

THE
**TEACHING
KITCHEN**
AT LENOX HILL NEIGHBORHOOD HOUSE



The Teaching Kitchen at Lenox Hill Neighborhood House is a two-day food business course for nonprofit food service program directors, chefs and lead kitchen staff.

The goal of the course is to help nonprofit organizations assess their programs and implement actionable steps to significantly increase their low-income clients' access to and use of fresh, healthy and local food – *without raising costs*. *The Teaching Kitchen* works more broadly to localize publicly-funded institutional food systems, improve the health of low-income New Yorkers and strengthen the regions' farms, economy and sustainability.

Course Description

The Teaching Kitchen is a nuts-and-bolts food business course for nonprofit food service program directors, chefs, nutritionists and lead kitchen staff who design menus, order supplies, provide nutrition oversight and programming and prepare food. The course provides practical tools and support to move to a farm-to-institution model, while also demonstrating how to implement change without raising costs.

Over two days, *The Teaching Kitchen* breaks down every aspect of creating a farm-to-institution food service program through examination of four critical, interrelated areas of assessment and change

implementation: Menus and Recipes; Vendors and Ingredients; Facilities; and Staff Development. Through an examination of best practices and a series of exercises, participants assess and define realistic goals for each aspect of their own program.

All program participants receive *The Teaching Kitchen* Guidebook, a step-by-step manual to creating a farm-to-institution program, a site-visit to assess and discuss all aspects of their program, one full year of technical support to assist with change implementation and ongoing access to new materials, newsletters and web content produced as part of *The Teaching Kitchen*.



Details

A light breakfast and full lunch will be served each day. *The Teaching Kitchen* takes place in Lenox Hill Neighborhood House's historic home located at 331 East 70th Street. Our premier teaching facilities include a state-of-the-art 1,200 square foot commercial kitchen and fully wired and a/v-equipped auditorium and conference rooms. This invitation-only training will be offered at no cost.

To reserve seats, or for more information about *The Teaching Kitchen at Lenox Hill Neighborhood House*, contact Leah Gable at lgable@lenoxhill.org or (212) 218-0481.

Teaching Kitchen Chef Lynn Loflin

The course is led by Teaching Kitchen Chef Lynn Loflin. Since joining the Neighborhood House in 2011, Lynn has spearheaded an organizational shift to improve the nutritional value, quality, and source of the more than 350,000 meals that Lenox Hill Neighborhood House serves its clients. Lynn also teaches culinary arts at Columbia University's Institute for Human Nutrition and owns and operates Newton Farm in the Catskills. Previously, Lynn worked as an instructor at the Smart Foods/Healthy Food initiative for The Children's Aid Society and program manager at Our Growing Place, a gardening, cooking, and nutrition program for children living in New York City Housing Authority developments. For nearly 20 years, Lynn owned and operated the Manhattan restaurant Miracle Grill.



Lenox Hill Neighborhood House

Lenox Hill Neighborhood House is a 124-year-old settlement house on the East Side of Manhattan that has become *the* frontrunner in the local farm-to-institution movement. Our model program serves 350,000 fresh and healthy meals to low-income New Yorkers annually, with a focus on scratch cooking and more plant-based meals. We use more than 90% fresh produce (30-40% locally sourced), regionally-grown and milled whole grains and herbs grown on our Green Roof and Garden.

Lenox Hill Neighborhood House is the only organization with this type of farm-to-institution model for low-income clients at scale in New York City. There is extensive interest in our work and we are regularly invited to discuss our work by government and private funders, nonprofits and academics. Recent requests have come from the NYC Mayor's Office of Food Policy, NYS Commission of Agriculture and Markets, NYC Department for the Aging, Association for the Study of Food and Society, CUNY School of Public Health and New York Academy of Medicine



LENOX HILL NEIGHBORHOOD HOUSE
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