Lifeguard (Full-time)
Fitness & Aquatics
331 East 70th Street, New York, NY 10021

Lenox Hill Neighborhood House, widely recognized as one of New York’s premier human services providers, is a 128-year-old settlement house that provides an extensive array of effective and integrated services—social, educational, legal, health, housing, mental health, nutritional and fitness—which significantly improve the lives of 16,000 people in need each year, ages 3 to 103, on the East Side of Manhattan. Our clients include older adults, homeless and formerly homeless adults, children and families, recent immigrants, disabled persons, adult learners and more. For more information on Lenox Hill Neighborhood House, please visit lenoxhill.org and check us out on Facebook or Instagram.

The Fitness and Aquatics department is responsible for providing high-quality fitness and aquatics programming for clients across our settlement house programs in our state-of-the-art facilities in our historic headquarters located at 331 East 70th Street which includes our swimming pool, gymnasium and fitness center. Reporting directly to the Director of Fitness and Aquatics, the Lifeguard will be an integral member of the Fitness and Aquatics team and will have responsibility for ensuring the safety of our clients from both an operational as well as a programmatic perspective. We provide high-quality swim instruction, open swim hours and myriad other water aerobics and fitness related classes for clients ages 3 to 103.

Responsibilities include, but are not limited to, the following:

- Ensure the safety of all pool patrons, wearing appropriate attire and constantly scanning the pool area for signs of distress
- Lead aquatic skill development, recreational activities, in-water swim instruction as assigned to our various client populations
- While on duty, obey and enforce all the rules and regulations of the New York City Department of Health and Mental Hygiene, New York State laws and Lenox Hill Neighborhood House
- Provide any care or assistance required by pool patrons in distress (not to exceed the scope of the Lifeguard’s training) in keeping with the standards and guidelines of the certifying agencies (American Red Cross, American Heart Association, YMCA, etc.), and the NYC Department of Health
- Monitor first aid supplies, rescue equipment, communications systems and pool chemistry, in compliance with DOH regulations
- Display a courteous and professional demeanor when interacting with members, guests and staff while maintaining focus on pool surveillance
• Report all incidents, accidents and complaints—as well as any unsafe or unsanitary conditions—to the Aquatics Coordinator or Director immediately, both verbally and in writing
• General maintenance and cleaning of fitness and aquatics areas as needed, including, but not limited to, hosing the deck, sweeping the pool, removing any objects, keeping the deck clear and vacuuming
• Inspect all pool safety equipment and first aid supplies at the start of each shift to ensure that everything is correctly located and maintained
• Prepare the pool for programming as necessary—including assisting instructors with class equipment, record keeping and sign-in sheets
• Participate in all Fitness & Aquatics Staff In-Service training, including rescue drills, emergency rehearsals, and general staff meetings
• Complete all other responsibilities and duties as assigned by the Director of Fitness & Aquatics

Qualifications:
The ideal candidate for the full-time Lifeguard thrives in a highly social and busy community setting and is committed to working with the community and supporting the health and safety of our clients. American Red Cross certificates (or equivalent certification) in Lifeguarding, CPR for the Professional Rescuer, Responding to Emergencies and First Aid as well as at least one year of professional lifeguarding experience required. American Red Cross certificate (or equivalent certification) in Water Safety Instruction and/or training leading water aerobics ideal. The Lifeguard will work a full-time schedule that will span either a Sunday-Thursday or Tuesday-Saturday work week, given our extended hours of operation and the needs of our clients. Spanish or Chinese fluency is ideal. This is an 1199SEIU union position with competitive salary and a comprehensive benefits package.

To Apply:
Applicants should send a cover letter, resume and list of references to lifeguard@lenoxhill.org. Applications will be accepted on a rolling basis until the position is filled. No telephone calls please.

At Lenox Hill Neighborhood House we value respect, diversity and integrity. We are an equal opportunity employer. Lenox Hill Neighborhood House prohibits discrimination and harassment of any type and affords equal employment opportunities to employees and applicants without regard to race, color, religion, sex, sexual orientation, gender identity or expression, pregnancy, age, national origin, disability status, genetic information, protected veteran status or any other characteristic protected by law. Lenox Hill Neighborhood House conforms to the spirit as well as to the letter of all applicable laws and regulations. The policy of equal employment opportunity (EEO) and anti-discrimination applies to all aspects of the relationship between Lenox Hill Neighborhood House and its colleagues.

Lenox Hill Neighborhood House is a client-facing and essential community-serving organization. To keep our clients and our colleagues safe, and to comply with various governmental contractual requirements, all new employees must be fully vaccinated against
Covid-19 (except where valid medical exemptions apply) and will be required to submit proof prior to the time of onboarding.