

NONVERBAL COMMUNICATION REVIEW

Message Sent and Received

- _____ 1. Self-confident, proud
- _____ 2. Thinking, evaluating
- _____ 3. Superiority, readiness
- _____ 4. Defensive position
- _____ 5. Domineering
- _____ 6. Openness
- _____ 7. Bored, impatient
- _____ 8. Dislike
- _____ 9. Self-control
- _____ 10. Tension, pressure
- _____ 11. Indifference
- _____ 12. Lying
- _____ 13. Authority
- _____ 14. Sincerity
- _____ 15. Feeling guilty
- _____ 16. Dejection

Body Movement

- A. Straddling chair, arms resting on back
- B. Legs crossed, foot quickly kicking
- C. Steepling (holding fingertips together to resemble a church steeple)
- D. Coat buttoned, hands in pockets, mouth turned downward
- E. Rubbing left eye and behind left ear with left index finger
- F. Stroking chin
- G. Wringing or clenching hands
- H. Hiding hands in pocket or behind back
- I. Leg over arm of chair
- J. Locked ankles, clenched hands
- K. Chin thrust out, hands joined behind back
- L. Shuffling along, hands in pocket, eyes on floor
- M. Arms folded across chest
- N. Palms up, extended outward
- O. Right hand over heart
- P. Hands on hips

