

Bringing In Bank - DAY 2

HOW TO MAKE CONTENT CREATION EASY AF
SO YOU NEVER NEED ANOTHER CONTENT CALENDAR AGAIN
(AND YES, YOU'LL STILL BE CONSISTENT, I PROMISE)

JOURNAL PROMPTS

List all topics you can help clients with - break them into ones that bore you TO death and make you say "kill me now", and the ones that get you excited that you usually can't shut up about under "wet pussy". List everything because it's also really helpful to know what you **won't** do and to call that out in your content.

KILL ME NOW

WET PUSSY

USE THESE AS CONTENT PROMPTS TO GET THE JUICES FLOWING

- ▶ What do I have to say about _____ today?
 - ▶ How have I recently helped a client or friend with one of these topics? Tell us about it.
 - ▶ What do I think people have all wrong about _____(topic on list)?
 - ▶ What are my thoughts?
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PRACTICE THESE MINDSET BELIEFS DAILY

- ▶ Whatever I have to say is exactly what my people need to hear.
- ▶ If it's relevant for me, it's relevant for my people.
- ▶ Everything I say and share makes me money and deepens the relationship with my audience.
- ▶ It's safe to share whatever the fuck I want.
- ▶ It's safe to trigger people and have opposing opinions.
- ▶ My audience loves and supports me - haters are energetically blocked
- I always know exactly what to say.
- ▶ Content pours out of me and I always have so many amazing ideas.
- ▶ I never have to force myself to produce content - I always have things my people need to hear.
- ▶ I get to be a multidimensional human and share all parts of me.
- ▶ It's safe to be seen.
- ▶ It's safe to make money just being myself on the internet.

ACTION STEP OF THE DAY

I'd love to invite you to share something in the Visible AF group that you've been holding back on.

Check in with your body on this one - don't do anything that will send your nervous system into a total freak out. Instead, see where you can lean in and find that edge of nervous/excited/relief.



I've been
holding back on

Inside the Facebook group, share
what you've been holding back on.