



*Tricia Amara*

# AWAKENING TO YOUR TRUE SELF

A PSILOCYBIN GROUP FOR WOMEN

**May 17 - 19, 2024**

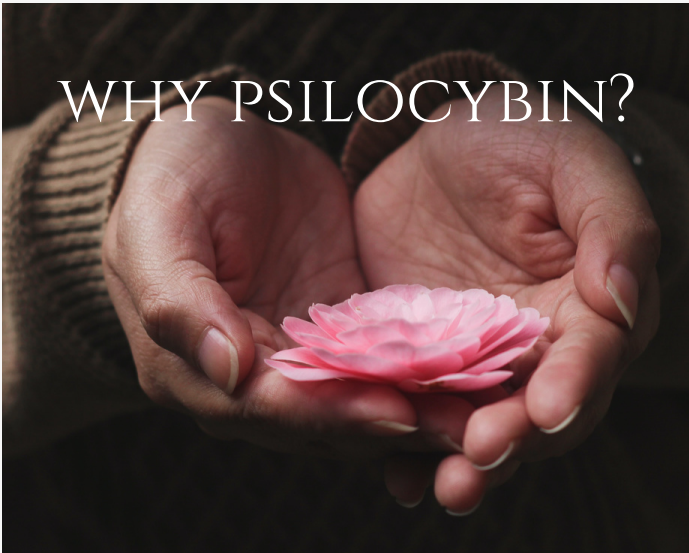
**Omnia Group Ashland**

**Ashland, Oregon**

“I wish I could show you, when you are lonely or in darkness, the astonishing light of your own being!” — Hafez



## WHY PSILOCYBIN?



A psilocybin journey has the potential to fundamentally shift one's perspective, fostering profound self-awareness and a deep connection with the authentic self. This transformative process often cultivates a level of self-acceptance that transcends previous boundaries, paving the way for unprecedented personal growth and fulfillment.

### BEGIN HERE



#### **This group is perfect for women in life transitions:**

- ◆ Career Reevaluation
- ◆ Motherhood
- ◆ Divorce
- ◆ Empty nest
- ◆ Menopause
- ◆ Elderhood
- ◆ Desire to be living your purpose



#### **The total price of \$1,600 includes:**

- Screening consult call
- 1:1 discovery call
- 60-min 1:1 intake
- (2) 90-min group preparation sessions
- Full-day in-person group experience at Omnia
- (2) 90-min group integration sessions
- Light food and beverages

#### Not included:

- Psilocybin fee of \$5.50/mg + 15% Oregon State Tax
- Travel to and from Ashland
- Accommodations while in Ashland

# ABOUT THIS GROUP

Embark on a transformative journey guided by seasoned and licensed psilocybin facilitators.

Rediscover your true essence and gain clarity on your life's path infused with purpose and love. Delve into this experience within the safety and nurturing embrace of a supportive circle of women.

Our meticulously crafted program combines intentional preparation, traditional rituals, and gentle yet effective approaches to provide you with the opportunity for a deeply meaningful psilocybin journey. Through both individual and group sessions before and after your experience, we ensure you are fully equipped to integrate the insights gained into tangible changes in your life, fostering a profound sense of wholeness and connection.

Immersed in guided meditations, mindful writing, somatic exercises, breathwork, sacred rituals, and tranquil sound baths, our group offering is tailored for women seeking to explore the psilocybin realm with expert guidance and the solidarity of fellow participants.

For those interested, accommodations are conveniently located just steps away at the [Stratford Inn](#), which offers exclusive rates to clients of Omnia Group Ashland.

## YOUR FACILITATORS



**Tricia Amara**



**Davida Moore**



**Shamila Zaré**

## IF YOU FEEL DRAWN TO THIS

(Limited to 7 participants)

### 1st Step

Click the “Begin Here” button and let us know that you are interested in the Awakening to Your True Self Group for Women on May 18, 2024.

### 2nd Step

Upon receipt of your inquiry, we'll will provide you with a screening questionnaire. Your responses will help us ensure that both psilocybin and this group experience are aligned with your current needs and circumstances. **Please return the questionnaire no later than April 20, 2024.**

### 3rd Step

As soon as we've received your completed questionnaire, we will schedule your Discovery Call. During that call we'll confirm your official seat in the group. Then you'll complete your Oregon Psilocybin Services intake forms in advance of your first preparation session.

[BEGIN HERE](#)

## GROUP SCHEDULE

- **Screening call: Week of April 22nd or 29th**
- **Discovery call: Week of April 29th**
- **1:1 Preparation Session: Week of April 29th**
- **Group Preparation Session 1: May 7th at 1pm PT; 4pm ET (via Telehealth)**
- **Group Preparation Session 2: May 17th at 2pm at Omnia in Ashland**
- **All-Day Psilocybin Experience: May 18th at 10am at Omnia in Ashland**
- **Group Integration Session 1: May 19th at 11am at Omnia in Ashland**
- **Group Integration Session 2: May 29th at 1pm PT; 4pm ET (via Telehealth)**