60	2132	49	29:45.1	9:34/M
2	Willie Smith	Detroit MI	64	2294	83	33:39.1	10:49/M
3	Bruce Featherstone	Denver MI	64	2250	85	33:54.9	10:54/M
4	Gerry St.germain	Windsor ON	73	2105	96	35:12.3	11:19/M
5	Sam Hughes	Southfield	69	1992	183	46:46.3	15:02/M

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Annual In the Cut 5k  
Age Group Results

**1 Mile**

Female 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tiffany Griffin	Southfield	37	2248	3	51:32.9	51:32/M

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Annual In the Cut 5k  
Age Group Results

**1 Mile**

Male 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Walter Watkins	Bloomfld Hls	71	2128	1	30:26.8	30:26/M
2	Maurice Pope	Detroit	64	2073	2	30:35.8	30:35/M