



FSO

Functional Syntonic
Optometry

Full Curriculum

3 x 4 days = 12 days - BOAF-
EASO Continuing Education

- February 3 - 6 , 2023 -
FSO Class 1
- April 14 - 17 , 2023 -
FSO Class 2
- September 1 - 4, 2023 -
FSO Class 3

PRESENTED BY - VENUE @

Stefan Collier, Dean BOAF-EASO

The Venue @ where these Unique

BOAF-EASO Seminars take place is:

Fletcher Hotel Nieuwegein-Utrecht
Buizerdlaan 10
3435 SB Nieuwegein
The Netherlands

Behavioral Optometry Academy Foundation (BOAF) European Academy Syntonic Optometry (EASO)

EDUCATION 2023

Functional Syntonic Optometry

Full Curriculum

Nieuwegein - Netherlands

TO BOOK YOUR SPOT PLEASE

Email

BOAF - Office

@

office@boaf-eu.org | www.boaf-eu.org



SYNTONY

the state of being adjusted to a certain wavelength.

quote by H.R. Spittler

FUNCTIONAL SYNTONIC OPTOMETRY (FSO - CURRICULUM)

The Behavioral Optometry Academy Foundation (BOAF) and its subdivision the European Academy for Syntonic Optometry (EASO) are proud to present their New FSO-Curriculum in Nieuwegein /Utrecht - The Netherlands.

The FSO Curriculum will be presented by our own BOAF-EASO-Dean - Stefan Collier.

Hotel Fletcher in the city „Nieuwegein- Utrecht" in the Netherlands is the ideal

place that offers ultimate peace and relaxation to assimilate our FSO Curriculum.

The FSO Curriculum is presented in three classes that are four days each and are spread over three dates. These classes will allow you to progressively understand and integrate Functional Syntonic Optometry into your daily work.

The FSO Curriculum is open for all Optometrists and

their Optometric Vision Therapists who want to learn more about this wonderful and sometimes forgotten or misunderstood part of Behavioral / Functional Optometry.

I invite you to join us on this amazing journey in the discovery of FSO.

Sincerely



Jürgen Eichinger
BOAF-EASO-President



LOCATION CONTACT

VENUE

Hotel Fletcher Nieuwegein - NL

CONTACT

BOAF-Office | Yvonne Frei |
Telephone: +41 79 88 337 00
eMail: office@boaf-eu.org



HOTEL RECOMMENDATION

Hotel Fletcher Nieuwegein-Utrecht

Buizerdlaan 10
3435 SB Nieuwegein | The Netherlands
T +31 (0)30 604 48 44
info@fletcherhotelnieuwegein.nl
www.fletcherhotelnieuwegein.nl/en/
(self reservation - mention "BOAF Seminar")



FSO CURRICULUM - DATES

3 x 4 days = 12 days of CE

- February 3 - 6 , 2023 - FSO Class 1
- April 14 - 17 , 2023 - FSO Class 2
- September 1 - 4 , 2023 - FSO Class 3

Missed Classes / dates will not be refunded!
limited seats available - ENROLL TODAY!



FSO - FULL CURRICULUM - PRICE €

Optometrist registration - BOAF Member

- @ €3800,-

Optometrist registration - NON Member

- @ €4500,-

Optometric VT-Therapist registration

- @ €4000,-

Optometry Students

- @ €2800,-

Repeater Price - Only for
the participants of the
FSO-NL 2020-21
curriculum @ €2500,-

FSO CURRICULUM 2023

WHAT IS



SYNTONICS,

has been clinically used in the field of optometry for over more than 85 years with uninterrupted success. Syntonic Phototherapy is non invasive and fast acting. It works by applying specific frequencies of low intensity light through the eyes.

Syntonics is based on well-established scientific principles. It is not involved with the visual or perceptual aspects of color, but in the unique energetic and physical effects that selected frequencies have on biological conditions and processes. Therefore, a large assortment of filters is used for a variety of clinical applications. Some of them represent a large range of the visible spectrum frequencies, others only a very small ranges.

FUNCTIONAL SYNTONIC OPTOMETRY,

Since our society has become physically, emotionally, and visually more complex and demanding, our patients need to be approached in a more precise and functional manner.

FSO adds another, deeper dimension to current treatment modalities. It fulfills treatment demands with more advanced measurements, different and a greater variety of training techniques adapted to each patient's personal needs.

The FSO Curriculum is created in such a way to interweave and unify theory, understanding and practical treatment applications, that allow the attendee to obtain faster and more integrative outcomes, benefitting you and your patients.

FSO Class 1

In this 4 day class we cover the FSO basic theoretical concepts and principles. Also covered will be clinical diagnostic and practical therapeutic protocols. Participants learn to identify and treat the cause of everyday visual problems.

FSO Class 2

In this 4 day class the FSO knowledge is extended and deepened, to include more problematic cases.

FSO Class 3

In this 4 day seminar, we will cover theoretical and practical approach of "Local-Focal Light application". Plus, special FSO-Integrative VT-exercises and protocols.

FSO CURRICULUM 2023 TIMETABLE

Remark!

Personal audio, -video recording of/during the FSO Classes are strictly forbidden!

Thank you for your cooperation!

CLASS1 - FEB. 03-06 2023

Day 1, 2, 3-

Friday - Saturday- Sunday

Starts: 09.00 AM

Ends: 06.00 PM

- Coffee break and Lunch included

Day 4-

Monday

Starts: 09.00 AM

Ends: 04.00 PM

- Coffee break and Lunch included

CLASS2 - APR 14-17 2023

Day 1, 2, 3-

Friday - Saturday- Sunday

Starts: 09.00 AM

Ends: 06.00 PM

- Coffee break and Lunch included

Day 4-

Monday

Starts: 09.00 AM

Ends: 04.00 PM

- Coffee break and Lunch included

CLASS3 - SEPT 01-04 2023

Day 1, 2, 3-

Friday - Saturday- Sunday

Starts: 09.00 AM

Ends: 06.00 PM

- Coffee break and Lunch included

Day 4-

Monday

Starts: 09.00 AM

Ends: 04.00 PM

- Coffee break and Lunch included

All FSO Classes are in the English or Dutch Language.

If there are English-speaking participants, the official language will be English.

Translations into other languages are not possible.



FSO HANDOUTS & CERTIFICATE

- Seminar handouts provided on a Flash-drive.
- Each participant will receive a BOAF-EASO Certificate of attendance for the FSO Classes.

AND

Equipment will be provided for use during the workshop portion of the three classes.

BOAF-EASO thanks the Dutch BOAF Section for hosting and organizing the FSO Curriculum 2023 in The Netherlands

FSO CURRICULUM EDUCATION AREAS

1. *Specific Concepts, principles and protocols required for Functional Syntonic Optometry*
2. *Measurements*
3. *Therapies*
4. *Training*



FSO-EDUCATION CONTENTS LISTING

a) **Introduction to FSO**

- Functional Syntonic Optometry (FSO)
- The history of Syntonics
- International Training Centers for FSO

b) **FSO**

- Optometry - Syntonists
 - ◆ Wavelength - Ångström units
 - ◆ Visible range of the spectrum
 - ◆ Reflex action
 - ◆ Defined reactions:
 - Physical,
 - Chemical

- Physiological
- Psychological

• The Balance of Actions

◆ Autonomous Nervous System:

- Sympathetic nervous system
- Parasympathetic nervous system
- Global overview

◆ Parallel Visual Input Processing:

- P-System
- M-System
- K-System

◆ Morphological Analysis:

- Pycnic type (P)
- Syntonic type (S)
- Asthenic type (A)

c) **Screening**

- Detailed anamnesis
- Brock String - FSO
- Alpha-Omega pupil:
 - Normal ambient light - for far
 - Normal ambient light - for near
 - Dark room - for far
 - Dark room for near
- FSO - Visual Fields:
 - Functional Fields / Color Fields

- Motion Field
 - Blind Spot
 - Caecanometry
 - FSO - Stochastic Filter Retinoscopy
- d) **Interpretation of Visual Fields**
- The red functional field
 - The blue functional field
 - The green functional field
 - The white functional field
 - The white motion field
 - The blind spot
 - Interlacing functional color fields
- e) **Effect of FSO Filters**
- Low Frequency
 - High Frequency
 - Stimulant
 - Motor Stimulant
 - Sensory Stimulant
 - Depressant
 - Motor Depressant
 - Sensory Depressant
 - Equalizer, Balancer
 - Advanced Filter Combinations
 - Pycnic type (P)
 - Syntonic type (S)
 - Asthenic type (A)
 - Endocrinology
 - Local (L)
 - Non-Local (NL)
 - Nascentization
 - Inverse Filter Combinations
 - Unequal Filter Combinations
- f) **Fundamental effect of FSO**
- Alpha
 - Delta
 - Theta
 - Mu
 - Pi
- Omega
 - Upsilon
 - Lambda
 - D Depressant
 - S Stimulant
 - N Neurasthenia
- g) **FSO Miracle Workers**
- Alpha-Omega
 - Mu-Delta
 - Mu- Upsilon
 - Alpha-Delta
 - Omega-N
 - Pi-Omega
 - Theta
 - Basic Filter combinations
- h) **FSO Syndromes**
- Chronic Syndrome
 - Acute Syndrome
 - Convergence excess Syndrome
 - Emotional Fatigue
 - Fight-or-Flight Reaction Syndrome
 - Hyper/Hypo Syndrome
 - Embedded Dependency Syndrome
- i) **FSO Pain relievers**
- Pain relievers hierarchy
- j) **FSO Techniques**
- Translid
 - Static
 - Dynamic
 - Indirect
 - Local-Focal light application
 - Nasal Occlusion
 - Bi-Nasal Occlusion
 - Monocular
 - Binocular
- k) **FSO Application**
- Home Therapy
 - Office Therapy
 - RX - Lens prescription
- l) **FSO Protocols**
- Home
 - Office
- m) **FSO Equipment**
- Office Syntonizer open space
 - Office Syntonizer closed space
 - Home Syntonizer open space
 - Home Syntonizer closed space
 - Filter Goggles
 - Filter Penlights
 - Maddox
 - Bagolini
- n) **FSO Record forms**
- Home
 - Office
 - Computerized
- o) **FSO - Filter Combinations and Training VT-Methods for:**
- Myopia
 - Presbyopia
 - Concussion
 - Trauma
 - Amblyopia
 - Strabismus
 - Phorias
 - Sports Vision
 - Neuro-Rehabilitation
 - CP
 - People on the spectrum
 - Learning related problems
 - Visual Midline-Shift
 - VOR-imbalance
 - Attention span
 - Headaches
 - Photophobia, ...
- p) **FSO cases - Protocols & Management**
- Examples
 - FSO With - without VT

BECOME A BEHAVIORAL / FUNCTIONAL

SYNTONIC OPTOMETRIST THERAPIST

AND YOU WILL CHANGE YOUR CAREER AND LIVES!

FSO CURRICULUM CONDITIONS

*The FSO Curriculum is open for all
Optometrists and their Optometric Vision
Therapists who want to learn more about
this wonderful and sometimes forgotten or
misunderstood part of Behavioral /
Functional Optometry.*

Certification - BOAF-EASO

The FSO Curriculum can be combined with the examination to become a EASO „Functional Syntonic Optometrist of the European Academy of Syntonic Optometry„.

Only available to BOAF-EASO Members.

More info about the BOAF-EASO - FSO Certification and Fellowship of EASO - visit:

www.boaf-eu.org

- Membership in the BOAF-EASO is not required for participation in the Functional Syntonic Optometry full Curriculum.
- BOAF-EASO C.E. of the "Basic Training in Syntonic Optometry" is designed as one sequential , comprehensive course. Each seminar builds on the previous seminar. Therefore, all attendees must commit and registers for the entire series of seminars. We are unable to accept separate individual booking dates for any of these FSO classes.
- We reserve the right to change the seminar date or cancel the FSO Curriculum with less than **15** enrollments without any liability.
- It is suggested that you make your travel arrangements after it is confirmed that the seminars will take place. We will make that determination on December 15, 2022.
- FSO Curriculum enrollments must be sent to the BOAF Office via email office@boaf-eu.org or Online on the BOAF-Website.
- Personal audio - video recording of or during the FSO Classes is strictly forbidden.
- Each participant will receive a BOAF-EASO Certificate of attendance for the FSO Classes.

CURRICULUM



FSO



2023

ENROLLMENT

- February 3 - 6 , 2023 - FSO Class 1
- April 14 - 17 , 2023 - FSO Class 2
- September 1 - 4 , 2023 - FSO Class 3

REGISTRATION INFORMATION - PLEASE TYPE OR PRINT - EMAIL: OFFICE@BOAF-EU.ORG

Name (First & Last) _____ Company _____

Address _____

City _____ State _____ Zip code _____ Country _____

Telephone _____ Cell _____ Fax _____

E-mail _____ Profession / Title _____

BOAF Member ID-Nr. _____ | BOAF NON Member () | Optometric Vision Therapist* () | Student** ()

Signature Participant: _____ **For Optometry Students - Mention your school: _____

*For Optometric Vision Therapist mention the Optometrist you're working for or with: _____

FSO Full Curriculum 2023	Class 1-2-3	Registration
Optometrist I BOAF Member		€ 3800,- (____)
Optometrist I NON Member		€ 4500,- (____)
Optometric Vision Therapist		€ 4000,- (____)
Optometry Student		€ 2800,- (____)
Repeater Price Only for the participants of the FSO-NL 2020-21 curriculum		€ 2500,- (____)
TOTAL		€ _____

INFO

Cancellation:

If canceled up to 14 days before the event, BOAF will refund 60% of the paid amount. If canceled later, you can understand that a refund is no longer possible.

BOAF - EASO - Office
Yvonne Frei
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8610 Uster / ZH
Switzerland
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FSO



Behavioral Optometry Academy Foundation (BOAF) European Academy Syntonic Optometry (EASO)

EDUCATION 2023

Functional Syntonic Optometry (FSO)

Full Curriculum

FSO CURRICULUM - REGISTRATION

BEHAVIORAL OPTOMETRY ACADEMY FOUNDATION

BOAF

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