

BREAKFORTH 2018

Intensive Learning Workshop



ken b. dyck: pastor/author/founder
Freedom Session International Ministries

HEALING-DISCIPLESHIP:

The next move of God in the church

Track #1: In Search of a “gospel” that INCLUDES healing

Track #2: Tracing the fruit to the root to minister *lasting healing*

Track #3: A Christ – centered healing journey in 12 Steps

Track #4: Starting an EFFECTIVE healing-discipleship ministry

Elective Seminars:

Saturday, Jan 27 @ 2.00

Experience a Freedom “Session”

Sunday, Jan 27 @ 9.00

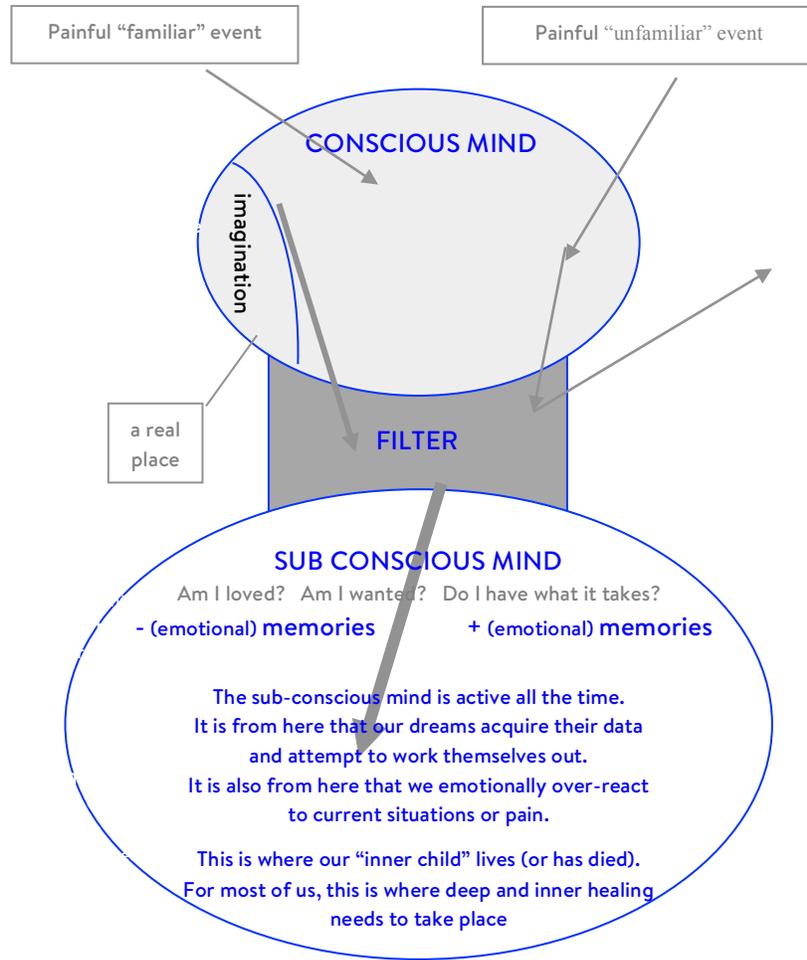
Learning to Hear God’s Voice and Respond

@ 10.30

Learning to Hear God’s Voice and Obey

Psychology of Human Development & the (sub) Conscious Mind²

[Ages 12+](#)



[Ages 6-12](#)

[Ages 0-6](#)

#2. tracing the fruit to the root to minister *lasting healing!*



Why do most couples get married?

Why do most couples get divorced?

On a Clear Day reflections:

Q. Who would have known about this traumatic event?

Q. Who would have known the extent to which this event affected Frank's life?

Q. What did Frank feel?

For the word of God is living and active. Sharper than any two-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart...
Hebrews 4:12

A theological question:

Q. If we are new creations in Christ and are supposed to *forget what lies behind and press forward to what lies ahead...*(Phil 3:13) why do we need a healing journey?

Reasons a healing journey is (often) necessary

1. We are wounded _____.
 Our healing will be _____!

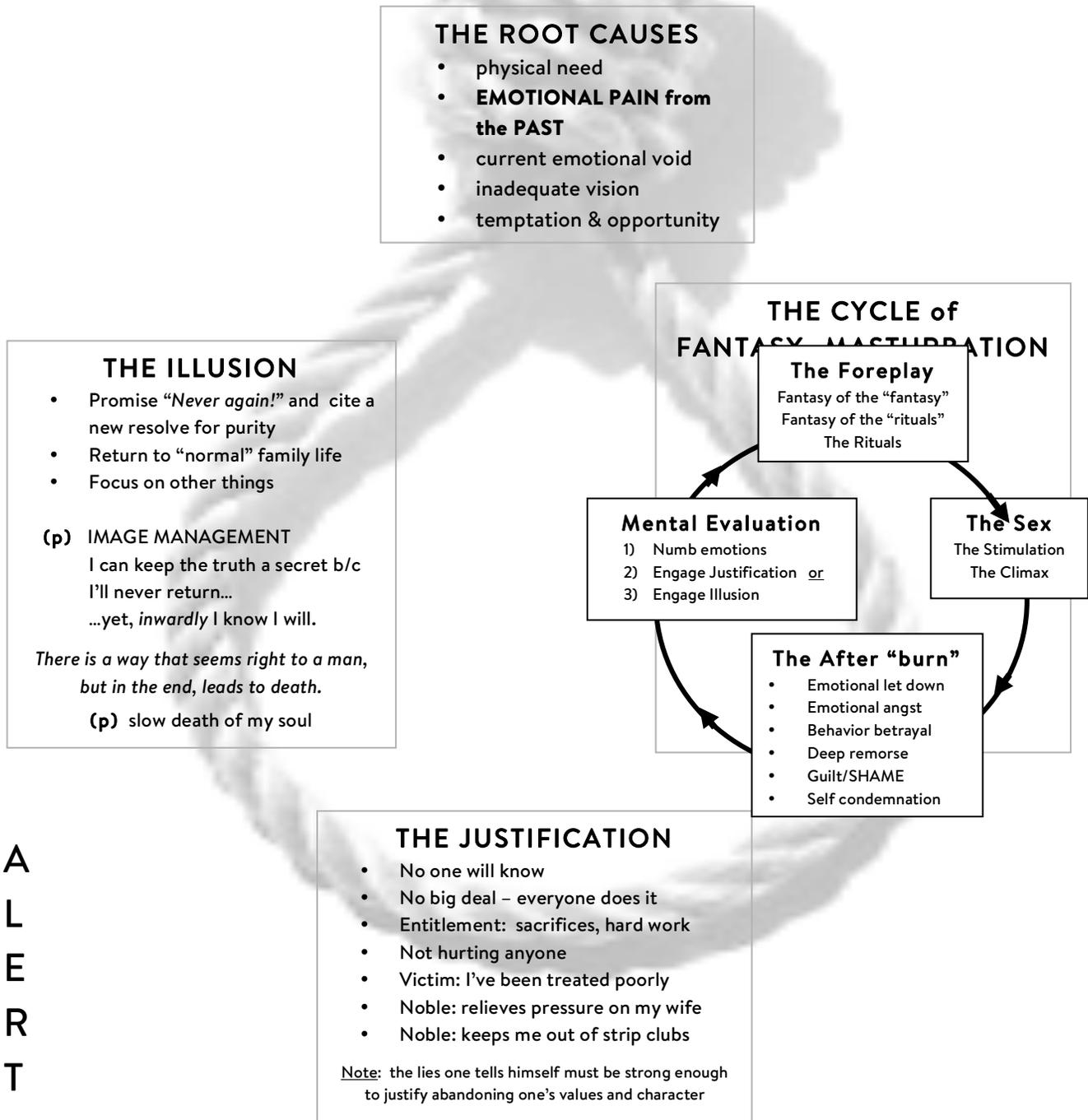
LOGIC Conscious	EXPERIENCE Sub-Conscious
LIES	LIES
I am unloved I am unwanted I am not good enough	I am unloved I am unwanted I am not good enough



Practical Application: we will never win the battle against pornography, sexual addiction, over-eating and other compulsive behaviors until we deal with the pain in our hearts.

ENGAGING the SEXUAL PURITY BATTLE on FOUR FRONTS

THE INSANITY “NOOSE” OF FANTASY-MASTURBATION & SEXUAL ADDICTION



Track 2 Follow up EXERCISE A: An Exercise of Inner Reflection

1. Think through a recent event, conflict or argument in which you over-reacted (or others thought you did).

What was the “triggering event?” In other words, what exactly happened or was said before you reacted? (use all the space)

Close your eyes and “re-live” the event. Re-run the “video” in your mind. Immediately after the triggering event, BEFORE you reacted, what was the emotion you felt? Label the emotion.

(note: don't use frustrated, upset or ticked off; think deeper).

I felt...

Close your eyes again, “re-live” the event and let yourself feel the emotion. What thoughts are going through your mind? Quote yourself:

Now close your eyes one more time, “re-live” the event and let yourself feel the emotion. When the emotion is felt as strong as you are able to feel it, ask the Holy Spirit to take you back to the very first time you ever felt that emotion. Write down that memory below.

Further Reflection:

2. How old were you the first time you remember experiencing that negative emotion?
3. How familiar is that emotion in your life? (on a scale of 1-10, 10 being very familiar)
4. Ask the Holy Spirit what negative conclusions you made about yourself the first time you felt that emotion?

Ask the Holy Spirit how these conclusions/beliefs have affected your life? What have they cost you and others?

5. Close your eyes one final time, “re-live” the memory the Holy Spirit brought back to your mind. When you feel the emotions felt on that first day, ask the Holy Spirit to reveal HIS truth about you. Embrace it. 😊