**ACTIVITY CALENDAR**

**JULY 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE**

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**SUNDAY**

- **12:45-2:45** Connecting Across Cultures Advanced Level
  - 331 - 1st Floor, Room A
- **4:00-5:00** Book Exchange and Discussion W Sanjana
  - Dining Room

**MONDAY**

- **8:45-9:30** English Communication Skills
  - Garden Room
- **9:30-11:00** (NO CLASS 7/8, 15)
  - Beginner English for Chinese
  - Speakers
  - Garden Room
- **9:30-11:00** Tech Office Hours with Johnny
  - Dining Room
- **10:00-11:00** (STARTS 7/8)
  - Collage
  - 331 - 4th Floor, Room C
  - Resiliency Part II: The Impact of Art Session 2
  - 331 - 1st Floor, Room A
- **1:00-2:00** (NEW STARTS 7/9)
  - Tech: An Introduction to Social Media
  - 331 - Art Room

**TUESDAY**

- **8:45-9:30** English Communication Skills
  - Garden Room
- **9:15-10:30** Advanced Beginner German
  - Sun Room
- **10:00-11:00** (NO CLASS 7/2, 7/30)
  - Creative Wellness Through Art
  - 331 - 4th Floor, Room A

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**CLOSURES:**

All locations are closed on July 4, and July 5.

**HOURS**

- Mon-Fri: 8 a.m. - 6 p.m.
- Sat-Sun: 8 a.m. - 3 p.m.

**MEALS**

**Breakfast:**

- Daily, 8:15 - 9:00 a.m.

**Lunch:**

- Daily, 11:30 - 12:30 p.m.

**Dinner:**

- Mon-Fri sit-down, 4:30 - 5:30 p.m.
- Sat-Sun Grab & Go, 1:30 - 2:30 p.m.

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**TRIPS**

**From The Center:**

- **Wednesday, 7/10, 1-4:** New York Botanical Gardens
- **Thursday, 7/18, 10:30-1:** Urban Glass Tour in Brooklyn
- **Monday, 7/22, 1-4:** New World Mall Queens
- **Monday, 7/29, 1-4:** Costco
- **Wednesday, 7/31, 1-4:** Brighton Beach

Priority sign-up for trips from the Center is in-person on Wednesday, July 3 from 10:45 a.m. - 11:30 a.m. in the Dining Room. After priority in-person sign up, you can call 212-218-0315 to sign up for a trip.

**From Saint Peter’s:**

- **Thursday, 7/11, 11-3:** Arthur Ave
- **Friday, 7/19, 11-2:** Wegmans at Astor Place
- **Tuesday, 7/23, 10-3:** Brooklyn Botanic Gardens
- **Thursday, 7/25, 12-4-3:** Poster House Tour
- **Tuesday, 7/30, 10-3:** Brighton Beach

Priority sign-up for trips from Saint Peter’s is in-person on Wednesday, July 3 from 11:00 a.m. - 11:45 a.m. at the front desk. After priority in-person sign up, you can call 646-306-4492 to sign up for a trip.
** ACTIVITY CALENDAR JULY 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE **

** WEDNESDAY **

1:00 - 2:00 Karaoke with Michelle
Sun Room

1:00 - 2:00 Connecting with Our Neighbors
Dining Room

2:00 - 3:00 Connecting with Our Neighbors
Dining Room

2:00 - 3:00 Chess Club with Robert
Dining Room

2:00 - 3:00 Cheese and Chow
Dining Room

2:30 - 3:15 Movie Matinee
Sun Room

3:15 - 3:15 Open Ballet Barre with Hannah
331 - Auditorium

3:15 - 3:15 Open Ballet Barre with Hannah
331 - Auditorium

3:15 - 3:30 Beginner Intermediate Piano Class A
Register via Mdavid@lenoxhill.org
Garden Room

3:45 - 4:30 Acting Scene Work: Original Scenes
Register via kevans@lenoxhill.org
331 - 4th Floor Room D

** THURSDAY **

8:45 - 9:30 English Communication Skills
Garden Room

9:15 - 11:00 (NO CLASS 7/4)
Garden Room

9:30 - 11:00 (NO CLASS 7/4)
Chinese Folk Dance (in Chinese)
331 - Auditorium

10:15 - 11:45 (NO CLASS 7/4)
Work Your Heart Out (Hybrid)
Zoom Meeting ID: 831 8202 5884
331 - 4th Floor, Room B
Q1 Online only

12:00 - 12:45 Lunch Music with Michelle
Sun Room

** JULY 3, 10:45 - 11:30 **
May Trip Sign Ups
Dining Room

** JULY 10, 12:30 - 1:30 **
Monthly General Membership Meeting
Garden room

** JULY 17, 1:00 - 2:00 **
Ivy Rehab Presentation: The Power of Exercise - Functional Exercises/Physical Activity
Garden room

** JULY 24, 1:00 - 2:30 **
Aging in Place with Tradition Home Care
Sun Room

** FRIDAY **

8:45 - 9:30 (NO CLASS 7/4)
English Communication Skills
Garden Room

9:15 - 11:00 (NO CLASS 7/4)
Music Office Hours with Jake
Dining Room

9:30 - 11:00 (NO CLASS 7/4)
Tai Chi Practice (in Chinese)
331 - Auditorium

10:00 - 11:00 (NO CLASS 7/5)
Mixed Media Studio
331 - 4th Floor, Art Room

10:30 - 11:30 (NO CLASS 7/4)
Music Theory with Michelle
331 - Auditorium

11:00 - 12:00 (NO CLASS 7/5)
Open Art Studio
331 - 4th Floor, Art Room

12:30 - 2:15 (NO CLASS 7/4)
Road to Runway: Fashion
331 - 4th Floor, Room A
7/12: Garden Room

1:00 - 2:00 (NO CLASS 7/5)
Beginner Tap
331 - Auditorium

1:00 - 2:00 (NO CLASS 7/5)
Connecting with our Neighbors
Dining Room

1:00 - 2:30 (NO CLASS 7/5)
Open Art Studio
331 - 4th Floor, Art Room

1:30 - 2:15 (NEW, STARTS 7/12)
Tech: Beginner iPhone/iPad Drop-in Series
331 - 1st Floor, Room B

1:30 - 2:30 (NO CLASS 7/5)
Memoir Writing Workshop
331 - 4th Floor, Room D

2:00 - 3:00 (NEW, STARTS 7/5)
Tech: Computer Basics
Register via 212-218-0477
331 - 1st Floor, Room A

2:30 - 3:15 (NEW, STARTS 7/13)
Tech: Intermediate iPhone/iPad Drop-in Series
331 - 1st Floor, Room B

3:00 - 3:45 (NO CLASS 7/5)
Creative Wellness Through Arts
Sun Room

3:15 - 4:30 (NEW, STARTS 7/12)
Tech: Intermediate iPhone/iPad Drop-in Series
331 - 1st Floor, Room B

3:15 - 3:30 (NO CLASS 7/5)
Knitting Group W Ellen and Jianxia
Garden Room

3:15 - 4:30 (NO CLASS 7/5)
Vocal Training (in Chinese)
331 - Auditorium

3:45 - 4:30 (NO CLASS 7/5)
Chinese Painting W Weiping Li
331 - Auditorium

** SATURDAY **

9:30 - 11:00 Building Bridges Between Cultures
(Conversation for English learners)
331 - 4th Floor, Room C
7/6: 331-1st Floor, Room A

** JULY 20, 9:45 - 11:05 **
Gramercy Street Band Performance
Garden Room

** JULY 6, 10:00 - 10:45 **
Monthly New Member Orientation
-Member Rights and Center Policies
-Meet the Staff
-Programs Overview
-Social Services Overview
Meet at Center Dining Room

10:00 - 11:30 Belly Dancing Workshop
331 - Auditorium

12:30 - 1:30 (NEW, STARTS 7/13)
Calligraphy W Weiping Li
331 - Art Room

12:45 - 1:45 Body Awareness/Learning Balance
331 - Auditorium

12:45 - 2:45 Connecting Across Cultures
331 - 1st Floor, Room A

12:45 - 2:45 Body Awareness/Learning Balance
331 - Auditorium

1:00 - 2:00 Connecting with our Neighbors
Dining Room

** JULY 27, 1:00 - 2:00 **
Origami and Book Making
Simple Accordance with Jacket
331 - 4th Floor, Room D

** TECH ED **

Summer Tech classes begin the week of July 8th. All registration-based classes are currently full, but waitlists are open if you would like to be placed on one for any of our classes.

iPhone/iPad Skills classes and Intro to Social Media classes taking place this summer are drop in, so no registration is required to attend.

For ongoing help, visit our Open Computer Lab, Tech Office Hours, or call to schedule a 1-on-1 Tech Help Session.

Please contact 212-218-0477 or teched@lenoxhill.org with questions, to schedule 1-on-1 Tech Help, or to be placed on a waitlist for classes.

** SOCIAL SERVICES **

Walk-in Social Services appointments are available Mondays and Wednesdays. Please refer to the Social Services Calendar for full details.

To schedule an appointment, please call 212-218-0569 and leave your name, phone number and a brief message, and a member of the team will call you back. For the full list of Social Services programming, pick up a Social Services calendar at the Center.

For gdent and above, there may be an additional opportunity to schedule a 1-on-1 Tech Help Session as an add-on to a class.