END OF SCHOOL YEAR

As the school year comes to a close, CHAC will also be wrapping up school-based mental health services for the 2022-2023 school year. Our CHAC clients have learned coping skills, expanded the expression of their feelings, and found new ways to tackle challenges, which they now have the opportunity to practice during the summer months. It has been a privilege serving you and your family.

Following an assessment, students may be eligible for on-site mental health services at their school campus for the 2023-24 school year. Please contact your school administration or support staff for more information.
YOUR TRUSTED MENTAL HEALTH CARE PROVIDER BRINGS YOU 2023 SUMMER WELL-BEING PROGRAMS

SUMMER WELL-BEING PROGRAMS

If you believe your child would benefit from Social Emotional Learning groups over the summer, we offer four Well-Being Groups to choose from:

Healthy Friendships
Anxiety Management
Social Learning with Lego
SAGA: Social and Gaming Adventure

Sign up Here: bit.ly/43CAfe9

ADDITIONAL COUNSELING RESOURCES IN OUR COMMUNITY:

Bill Wilson Center
billwilsoncenter.org
Main: 408-243-0222
Crisis: 408-850-6125

Children’s Health Council
chconline.org
English: 650-688-3625
Español: 650-688-3650

Columbia Neighborhood Center
bit.ly/3OiXxAA
Main: 408-730-7800

Gronowski Center
gronowskicenter.org
Main: 650-961-9300

Pacific Clinics
pacificclinics.org
Main: 408-379-3796
Emergency: 408-379-9085