
CHAC
COMMUNITY HEALTH AWARENESS COUNCIL

2020–21 Annual Report
Dear Friends of CHAC,

*Back Together, Again* is the name of CHAC’s innovative, hugely successful classroom program to reduce student anxiety through non-verbal, creative artistic expression. The program evolved from the pilot outlined on page 6, and has been scaled up and implemented at all Los Altos School District schools. It circumvents the inadequacy of narrative skills to convey emotions ineffable to the student, and overcomes this ineffability by unleashing the primitive impulse to draw, thus describing those emotions graphically. The program then relies on trained professionals to guide students toward comprehending the depicted emotions and to help the students feel understood, accepted, valued, and secure.

The program is preventive care for the emotional well-being of students in these uncertain times, but its title reminds us that we have been here before, full of hope last spring for a return to pre-pandemic life and the simple joy of exchanging smiles unmasked, only to have highly contagious virus variants and breakthrough cases put that hope on hold. The prospect of having to co-exist with Covid-19 for a very long time becomes ever more likely, and with it, a gnawing, pervasive angst that transcends even the dread of falling ill with the disease itself.

This seemingly ubiquitous anxiety has caused the demand for mental/emotional health services to mushroom. At the most recent MVLA Board meeting, a Stanford professor of psychiatry, pediatrics and education said that the past three months have seen a dramatic increase in students in this district, and districts all around Santa Clara County, seeking support for mental health conditions such as depression, anxiety, family struggles, and—in some cases—suicidal thinking. He proceeded to point out that this increase has stressed mental health therapists to the point of burnout and compassion fatigue.

Clearly, the demand for CHAC’s services is greater than ever, but we are trying to satisfy that demand with the same level of resources that we had before the pandemic and its resultant societal displacement—a level that already had necessitated wait lists for vital services. You can see in these pages a sampling of CHAC’s impressive accomplishments at the current level of support. What you can’t see are the lives we could have improved and the suffering we could have prevented or alleviated if only we had more resources.

The conclusion is inescapable: CHAC must grow to meet the already grown and still growing demand.

As always, we are enormously grateful for your support, and we hope the information in these pages will make you proud to have provided that support. I hope also that we will soon be back together, again, at an event where I can thank you in person.

Please stay healthy, my friends.

*Phil Faillace*

Phil Faillace, CHAC Board Chair, FY’21-22
Dear Friends of CHAC,

As I review this report, I am reminded—again—of just how much changed in our lives, our agency, and our world as the pandemic continued.

I also find myself grateful for many things. I’m grateful that CHAC migrated to a HIPPA-compliant digital health records system so that we had the infrastructure to quickly pivot to tele-health. I’m especially grateful to our staff of talented and dedicated clinicians who implemented that pivot with uninterrupted counseling services to ensure important continuity of care for our clients. We help our kids stay engaged in distance learning with creative tele-health solutions and maintained an important human connection they so desperately needed in the pandemic. And I’m so very grateful to you, our supporters, for making it your personal commitment to ensure that critical mental health services remain available in our community by giving to CHAC.

At the same time, there are concerns that we must continue to address as an agency going forward, to meet the increasing need for access to mental health services for everyone. There are at-risk individuals and families in our underserved communities who have been disproportionately affected by the pandemic. Individuals of color in all our communities face the effects of systemic racism in our society every day affecting their mental health. Our children, who are keenly attuned to the worries and fears that they sense in the adults in their lives, risk growing into adulthood with anxiety or depression. Parents, who have had to adjust to so many new roles, carry the weight of positive parenting for their children despite their many stressors. All these concerns—to name a few—underscore that accessible and affordable mental health services in our community MUST continue to be made available for us to be able to effectively navigate these difficult times.

At CHAC we continually seek ways to adapt and respond to meet the changing needs of our world. We don’t know the full effects of the pandemic yet, but, what we do know is that there will be a long tail on the mental health impact. We are adapting both our counseling services and increasing prevention services to meet the need. With your continued support, CHAC will be well-positioned to effectively serve EVERYONE who needs our services well into the future, to continue to strengthen our communities through the mental wellness of each and every person.

With gratitude,

Marsha Deslauriers
Executive Director
In 2020-21:

CHAC therapists supported the psychological and emotional well-being of 1,040 students in grades K-12 in 35 schools across four school districts with 10,581 hours of group and individual counseling and social-emotional learning programs.

CHAC clinicians provided 3,057 hours of free parent/caregiver consultation in support of their child.

CHAC clinicians helped 435 individuals of all ages benefit from 7,500 hours of professional emotional support via tele-health through our in-house clinic program.

CHAC’s Family Resource Centers helped more than 8,300 individuals and families build and maintain healthy parent-child connections and receive essential personal supplies.

CHAC’s Latinx Program served 152 clients with 1,603 hours of culturally attuned care for individuals and/or families in need.

CHAC clinicians helped 20 individuals gain insight and empowerment through over 476 hours of psychological assessment.

CHAC’s Summer Bridge Program provided free counseling services to 190 students who expressed a need for counseling support through their summer months.

CHAC educated 86 future mental health practitioners with valuable didactic training and practicum experience.

“This is such an important time for students to have access to connections with caring people who can help them learn tools such as self-care and coping strategies. We are seeing a decline in motivation and self-esteem for students across multiple grade levels. School is their community, a safe place to learn, socialize, and feel a sense of belonging. With school being virtual, and limited interactions with peers and staff many feel lonely and have lost motivation to try their best academically. Talking to a CHAC counselor gives the student a safe place to express these feelings and connect them with another person who cares, increasing their self-esteem and self-worth.”

—Rachel Boone,
Sunnyvale School District Social Worker/Counseling Coordinator

Revenues: $4.516M
Includes In-Kind Revenue.

- Government Grants/Contracts 21%
- Contributed Clinical Services 18%
- Program Service Fees 18%
- Joint Power Agencies 24%
- Corporate & Foundation Grants 11%
- Individual Contributions 6%
- Other Income 2%

Expenses: $4.291M

- Direct Program Services 84%
- Administration 10%
- Fundraising 6%

The FY21 surplus allowed CHAC to increase assets in our operating reserve. A healthy operating reserve ensures the stability of the mission and programs in the event of unexpected cash flow shortages due to economic conditions. A detailed financial statement is available for viewing at chacmv.org.
Celebrating the Year

COVID changed everything, including the means by which CHAC served our community. After the agency’s quick pivot to tele-health in March 2020, our clinicians continued to provide services to all clients by phone and video through the end of FY 2020-21.

During the pandemic, CHAC’s services have been desperately needed to help families cope with the stressors of devastating economic impacts, being forced to stay at home in close quarters, and dealing with the multiple roles suddenly required of parents. Thanks to our supporters and partnering agencies, we have been able to continue providing accessible and affordable mental health services to all who need them, regardless of ability to pay, and to successfully adapt our offerings to a virtual world.

Therapist Training

Last summer, CHAC on-boarded and trained our new therapists remotely through Zoom/video to prepare them to service clients through tele-health. This required revamping our in-person week-long Orientation to a Zoom platform as well as the writing, production, and dissemination of new video content for our entering cohort.

CHAC on the Front Line

Although the need for affordable and comprehensive psychological assessments using best practice assessment models and evidence-based testing measures did not go away during COVID, such services could not be provided virtually. In compliance with the CDC and Santa Clara County Department of health guidelines, CHAC was able to start offering assessments in person with physical distancing and PPE starting in August 2020.

Connecting During Difficult Times

Throughout shelter-in-place, CHAC has regularly presented free virtual events on topics such as mindfulness, coping and thriving, and supporting families’ mental health during COVID. In March, CHAC worked with community leaders from Los Altos and Mountain View and members of our Teen Advisory Council to present bedtime stories for grades K-3.

To celebrate Mental Health Awareness Month in May, CHAC held weekly free events highlighting innovative ways to connect with others, how parents can help their teens succeed, and self-care and support across diverse communities. Called "Unlocking Our Inner Strengths with CHAC," the events were held against a backdrop of peer-to-peer crowdfunding to raise money to help promote mental wellness in the wake of COVID. Thanks to a $25k matching gift put up by an anonymous benefactor and sponsorships from LinkedIn, Google, and Santa Clara Family Health Plan, the event raised more than $100k for CHAC.

Unlocking Our Inner Strengths with CHAC

Engage, Celebrate, & Support Mental Wellness

Presented in partnership with LinkedIn

Thanks to Our Sponsors

Community Champion: Google
Community Advocate: Santa Clara Family Health Plan

Addressing an Unforeseen Need

An increased demand for live translation services due to distance learning and tele-health standards required our clinicians to collaborate effectively with non-English-speaking parents/guardians. We solved this challenge by adding in-person Spanish translation capacity as well as a telephone-based, real-time translation service that provided 240 languages and was available 24/7.

Standing Together Against Hate

In March, CHAC’s DEI Committee released a letter expressing solidarity with the AAPI community and urging everyone to public stand against anti-Asian hate and violence.
FRCs Step Up

To keep our community served and engaged during the pandemic lockdown, CHAC Family Resource Centers (FRCs) re-imagined services that aligned with other CHAC services that addressed health and safety practices.

Since April 2020, in partnership with FIRST 5 Santa Clara County, CHAC FRCs staff and volunteers have participated in a supply distribution program at multiple sites for families with young and school-aged children. The supply distribution events provided diapers & wipes, formula, family activity kits, parent stress kits, cleaning supplies, PPEs, and feminine hygiene products to families in need.

The CHAC FRCs team also pivoted to providing online services, adding components to their peer support offerings. Education and discussions were offered for:

- Support for parents caring for high-needs children.
- Caregivers developing vocabulary and relationship with their emotions and emotional expression.
- Self-care & resilience tools for parents in the new home reality.
- Family members to build up their voices and speak up for their needs with the correct resources in the community (i.e., job leaders, home rental issues, immigration, legal matters).
- New family engagement activities designed for building relationships between parents and children.

In November, CHAC FRCs and clinicians piloted a Family Success Teams model that helped connect families served by in-house or school counseling programs with CHAC FRCs Community Workers to expand their support networks in the community. And in May 2021, the FRCs revived services focused specifically on father figures by creating themed parent-child interactive sessions.

Facilitating Expression through Innovation

In the spring, CHAC completed a pilot of an arts-based enrichment and expression program, “Back Together,” to help reduce the anxiety of students returning to campus. The program was piloted across three groups in two schools and was designed to support elementary school students in making a healthy transition back to on-campus learning and the school community. The results, measured by teacher and student surveys, were overwhelmingly positive. Los Altos School District (LASD) was very quick to embrace it, and this fall the program is being implemented as a collaboration between CHAC and LASD in all LASD classrooms.

Serving the Latinx Community with Dignity and Compassion

The pandemic hit underserved communities particularly hard, and CHAC’s Latinx Program continued to serve individuals and families in their first language and with cultural competencies. In May, CHAC’s Family Resource Centers and Latinx Program presented a Celebration of Health and Well-Being in Spanish that aired on KMVT and online.

Concluding the Year on a High Note

In June, the Mountain View Chamber of Commerce recognized CHAC as an Outstanding Organization during its annual Celebration of Leaders event. We were most grateful for the honor.
Adapting School Services for Remote Learning

Although some students returned to the classroom later in the school year, the shelter-in-place orders (and later, district guidelines) necessitated that all CHAC counseling and SEL services be provided via tele-health for the entire year.

Upon school closures, CHAC’s therapists began providing tele-health services directly to our young clients to help them navigate feelings of loss, confusion, and fear, but quickly found that many students had difficulty sustaining full therapy sessions online. With an understanding that parental behavior has a bi-directional effect, CHAC shifted our efforts to include increased parental support, and by using the balance of session time for parent coaching and support, increased our hours of parental contact by 91%.

CHAC’s Social Emotional Learning (SEL) program also required some re-imagining. In summer 2020, the program pivoted to focus on support for parents as the best way to help kids. CHAC staff developed nine videos to support students and families with SEL activities. During the fall, while SEL school programs were suspended, staff also developed the curriculum for two new online SEL skills programs to support the social and emotional needs of students: PLUGGED IN virtual groups and a PLUGGED IN independent curriculum. Both programs included learning activities designed to appeal to a variety of learning styles and interests for 3rd, 4th, and 5th graders. They addressed the increased need for social interaction during the pandemic for students feeling isolated at home and provided emotion regulation skills to help students give names to their emotions and manage them in healthy and productive ways. In anticipation of a virtual program being offered during the spring term, CHAC staff had created 34 YouTube videos for students to follow and carry out fun independent activities without parental involvement. These videos formed the basis for the PLUGGED IN independent curriculum.

Cases in Point

Success with school counseling is measured by whether the student has made steps towards progress. Although these steps are not always monumental, they make a big difference in quality of life for students and families and can set the stage for academic success. Here are some examples of how CHAC counselors stepped up to use creative methods to help students remotely during COVID:

“Randy” was referred for CHAC school-based counseling services for the second year as an ERMHS (Emotionally Related Mental Health Services) student. Randy had many emotional challenges that kept him from learning due to his many absences. As a single parent, Randy’s mother struggled to keep her son engaged in school. In the prior school year, Randy spent much of his time asleep in the classroom and was only able to attend a handful of counseling sessions due to his low mood and lack of self-efficacy and industry. As a result of the COVID-19 pandemic and distance learning mandates, Randy spent the 2020-21 school year at home but rarely logged on to class and still exhibited low mood and energy. The CHAC counselor assigned to provide Randy with tele-health counseling this year slowly began to engage him in sessions by asking about his interests and sharing his small dog with Randy on-screen. Randy began to actively engage with his CHAC counselor through their mutual love of animals. His CHAC counselor also acted as a positive male role model for Randy—one who could relate to him as a preteen boy but could also model the sharing of thoughts and feelings. As a result of their positive relationship, Randy attended nearly all his counseling sessions and was able to explore his difficulties and strengths in a safe environment. By spring, Randy was able to log onto his classes and began to experience more successful school days.

“Amy” was a 4th grader who had struggled for years with Selective Mutism. Her inability to communicate was affecting her school engagement and her relationships...
with those outside her immediate family. Amy had only been able to attend her previous tele-health counseling sessions during summer 2020 by sitting in her mother’s lap. For the following school year, the CHAC counselor assigned to Amy, with the support of her supervisor, decided to attempt to engage Amy one-on-one in tele-health sessions without Amy’s mother present. For several months, the counselor patiently engaged with Amy by drawing with her and playing soothing music even though Amy did not speak. Through this steady, non-pressured, and supportive relationship, Amy finally began to use words to express herself in session. Recognizing that another student with CHAC services also struggled with communicating, the CHAC counselor decided to engage these two clients together with the hopes that the peer support would be most effective for each of them. This intervention proved to be highly successful with each student eventually actively communicating with each other and the CHAC clinician.

“Bobby” was referred for treatment due to low academic performance, disruptive behavior, and low social engagement. Bobby’s mother, “Tessa,” reported difficulties balancing work with family needs since the pandemic, stating that having to manage her son’s behavior was difficult when she was required to be at work. The therapist used social rhythm therapy and parent management training to improve Tessa’s time management, scheduling, and disciplining skills, specifically focused on scheduling time for Bobby to help Bobby attend school during distance learning. Tessa was encouraged to work directly with teachers and other school staff to find ways to help Bobby engage in school. The therapist and medical professionals also worked with Tessa to determine practices to help ensure Bobby’s continued health and emotional well-being despite limited resources during the ongoing pandemic.

“Maria,” a Latinx five-year-old, was referred for panic attacks and anxiety—particularly regarding COVID-19—as well as social anxiety related to starting a new class in a virtual environment. Maria would regularly request to go to the hospital due to somatic complaints (headaches, stomachaches, pain, feeling of dying) with no reported medical issues found. Maria would not engage or participate in class, frequently muting herself or turning off her video. Maria and her CHAC therapist began expanding her emotional vocabulary beyond “good” and “bad” by creating emotion characters and practicing identifying emotions and what they feel like in the body, resulting in improved emotional self-awareness. They also engaged in play therapy by drawing characters and practiced social skills to befriend each other. Maria ultimately learned that anxiety is normal and how to manage her own through newly learned coping skills (deep breathing, stretching). She also un-muted herself and participated in social free time in class.

“We have worked with CHAC for many years. We went into the pandemic with a strong partnership and this relationship was critical as we weathered the storm. As we move to a restorative start, we are pleased to continue with an even stronger partnership and services for our students and families.”

—Tasha Dean, Assistant Superintendent of Student Services & Special Education, SESD
Your gift to CHAC is a gift of love

In Honor of/Inspired by:

Emily Arcolino
George Wortiska

Lyn Balistreri
Anonymous (2)
Viana Gerke
Alison Packard
Matthew Siegel

Sandy Bergan
Van Freidin
Alison Kibrick
Jamila McConnell
Irene Smith
Jerry Wright

Elise Bergeron
Anonymous
Laura & Mike Berman
Lauren Chudzik
Ken & Devon Conley
David & Anula Gilmour
Matt Grunewald
Família Lee
Jason Li
Gwill York

Laura Blakely
Susi Merhar
Sarah Chang

CHAC Counselors for Huff Elementary
Anonymous

CHAC Interns
Phil Faillace

Shannon Fitzpatrick
"Thank you for all that you do to help kids!"
—Keith Mello

Monique Kane
William Heinz

Mira Kaufman
"Thank you for all the amazing work you do."
—Erica Wiltermuth

Joan MacDonald
Paul Davis & Jade Thuma
"Thank you, Joan, for all you've done for our community."
—Marilyn Gildea

Bill and Terry Hewins
"Joan we love you and are so inspired by you. Thank you for being the most amazing neighbor, teacher, mentor, and advocate!"
—Christa, Scott, Hailey, Luke, and Maverick

Jessica Mancini
Caroline Buckway

Madeline F. Pascua
"We are very proud of your loyalty and dedication to your work at CHAC! Lots of love, Papa and Mama"
—Erlina Febre-Pascua & Percival Pascua

"The work CHAC does is crucial to our communities. Keep up the amazing work!"
—Melanie Gasmen-Fleck

Ron Pilato
Anonymous (2)
Theodore Fouts
Jacob Karbiner
Dr. Juliet Rohde-Brown
Deborah & Deandra Suer

Massimo Prati
Alison Simms

Terri Rose
"Merry Christmas, Mom! Thank you for all that you do for families in need. We hope this donation helps. Love you!"
—Josh Rose & Elizabeth Dinapoli

Shali Sirkay
Amy Sandjideh
Eric Shiu
Tanya Ghosh

Lauren Stroshane
Jan Ambrosini & Tim Stroshane

George Tyson
Anonymous
Robert and Vera Elson
Terry & Mauri Kearney
Lisa Schmidt

Ann Walsh
Cindy Chow

Bridget Watson
Stephanie Malcolm

Anna and Jack Weldon
"We are pleased to make this donation in honor of your service to CHAC."
—Michelle Hornberger

Lin Xu
Anonymous (3)
Carolyn Castagnetto
"Thank you afor all that you do to benefit children and families!"
—Elizabeth Eng

Betty Hui
"Thank you for your wonderful support in teaching the kids."
—Vishnu Konepalli

Yuqing Ma
Xiaofang Mu
"Thank you for everything that you do for our community."
—Jasmine Ong

Jeevitha P
Ramanatha Thunga

Lakshmi Yendapalli
Sireesha Sivala
Thank you to our 2020-21 Supporters

In Memory of:

**Dodie Alexander**  
*Patricia White*

**Jo-Anne Balistreri**  
*Lyn Balistreri*  
"In loving memory of our mother."  
—*Viana Gerke*

**Vincent Balistreri**  
*Viana Gerke*

**Christopher Gerke**  
*Viana Gerke*

**Freddy**  
*Gwill York*

**Andrew Daher**  
*Judith Crates*

**Lisabeth Kaplan**  
*Rory & Dan Kaplan*

**Bill McElhinney**  
"For a life well lived and many good memories."  
—*Joan MacDonald*

**Betty Mackay**  
"Betty Mackay was my mom and she was instrumental in establishing Just for Kids. Please use these funds to support that program."  
—*Elizabeth Anne Payne*

**Kari Prager**  
*Elizabeth Sain & Thomas Dabel*  
*Gail Prager*

Matching Gifts:

Adobe, Inc.  
Agilent  
Apple Inc.  
Artisan Partners  
Cisco Systems Foundation  
Electronic Arts  
FS Networks  
Google, Inc.  
Hewlett Packard Company  
Intel Foundation  
Intuit  
Keysight Technologies  
LinkedIn Corporation  
Oracle  
The David & Lucile Packard Foundation  
PricewaterhouseCoopers LLP  
Roblox  
Salesforce.org  
SAP  
Sobrato Family Foundation  
VMware Foundation

In-Kind Gifts:

Lisa Lewis-Cogswell
**$100,000+**
El Camino Healthcare District
Living on the Go Foundation

**$25,000-$99,000**
Anonymous
Kaiser Permanente
LinkedIn Corporation
Sand Hill Foundation
Leo M. Shortino Family Foundation

**$10,000-$24,999**
Google, Inc.
Highfield Foundation
Los Altos Town Crier
Mountain View Voice Holiday Fund
Star One Credit Union

**$5,000-$9,999**
Timothy Ayres
David and Elise Bergeron
Dudley-Vehmeyer-Brown Memorial Foundation
Foothills Congregational Church UCC
Kiwanis Club of Mountain View
Korek Foundation Trust
Gay and Bill Krause
Debbie and Doug Kundrat
Los Altos Community Foundation
Town of Los Altos Hills
Palo Alto Foundation Medical Group Community Health Care Endowment Fund (PAFMG)
Palo Alto Medical Foundation/Sutter Health
George and Stephanie Tyson

**$2,500-$4,999**
Sandra and Eric Bergan
George and Susan Crow
Lakshmi Yendapalli and Pransanth Dangeti
Susan and David Russell
Kim and Susan Graham
Rory and Dan Kaplan
Kiwanis Club of Los Altos
Joan MacDonald
Jeffrey Mayer and Elizabeth Tacy Witter
Tom Moran
MVHS Sports Boosters/MVLA Sports Boosters
San Jose Water Company
Santa Clara Family Health Plan
Wright Institute

**$1,000-$2,499**
Anonymous (3)
Apple Inc.
Robert and Mona Armistead
Bruce Barsi and Suzanne DeLaCruz
Ann Peters Battle
Laura Blakely
California Water Service Company
Samuel Chang
The Chirino Family
Marsha and Rick Deslauriers
Kevin and Robin Duggan
Elizabeth Dutton and Daniel Shader
Electronic Arts
Phil and Sheila Faillace
Bryan Johnson and Jocelyn Goldfein
Jeff Yoakum and Cindy Gonzalez-Yoakum
Ken and Sue Greathouse
Olivia Shen Green

---

CHAC thanks the MVHS Sports Boosters and /MVLA Sports Boosters for hosting a virtual 5k run that raised more than $3k for CHAC!
Giving towards a legacy of mental wellness

$1,000-$2,499 cont.
Dotty and Terry Hayes
Lisa and Barry Hills
Jerre and Nancy Hitz
Adam Hobson
Bill and Danielle James
Rebecca and Marc Jedel
Maureen Kelly
Alison Kibrick
Donna and William Krepick
Barbara Krzyczkowska and Massimo Prati
Lisa Lewis-Cogswell
Wendy Lowengrub
Katherine Mellberg
Paige and Paul Muret
Vicki and Terry Oldberg
Oracle
The David and Lucile Packard Foundation
Hugh and Julie Pearce
Tim and Terri Petersen
The Rasmussen Family
Phil and Patti Rose
Terri Rose
Maricia Scott
Anthony Shortland
United Methodist Church of Los Altos
Catherine Vonnegut and Gary Winiger
Anna and Jack Weldon
Dennis Young
Lucy and Dan Zemanek

$500-$999
Robert and Lois Adams
Adobe Inc.
Agilent
Jan Ambrosini and Tim Stroshane
Artisan Partners
Christine Barmeier
Eleanor Bassler Trust
Pam Blackman
Victoria Burtonburke and David Burke
Sharon Chen and Jeral Poskey
James and Alice Cochran
Covenant Presbyterian Church
Judith Crates
Paul Davis & Jade Thuma
John and Gail Dilley
William and Virginia Dolan
Robert Reay and Judith Fan
Ryan Findley
David and Neya Fligor
Ron Pilato and Ron Fouts
Dr. Meghan Fraley
Eugene Fram
Judy Hannemann
Roy and Janet Hayter
Monique Kane and Bill Heinz
Laurel and Robert Iverson
Sara Jenez
Florence Juge-Boulogne
Taly Katz
Sean Kelly
William Lambert
Laura and Terry LaPorte
Peter and Sue LaTourrette
George and Ann Limbach
Elizabeth Martin
Amy McDonald Sandjideh
Keith Mello
MOMS Club of Sunnyvale
Sandesh Mouli
David Ng
Anita and Leslie Nichols
David and Karen Paradise
Warren Ragan
Mary and Tom Rees
Carol and Keating Rhoads
James and Andrea Sandstrom
Lisa Schmidt
Sven Erik Simonsen
David and Lenelle Smith
Irene Smith
Thomas and Karen Smith
Jessica Speiser
Dennis and Jan Switick
Steven and Valerie Taglio
Tim Williams
Lin Xu
Gwill York

Please forgive any misspellings or omissions on these pages—and help us ensure that they don’t happen again by letting us know of your corrections. Call (650) 965-2020, ex 120.
$250-$499
Anonymous (2)
William and Marian Abbott
Paul Schutz and Nancy Anderson
Susan August
Lyn Balistreri
Amy and Kern Beare
John Beman
David Bergen
David Bernstein
Peter & Ann Bjorklund
Carolyn Boak
Emily Cabot
Clarence Chen and Clara Roa
Martha Cravens, Ph.D.
Chris and Mary Dateo
Robert and Vera Elson
Karen Eustis and William Mason
F5 Networks
Family Matters In-Home Care
Percival Pascua and Erlina Febre-Pascua
Norman and Rosine Ferber
Theodore Fouts
Paul Southworth and Mira Geffner
Marilyn Gilda
David and Anula Gilmour
Jana Gold
Gordon and Jane Haddow
John Harpootlian and Dorothy Price
David Hatt
Hewlett Packard Company

Keysight Technologies
Robert Kirby and Helen Landsman
Kathleen E. Krueger
Familia Lee
Julie McKellar
Donald and Gretchen McPhail
Laura and Craig Norris
Mrs. Leslie Oberhelman and Mr. Harry Oberhelman III
Maureen O’Connor
Maddi Pascua
Leona & Jason Pearce
Pricewaterhouse Coopers Inc.
Josh Rose and Elizabeth Dinapoli
SAP
Lucia Scotti
Jennifer and Peter Simonsen
Shali Sirkay
Clint and Judy Steele
Matthew Taylor Siegel
Niki and Jeremy Theil
Joel & Roberta Varney
VMware Foundation
Erica Wiltermuth

$100-$249
Anonymous (13)
AmazonSmile
Karen Andrus
Dr. John and Mrs. Carolyn Barnes
Ed Perry and Laurie Bonilla
Peter and Margaret Brooks
Caroline Buckway
Beth and Ricardo Caltagirone
Jan Carey
Carolyn Castagnetto
Sarah Chang
Lauren Chudzik
Ken and Devon Conley
Elizabeth Sain and Thomas Dabel
Peter Darrah
Claudia Hevel and Stanley Doty
Brian Eaton
Joe and Teri Eyre
Van Freidin
Melanie Gasmen-Fleck
Sharon Greenstein
Matt Grunewald

Michael and Georgia Guhin
Cindy Gum
Jamie Hansen
Sheryl Heckmann
Gary and Patricia Hedden
Robert and Stacy Hoffman
Michelle Hornberger
Jodi Hwang
Intuit
Sam Johnson
Laura C. Roberts and Robert C. Jones
Bruce and Twana Karney
Ankita Kaulberg
Rakhee Kaushik
Tom Kawesi
Terry and Mauri Kearney
Kelly Keaveney Graziaedi
Daniel Keefe
Andres Lagar-Cavilla
Christine Lai
Cathy Lazarus
Henry and Sandra Lee
Jason Li
Lee Lucca
Yuqing Ma
Joe Mitchner
Thomas and Diane Mooney
Guy Geffroy and Patricia Moore
Fr. Robert Moran
Xiaofang Mu
Kathleen and Vance Nahman
Warren & Ann Nelson
$100-$249 cont.
Michael and Marilyn Neri
David Offen and Gail Nyhan
Tamara Patterson
Elizabeth Anne Payne
Teresa Peters
Gail Prager
Robert and Joan Rabin
Martin and Sheryl Rattner
Jonas Roddenberry
Galen Rosenberg
Denise and Lee Salin
John and Sheila Serviss
Kathie and Mike Sheehy
Eric Shiu
Sireesha Sivala
Sobrato Family Foundation
Deborah and Deandra Suer
Dr. Lawrence and Mrs. Vicki Sullivan
Frank and Marian Verlot
Susan S. Ware
Patricia and Edward White
Doug Wiersig
Lawrence and Judy William
Marilyn Winkleby
David Yanaga
Rebecca Young
Cisco Systems Foundation
Alex Zaretzki

$1-$99
Anonymous (68)
Patricia Allan
Karen Allendoerfer
Alice Arnold
Mariko Ashby
David and Diana Aston
Thi Avrahami
Ellis Berns
Kristi L. Blewis
Ally Bocchieri
Cheryl Bohley
Vicky Bouche
Sarah Brown
Dotty Calabrese
Scott Cartier
June Casey
Michael Chan
Henry and Julie Chen/Dataplus Corp.
Cindy Chow
Bruce Corson
Barbara Cromarty
Stefanie Dalzio
Doug and Carol Dennis
Laura Duran
Merry Lee Eilers
Elizabeth Eng
Bruce England
Eureka Restaurant Group, LLC
Anny Frehner
Christa Gannon
Viana Gerke
Tanya Ghosh
Paul and Carole Goldstein
Daniel and Olivia Haley
Kathryn Han
Matt Hargett
Bill and Terry Hewins
Leelane and Frederick Hines
Tim Hinrichs
Betty Hui
Barbara Hunt
Intel Foundation
Melissa Jankowski
City of Mountain View
Mayor Ellen Kamei
Jacob Karbiner
David and Francesca Kautz
Pete and Christy Kirkpatrick
Vishnu Konepalli
Seth Ladd
Betty Latta
Trina Lundstrom
Stephanie Malcolm
Jamila McConnell
Shweta Menon
Susi Merhar
Prescott Miller
Jennifer Murray
Cynthia Nelson
Greg Nelson
Jasmine Ong
Jeevitha P
Alison Packard
Dagmar Paul
Angela Player
Helen Richardson
Roblox
Dr. Juliet Rohde-Brown
Gail Roosakos
Lynette Ross
Salesforce.org
Dale and Margo Seymour
Jim and Marge Shively
Alison Simms
Hue Simpson
Keith Slaughter
Kevin Slaughter
Brenda Stough
Sundar Subbarayan
Ramanatha Thunga
Archana Upadhyay
Zenaida Velasquez
Helen Walter
Bridget Watson
Ellen Wheeler
Jeanne Wiener
George Wortiska
Jerry Wright
Xerox Corp
Brenda Ziegler
Kathryn Zoglin
BOARD OF DIRECTORS

Phil Faillace  
Board Chair

Kevin Duggan  
Vice-Chair

Elise Bergeron  
Secretary

George Tyson  
Treasurer

Marsha Destauriers  
Executive Director

Sandy Bergan  
Community Representative

Laura Blakely  
MVWSD Representative

Kevin Duggan  
Community Representative

Neysa Fligor  
Mayor, City of Los Altos

Ellen Kamei  
Mayor, City of Mountain View

Joan MacDonald  
Community Representative

Jessica Mancini  
Community Representative

Phil Rose  
Community Representative

IdaRose Sylvester  
Community Representative

Steven Taglio  
LASD Representative

Anna Weldon  
Community Representative

Lakshmi Yendapalli  
Community Representative

Dennis Young  
Community Representative

Our Mission

To improve lives and strengthen communities through access to comprehensive and culturally responsive mental health services in northern Santa Clara County.