



Working to improve the lives of LGBTQ Youth and Adults
Facebook Group – UWDPRIDE
www.uwde.org/pride.php

Clinical Resources in Delaware for Caring for Transgender Patients

New Castle County

Primary Care

Dr. Lindsay Ashkenase Westside – Newark Location; 27 Marrows Rd., Newark, DE 302.224.6800

Deborah Hoffman, APN Family Medicine Center; 1401 Foulk Rd. – Suite 100B
302.477.3300 Wilmington, DE

Dr. Mary Stephens Family Medicine Center; 1401 Foulk Rd. – Suite 100B
302.477.3300 Wilmington, DE

Limestone Medicine and Pediatrics of Christiana Care (inside the Millcreek Medical Center)
302.623.7500 4512 Kirkwood Highway, Suite 300, Wilmington, DE 19808

Nemours Children Hospital System – Adolescent Medicine
<http://www.nemours.org/service/medical/adolescentmedicine.html>
302-651-4200 1600 Rockland Rd., Wilmington, DE

For HIV patients HIV Community Program; 1400 N. Washington St.
302.255.1300 Wilmington, DE

Cardiology

Dr. Michael Kostal CC Cardiology Consultants, 252 Chapman Rd., Suite 150
302.623.1929 Newark, DE

Dr. Gaetano Pastore Cardiology Physicians, PA, Abby Medical Center
302.366.8600 One Centurian Dr., Suite 200, Newark, DE
302.478.5055 Foulkstone Plaza, 1401 Foulk Rd, Suite 201, Wilmington, DE

Endocrinology

Dr. James Lenhard PMRI, 3506 Kennett Pike, Wilmington, DE
302.661.3070

Dr. Eyob Makonnen MAP 2, Suite 3201; 4735 Ogletown-Stanton Rd., Newark, DE 302.623.4323
Also at PMRI

Dr. Prakash Seshadri PMRI, 3506 Kennett Pike, Wilmington, DE
302.661.3070

Gastroenterology

Dr. George Benes 2600 Glasgow Ave., Suite 106, Newark, DE 19702
302.832.1545

OB/GYN

Dr. Lisa Phillips Dept. of OB-GYN, Suite 1901; 4755 Ogletown-Stanton Rd.
302.733.6510 Newark, DE

Dr. Kirsten Smith Center for Women's Health; 3706 Kennett Pike
302.623.6320 Wilmington, DE

For HIV patients HIV Community Program; 1400 N. Washington St.
302.255.1300 Wilmington, DE

Behavioral Health Providers

Delaware Guidance Services Serving Children Youth and Their Families
302.652.3948 1213 Delaware Ave., Wilmington, DE 19806
302.455.9333 1208 Drummond Plaza, Bldg. 1, Newark, DE 19711

Jill Gaumer, LCSW Windy Hills Professional Center, 523 Capitol Trail, Newark, DE
302.354.0074

Brett Herb, LCSW Christiana Care Health System, Outpatient Psychiatry
302.623.7503 4735 Ogletown-Stanton Rd., Medical Arts Pavilion 2, Suite 1201, Newark, DE

Jewish Family Services of Delaware
302.478.9411 99 Passmore Road, Wilmington, DE 19803
288 East Main Street, Newark, DE 19711

Meghan McAuliffe Lines, PhD A.I. duPont Hospital for Children, Wilmington, DE
302.651.4500

Rehabilitation Services

Dale Gregore, Christiana Care Health System, 300 Biddle Ave.
Speech Therapist Connor Bldg., Suite 101, Newark, DE
302.838.4700

Christine Yurcik-Dominick, Christiana Care Health System, 300 Biddle Ave.
Physical Therapist Connor Bldg., Suite 101, Newark, DE
302.838.4700

Karla A. Bell, University of Delaware Physical Therapy, 540 S. College Ave.
302.831.4152 STARPT, DPT, OCS, GCS Campus, Newark, DE

Sussex County

Family Practice

Lisa Bartels MD
302-856-9596

Beebe Family Practice
21635 Biden Ave., Georgetown

Kimberly Gallagher MD
302-537-3740

Friends & Family Practice
35141 Atlantic Ave Suite 1, Millville

Internal Medicine

Fabricio Alarcon MD
302-856-4092

Family Health of Georgetown
2 Lee Avenue Unit 103, Georgetown

Aaron Green MD
302-947-4437

Access Quality Healthcare
32026 Long Neck Road, Millsboro

Kathryn Grinnen DO
302-645-1805

Beebe Physician Network
1526 Savannah Road Suite 2, Lewes

Primary Care and Sleep Medicine

Sherin Ibrahim Howett, DO
302-648-2099

the Pearl Clinic
230 Mitchell Street, Suite B, Millsboro

Bariatric Surgery

Michael Sofronski MD
302-360-0277

Delmarva Bariatric Center
18947 John J Williams Highway Suite 313, Rehoboth Beach

Cardiology

Ehtasham Qureshi MD
302-644-7676
302-537-7676

Delaware Cardiovascular Associates
34453 Kings Street Row, Lewes
92A Atlantic Avenue, Ocean View

Chiropractic and Acupuncture

Douglas Briggs
302-645-6681

First State Health & Wellness
Midway Chiropractic

Dr. Stacy Cohen
302-454-1200

18585 Coastal Highways, Rehoboth Beach

Endocrinology

Anita Raghuwanshi MD
302-645-2244

Beebe Endocrinology
353 Savannah Rd, Lewes

Gastroenterology

Michele Thomas MD
302-644-8880

Delmarva Surgery
34434 Kings Street Row Suite 2, Lewes

General/Trauma Surgery

Erik Stancofski MD

Cape Surgical Associates

302-645-7050

750 Kings Highway, Suite 103, Lewes

Hematologist/oncologist

Mena Colucci MD
302-645-5718

Tunnell Cancer Center
18947 John J. Williams Highway, Rehoboth Beach

OB/GYN:

Nancy Mondero MD
302-644-9641

Safe Harbor Gynecology
110 Anglers Road Suite 103, Lewes

Ophthalmology

Karen Rudo MD
302-684-2020

Delaware Eye Clinic
28322 Lewes-Georgetown Highway, Milton

Oral/Maxillofacial Surgery

Michael Cahoon DMD
302-644-4171

Oral Surgery
750 Kings Highway Suite 107, Lewes

Pain Management

Mohammad Mehdi MD
302-644-2160

Pain Center of Delaware
17274 Coastal Highway Suite 2, Lewes

Pediatric Cardiology

Gina Baffa MD
302-651-6600

Nemours Cardiac Center
1600 Rockland Road, Wilmington

Psychiatry

David Kalkstein MD
302-644-2773

Kalkstein & Associates
34444 King Street, Lewes

Behavioral Health Providers

Delaware Guidance Services
302.645.5338
302.262.3505

Serving Children Youth and Their Families
31168 Learning Lane, Lewes, DE 19958
900 Health Services Dr., Seaford, DE 19973

302-645-5338

Child Guidance
31168 Learning Lane, Lewes

302-422-3811

SOAR (Survivors of Abuse in Recovery)
628 Milford Harrington Highway, Milford

302-855-2130

La Red
21444 Carmean Way, Georgetown

302-424-1322

Mind and Body Consortium
115 N. Walnut Street, Milford

302-644-1224

Henlopen Behavioral Health
1632 Savannah Road, Lewes

The Tides Behavioral Health

302-703-2255 117 Schley Ave., Lewes

David Kalkstein MD
302-644-2773 Kalkstein & Associates
34444 King Street, Lewes

302-644-7788 Coastal Therapeutics
16529 Coastal Highway, Lewes

302-381-0212 The Open Heart Studio
Karen L Barwick LSW

Opiate Addiction

302-227-1320 AMS
20468 Coastal Highway, Rehoboth Beach

Kent County

Behavioral Health Providers

Delaware Guidance Services Serving Children Youth and Their Families
302.678.3020 103 Mount Blanc Blvd., Dover, DE 19904

United Way of Delaware does not recommend any clinical resource for professional services. The above resources are listed at their request, and are in no way a recommendation of their quality of care. If you wish to be listed as a Transgender resource please email bmartz@uwde.org.