Propulsion of a Two-Sphere Swimmer

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We describe experiments and simulations demonstrating the propulsion of a neutrally buoyant swimmer that consists of a pair of spheres attached by a spring, immersed in a vibrating fluid. The vibration of the fluid induces relative motion of the spheres which, for sufficiently large amplitudes, can lead to motion of the center of mass of the two spheres. We find that the swimming speed obtained from both experiment and simulation agree and collapse onto a single curve if plotted as a function of the streaming Reynolds number, suggesting that the propulsion is related to streaming flows. There appears to be a critical onset value of the streaming Reynolds number for swimming to occur. We observe a change in the streaming flows as the Reynolds number increases, from that generated by two independent oscillating spheres to a collective flow pattern around the swimmer as a whole. The mechanism for swimming is traced to a strengthening of a jet of fluid in the wake of the swimmer.

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The mechanism by which self-propulsion through a fluid is achieved has fascinated scientists of many disciplines, and the public alike, for aesthetic, practical, and fundamental scientific reasons [1–5]. In biology and biomechanics the mechanisms behind the way organisms swim gives insight into their biological function and purpose [1,2,6,7]. Recently, the design of efficient “robots” able to navigate themselves through various fluids has become an important technological and medical challenge that brings together elements of physics, chemistry, biology, engineering, and fluid mechanics [8–10]. Microscopic artificial swimmers have been proposed for use in targeted drug delivery; see, for example, [11–13].

Purcell’s scallop theorem states that at zero Reynolds number an object cannot swim using a time-reversible stroke: it will end up going back and forth with no net displacement [3]. Many types of small creatures, for example, insects and aquatic invertebrates, swim at intermediate Reynolds numbers (1–100) [14]. In these cases, time-reversal symmetry is broken by nonlinearities in the fluid dynamics rather than by the nature of the stroke. For such swimmers, an interesting question arises: how does the motion evolve as the Reynolds number is increased from zero? It has been argued that symmetrical objects with symmetrical strokes such as flapping wings have an onset for motion at a critical Reynolds number [15–18], whereas asymmetrical objects or strokes have a continuous transition as the Reynolds number is increased [19].

A central problem when designing a practical artificial swimmer is how to get energy into the system. Methods based on electromagnetic or chemical actuation have been developed [13] and currently there is interest in using acoustic techniques to generate propulsion through the oscillation of entrapped air bubbles [20,21]. Vladimirov proposed an alternative mechanism that may lead to swimming based on a deformable object which is neutrally buoyant, but composed of coupled spheres with different sizes and densities [22]. Such an object can generate relative motion of its parts if immersed in a vibrating fluid; this motion may lead to swimming. However, his calculations in the absence of fluid and particle inertia predicted that such an object will not swim if subjected to unidirectional oscillation. Here we pose the question: can an experimental realization of this object be made to swim at higher Reynolds numbers, and, if so, what is the method of propulsion and the nature of the transition to swimming?

In this Letter we describe experiments and simulations demonstrating the propulsion of a pair of spheres attached by a spring, immersed in a vertically vibrating fluid. We consider two particular realizations of this object: one with unequal-sized spheres and the other with equal-sized spheres. In both cases, the density of the spheres is different from one another and from the liquid in which they are immersed; however, the object as a whole is neutrally buoyant. We find that both designs swim for sufficiently high amplitudes of vibration; the unequal-sized spheres swim upwards, in the direction of the larger, less dense sphere, whereas the equal-sized spheres swim downwards, in the direction of the higher density sphere. The data for the swimming speed are found to collapse both in experiment and simulation when scaled appropriately with the streaming Reynolds number, suggesting that the streaming flows induced by fluid nonlinearities play a central role [23]. Furthermore, the apparent onset of motion appears to be governed by a critical value of the streaming Reynolds number. The mechanism for propulsion is traced to a
change in the topology of the streaming flows that transition from those of two noninteracting spheres when the dimer is stationary, to a collective flow around the object, at the apparent onset of swimming. The flow field shows a strengthening of a jet of fluid behind the swimmer.

The dimers were constructed from two spheres joined together by a small coil of wire. Examples of the asymmetric and symmetric dimers are shown in the insets to Figs. 1 and 2, respectively. Details of their construction and the experimental setup are given in the Supplemental Material [24]. The dimers were designed so that they could be made neutrally buoyant in a salt-water solution. The solution was vibrated vertically at a given frequency, \( f \), amplitude, \( A \). The dimensionless acceleration of the cell \( \Gamma = A^2 (2\pi f)^2 / g \) was varied between 1 and 20, where \( g \) is the gravitational acceleration. The frequency ranged from 30 to 135 Hz.

As the cell vibrated, each sphere had a different amplitude and phase relative to the fluid motion due to differences in the size and/or densities of the two spheres. At low amplitudes of vibration of the cell the spheres oscillated vertically, but no net time-averaged motion of the center of mass of the spheres could be observed within experimental error. Beyond a certain threshold the dimer started to move; increasing the amplitude made the dimer swim faster.

To obtain the velocity of the dimer, the vibration was initiated abruptly under fixed \( \Gamma \) and \( f \), and the motion of the dimer was filmed using a high-speed camera. The movies show that the separation of the spheres varied sinusoidally (indicating that the coiled wire acted as a linear spring to a good approximation). From such movies the steady-state velocity of the dimer, \( v \), and the relative amplitude of the two spheres with respect to each other, \( A_r \), were obtained. \( A_r \) is the amplitude of the relative motion of the two spheres that comprise the swimmer. Note that \( A_r \) and the driving amplitude of the cell are different; \( A_r \) increases approximately linearly with \( A \). As far as the motion of the spheres is concerned, in the rest frame of the cell, \( A_r \) and \( f \) are the only relevant driving parameters. As can be seen from the movies [24], the motion of the spheres was predominantly along the vertical line through their centers; there was very little sideways “wagging” movement.

Figure 1 shows the data obtained for the two asymmetric dimers, which swim upwards in the direction of the larger sphere. The data collapse (within the scatter) when plotted in terms of the dimensionless combinations \( v / f L \), and the streaming Reynolds number \( \text{Re}_s = A_r^2 / \delta^2 \). Here \( L \) is the diameter of the larger sphere and \( \delta = (\nu / 2\pi f)^{1/2} \) is the viscous length in terms of the kinematic viscosity \( \nu \). \( \text{Re}_s \) is one of three dimensionless ratios that can be defined from the length scales \( A_r, L \), and \( \delta \) and characterizes the time-averaged (steady) flow [23,29]. In our experiments \( L \gg \delta \) which results in a configuration of the time-averaged flow around each sphere that has inner and outer loops [23,30]. The data are consistent between the measurements obtained from two nominally identical, asymmetric dimers, indicating that small differences in construction such as variations in the shape of the loop of wire and of the shape and amount of glue have little effect. The collapse in terms of \( \text{Re}_s \) shows

FIG. 1 (color online). Main panel shows the experimental data collapse for the unequal-sized swimmer that swims upwards. The driving conditions are the following: blue stars \( f = 65 \) Hz, light blue triangle down \( f = 75 \) Hz, pink hexagons \( f = 85 \) Hz, cyan circles \( f = 95 \) Hz, yellow triangle up \( f = 105 \) Hz, green triangles right \( f = 125 \) Hz, green diamond \( f = 135 \) Hz. In all cases the viscosity was 1.2 mm²/s except for one data set (turquoise diamond \( f = 135 \) Hz) where the viscosity was 2.5 mm²/s. Simulations for \( \Gamma \) between 2 and 20 and frequencies \( f = 65, 75, 100, 125 \) Hz are shown by the red plus symbols for comparison. The lower inset shows a close-up of the experimental data (\( f = 125 \) Hz) shown in the main panel near the apparent onset. The upper inset shows a photograph of the swimmer when stationary.

FIG. 2 (color online). Main panel shows the experimental data collapse for the equal-sized swimmer. The driving conditions are the following: blue stars \( f = 30 \) Hz and green triangles right \( f = 35 \) Hz. Simulations for \( \Gamma \) between 2 and 12 and frequency \( f = 30 \) Hz are shown by the red plus symbols for comparison. The inset shows a photograph of the swimmer when stationary.
that the motion is related to streaming flows generated by the vibration of the dimer. The lower inset shows data taken at low amplitudes of vibration and suggests a sharp increase in velocity at $Re_s \approx 20$.

Figure 2 shows the behavior of the equal-sized dimer. In this case it moves in the opposite direction, downwards, with the heavier sphere at the front. The data illustrate that the speed and direction of motion depends on the densities and sizes of the spheres, as well as the gap between them; if the two spheres are sufficiently far apart, the dimer will not swim. The main reason for considering this system is that it is arguably one of the simplest objects that can be made to swim. Note that it was difficult to design dimers made of equal-sized spheres of different densities that can be made neutrally buoyant in salt solutions, and have sufficient mass difference between the spheres to generate enough relative motion to induce swimming. Hence the relative paucity of data compared to that obtained for the unequal-sized dimers.

We now ask the question: what is the cause of the motion? To address this we first imaged the flow using tracer particles illuminated by a planar laser sheet in the plane containing the centers of the two spheres of the dimer. Figure 3(a) shows a photograph of the asymmetric dimer taken with an exposure time of one period of oscillation, revealing the motion of the tracer particles. In this image the dimer is close to the onset of motion. A downward jet originates from the vicinity of the lower sphere [24]. Similar behavior was found for equal-sized spheres, except that the strong jet was generated by the upper, lighter sphere, causing the swimmer to swim downwards.

In order to investigate the motion of the spheres and the fluid in detail we used simulations which were based on an embedded boundary method described previously [30–34]. The fluid was assumed to obey the Navier-Stokes equations which were discretized on a staggered mesh [35] and solved using the projection method [36] to ensure incompressibility of the fluid. The interaction between the fluid and the rigid spheres was achieved through the template model, which introduces a two-way coupling between the particles and the fluid [33]. The spheres were joined by a linear spring as in the experiments. An equal and opposite force was applied vertically to the spheres to mimic the effects of static buoyancy, rather than imposing the effect of gravity directly on the fluid. The influence of vibration was introduced by applying a sinusoidal acceleration to the fluid and particles, so that the simulations were carried out in the frame of reference of the vibrated cell.

The computational parameters of the swimmer (size, density, and gap) and fluid (viscosity and density) were chosen to match the experiments. However, any interaction of the wire with the fluid was ignored and the dimers were assumed to be made of perfect spheres. Details of the parameters used are given in the Supplemental Material [24]. One difference between experiment and simulation is that the simulated cells are smaller due to computational limitations. Examples of the simulated data are shown in Figs. 1 and 2 by the large red plus symbols. There is clearly good agreement between the simulations and experiment despite the numerical limitations arising from the simulated cell size and possible fluid lattice effects.
The simulations allow us to determine in more detail the fluid flows generated by the motion of the spheres induced by the vibration of the cell. This flow is best illustrated by plotting the direction of the velocity field in the vertical plane through the center of the two spheres. Examples of these flows for the two unequal-sized spheres, time-averaged over a cycle, are shown in Figs. 3(b) and 3(c). At low amplitudes, Fig. 3(b), there are two outer vortex rings around each sphere, marked by crosses. This is the flow pattern expected if the flows of the two spheres do not interact strongly [29]. Under these conditions the time-averaged center of mass of the two spheres remains stationary: the dimer does not swim.

As the amplitude increases, the flows grow in strength, but more importantly, the flows around each sphere start to interact strongly. The lower loop of the upper sphere is forced towards the surface of the sphere and reduces in size. Eventually, for sufficiently high amplitudes, there are only three vortex loops, as shown in Fig. 3(c). A jet of fluid directed downwards from the smaller sphere can be observed from the plot of the normalized velocity field, Fig. 3(c), and from experiment, Fig. 3(a). Under these conditions, the swimmer moves upwards, in the opposite direction to the jet.

Simulations also allow us to vary parameters which are not easily accessible experimentally, such as a wider range of fluid viscosities, as shown in Fig. 4. When the dimer is moving there are four independent length scales: $v/f$, $A_\Gamma$, $L$ and the viscous length $\delta$. We obtain the best data collapse if $v/f$ is made nondimensional by dividing by $L$ rather than either of the other two length scales (see Supplemental Material [24]). Figure 4 shows the simulation data plotted in this way indicating data collapse, the same way as the experimental data collapse shown in Fig. 1. The lower right inset to Fig. 4 shows typical trajectories after vibration has been applied. There are a few seconds of transient motion before the steady-state velocity is reached.

Figures 1, 2, and 4 all show that $v/fL$ scales approximately linearly with the streaming Reynolds number $Re_s$ for sufficiently large amplitudes $A_\Gamma$. This behavior is different from that observed for magnetic granular snakes [37] and rigid dimers on surfaces [31]. A simple argument can be constructed to explain the scaling behavior. Taking the unequal-sized swimmer as an example, the smaller sphere has a much larger amplitude of motion than the larger sphere (see movie in the Supplemental Material [24]). The smaller sphere acts as a pump, imparting downward momentum to the fluid. The reaction force on the small sphere is equal and opposite to the rate of momentum transfer to the fluid. Its magnitude is proportional to the square of its speed $(fA_\Gamma)^2$, the fluid density $\rho$, and a geometric factor proportional to $L^2$. In this simple model, the force is balanced by Stokes’s drag on the larger sphere which scales as $6\pi\eta L v$ with $v$ the velocity of the swimmer and $\eta$ is the dynamic viscosity of the fluid ($\rho \nu$). By equating the two forces we obtain $v/fL$ proportional to $Re_s = A_\Gamma^2/\delta^2$ as observed in the data for large amplitudes.

Note, however, that this particular scaling behavior is not expected to hold generally as there are four independent length scales in this problem, and therefore three independent dimensionless ratios of lengths. The argument presented above is only expected to hold in the limit $L \gg \delta$.

The analysis given above assumes a strong asymmetry of the flows around both spheres, an assumption that breaks down at lower Reynolds numbers, as shown from the flow patterns in Fig. 3. In both experiment and simulation there appears to be a critical onset value of $Re_s \approx 20$ for swimming to occur, obtained by extrapolation of the data to $v = 0$. It has been argued that asymmetric objects have a continuous transition to swimming [19]. This is not necessarily inconsistent with our observations. For $Re_s$ below the apparent onset it is difficult to determine whether $v$ is strictly zero or is just small: experimentally it is difficult to ensure that any small center-of-mass motion is not due to residual buoyancy; in simulation, lattice effects may influence the motion when the amplitudes of the spheres become comparable to the lattice spacing. The existence of an apparent onset to motion has also been observed in an asymmetric flapping wing [17] and the “acoustic scallop” [20]. The good agreement between the experiment and simulation for our system allows us to conjecture that the apparent onset of motion arises from the change in topology of the streaming flows.

The examples presented here show a rich variety of behavior but only represent a small part of the parameter space. A systematic investigation into the influence of the
overall size of the dimer, the ratio of the sphere diameters, the sphere density ratios, and the gap width would be informative. It would be of interest to make a fully self-propelled swimmer based on the relative vibration of two spheres, driven by an internal linear motor, since such swimmers would not be constrained to move along one axis. Collections of such swimmers might be expected to exhibit interesting cooperative behavior induced by interacting streaming flows [30,32,33,38,39].
