

OF THE PARK OF QUALITY & SEALER NO BOOKY DOES IT Better!

SALE EFFECTIVE JANUARY

TUE. WED. THURS. FRI.







USDA Choice Certified Angus Beef 90% Lean **Ground Beef** A healthy option!



Foley Fresh All Natural Haddock Fillet Skinless & boneless



Sahlen's Ham Freshly sliced!



Fresh Store Baked Large Kaiser Rolls ' Plain or seeded





Mott's **Apple** Juice **Assorted** 64 oz.



Campbell's Chunky Soup **Assorted** 15.25-19 oz.



Kellogg's Special K Cereal Assorted 11-13.1 oz.



Lean Cuisine **Entrées Assorted** 5.25-11.5 oz.



HIGHLAND FARK Pobody Does It Better!





USDA Choice Certified Angus Beef
Petite
Sirloin Steak \$6.99
Lean & tender!



USDA Choice
Veal
Cutlet \$ | 7.99



Fresh Meats & Old Fashioned Service!



USDA Choice
Certified Angus Beef

Bottom Round
or Rump Roast
Slow cook!

Slow cook!



USDA Choice
Certified Angus Beef Round
Lean Beef Cubes
For Stew
Slow cook!

Slow cook!



Bell & Evans
All Natural
Fresh Ground
Chicken
Extra lean!

Series 5.99
Lb.

Fresh Store Made!



Highland Park's Own
Marinated Pork
Tenderloin
Italian!

Highland Park's Own

Gourmet

Turkey Burgers

Sundried tomato & basil, black bean chipotle or spinach feta.

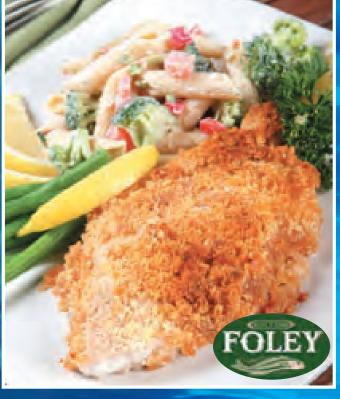
Packaged Meats!



OVER 130 YEARS OF QUALITY & SEAL TOBODY DOES IT BET







Foley Fresh All Natural Acadian **Redfish Fillet** Make fish tacos.

\$7.99_{Lb.}

Highland Park's Own **Panko Breaded** Haddock Fillet Bake!

Fresh Off The Boat

We are proud to offer you Foley fresh seafood!





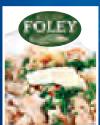
Pork Tenderloin with Sautéed Apples and Leeks

Recipe courtesy of Marthstewart.com

- 2 pork tenderloins (1 1/2 to 2 pounds total), trimmed of excess fat and silver skin
- 2 tablespoons olive oil
- 2 leeks, white and light-green parts only, halved lengthwise, and cut crosswise into 1-inch pieces
- 3 Fuji apples, cored and cut into 1/4-inch-thick slices and halved crosswise
- 1 tablespoon honey
- 1 teaspoon sherry vinegar or red-wine vinegar

Directions:

Heat broiler, with rack set 4 inches from heat. On a broiler proof rimmed baking sheet, rub pork with 1 tablespoon oil; generously season with salt and pepper. Broil, until pork registers 145 degrees on an instant-read thermometer, 12 to 14 minutes. Transfer to a plate, cover loosely with aluminum foil, and let rest, 10 minutes (temperature will rise about 5 degrees as it sits). Meanwhile, in a large skillet, heat remaining tablespoon oil over medium. Add leeks and fennel seeds; cook, stirring occasionally, until leeks are tender, about 6 minutes. Add apples, and cook, tossing, until just beginning to soften, 3 to 4 minutes. Remove from heat; stir in honey and vinegar, and season with salt and pepper. Thinly slice pork, and serve with apples and leeks.



Foley All Natural **Chopped Clams** Fresh!

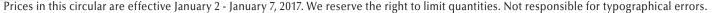
Foley Fresh All Natural **Haddock Fillet** Skinless & boneless!





Foley Fresh Jonah **Crabmeat** 6 oz. Handpicked!

16-20 Count **EZ Peel** Raw Shrimp All Natural



HIGHLAND PARK





Fresh Fruit Salad\$





Freshly Sliced in the Deli!

Rosemary **Cured Ham** Citterio

\$8.99_{Lb.}









Mortadella Citterio

\$5.99_{Lb.}

Hot Capicola Citterio

\$7.99

Genoa and Hard Salami or Grande Pepperoni Carando

\$6.99_{Lb.}

Alpine Lace









Need Dinner Ideas...in a Hurry?







Cavatelli With Meat Sauce Pasta Bowl \$ Portion
Highland Park's Own Highland Park's Own



Grilled Salmon \$4.99_{5-6 oz.}



Apricot Chicken Or Honey Mustard Chicken With Brown Rice Entrée \$5.99_{12 oz.}

Freshly Bakedfrom the Oven!



Fresh Store Baked Chocolate Chip Cookies



Fresh Store Made

Lemon **Blueberry Coffee Cake**

Fresh Store Baked • Olive Oil

Chabaso Ciabatta \$ **Bread**

Fresh Store Baked

Six Grain \$3.99_{Loaf}

Fresh \$ 1.00 lo oz. Pkg



130 Years of Quality, Value & Service!



Freihofer's Italian Bread

Assorted 20 oz.

Buy One Get One

FREE



Thomas' 6 Pack English Muffins

Original Only

Buy One Get One

FREE

Arnold Country Bread Assorted 24 oz.

2/\$5



Keebler Club Crackers Assorted 8.8-13.7 oz.

2/\$5



Keebler Fudge Covered Cookies

Assorted 6.6-15 oz.

2/\$5



Post Pebbles
II oz. or Raisin
Bran Cereal
20 oz.

2/\$5



Nabisco Ritz Crackers Assorted 7.5-15.1 oz.

^{2/\$}5



Nabisco Oreo Cookies Assorted 10-15.35 oz.

2/\$4



General Mills Golden Grahams Cereal

2/\$5



Sunshine Cheez-It Crackers Assorted 6-7 oz.

3/\$5



Nature Valley Granola Bars Assorted 6.7-8.9 oz.

4/\$10





Stock-up on Snacks & Beverages!

Frito-Lay Natural Potato Chips Assorted 6-8.5 oz.

2/\$6



Lay's Kettle Cooked Potato Chips Assorted 6.5-8 oz.

^{2/\$}5



Utz
Family Size
Potato Chips
Assorted 9-9.5 oz.

2/\$6



POSODY DOES IT BE

Check Out Our Savings in Every Aisle!

Betty Crocker Hamburger Helper Assorted 5-7.1 oz.



Hunt's 4 Pack Snack Pack Assorted 13 oz.







Best Yet Peanut Butter Assorted 16.3 oz.

2/\$**7**



Wish Bone Salad Dressing Assorted 12-16 oz.

2/\$4



Newman's Own Salsa Assorted 16 oz.

2/\$\(\(\)



Chock full o'Nuts Coffee

Assorted 10.3-11.3 oz. **Excludes Decaf**



Angel Soft 12 Double Roll **Bath Tissue**

\$5.99



Newman's Own 9 Pack Juice Assorted 60.75 oz.



Adirondack Soda or Seltzer 2 Liter Assorted Plus Dep.



Sparkle 8 Roll **Paper Towels**

\$5.99





Need Some Party Ideas?

Fanta or Fuze 2 Liter Assorted Plus Dep.



Powerade Sports Drink Assorted 32 oz.



Mist Twist or **Schweppes** 2 Liter Assorted Plus Dep.

Pepsi 6 Pack



Assorted 16.9 oz. Btls. Plus Dep.



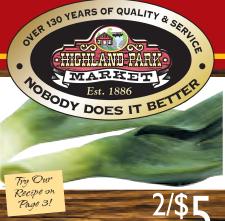
Bertolli Meals Assorted 24 oz.

Coca~Cola 12 Pack Assorted 12 oz. Cans Plus Dep.

HATEOUT.

Fresh from the Farm!

Our produce is selected from the finest growing areas during each season's peak!





Escarole Great for soup



Fresh Garlic

Plum Tomatoes Ripe \$1.49_{Lb.}

Sweet Onions

Assorted Baby Potatoes 24 oz. Bag

Organic



Granny Smith Apples Organic



Microwave Spinach

Olivia's Organics • 9 oz. Pkg



Celery Heart Olivia's Organics

2/\$5

POM Wonderful **Pistachios** 24 oz.

\$9.99_{Ea.}



Chatham **Village** Croutons

Assorted 5 oz. Pkg. Excludes Gluten Free



Carlson **Orchards Apple Cider** Gallon

\$5.99_{Ea}



317 Highland St. Manchester, CT 06040

Telephone: 860-646-4277 Store Hours: Mon.-Sat. 8am-9pm Sunday 8am-6pm

1320 Manchester Rd. Glastonbury, CT 06033

Telephone: 860-659-1717 Store Hours: Mon.-Sat. 8am-9pm Sunday 8am-6pm

1721 Boston Turnpike Coventry, CT 06238

Telephone: 860-742-7361 Store Hours: Mon.-Sat. 8:30am-8pm Sunday 8:30am-5pm

204 Main St. Farmington, CT 06032

Telephone: 860-674-9536 Store Hours: Mon.-Sat. 8am-9pm Sunday 8am-6pm

68 Bridge St. Suffield, CT 06078

Telephone: 860-668-9660 Store Hours: Mon.-Sat. 8am-9pm Sunday 8am-6pm

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