Seed Saving Garden

Thank you for visiting us on the farm! We hope your students learned a little more about where their food comes from. Your students may have seeds they collected on the farm to use in this activity. If not, or if they took them home, this is a great time to take a walk around school to collect from plants going to seed. It could be planted flowers, or wild “weeds”, it’s okay if you don’t know what it is, it can be a good project to figure it out when it sprouts.

Attached are instructions on how to create a saved seed garden right in your school or location suitable for your students. In addition, the second page is for students to track the growth of their plant based on the different stages of the plant cycle we discussed on the farm.

Please send us updates and photos of your saved seed garden project for us to share, with your permission, on our website and with the RVF2S community.

Thank you for your support,
The Rogue Valley Farm to School Team
Seed Saving Garden

What you need
Seed Starter Biodegradable Flat (enough spaces for each student)
Organic soil
Popsicle Sticks
Sharpie Markers

IF GARDENING IN THE CLASSROOM:
Space for a raised bed
Watering Can
Hand Trowels

What You Do
IN THE FALL
Have students leave their saved seeds in the classroom, spread out on a paper towel to allow them time to dry. Once dried, keep them in an airtight container or envelope until the spring.

IN THE SPRING
Around April 1st, you can start your seeds indoors. In the seed starting flat, have each student each plant one seed about ½ inch deep into soil. They can place a Popsicle stick with their name and the date their seed was planted in their space so they can track their plant and its growth. Students should either take their plant home or plant it in the saved seed garden.
Track your plants progress using the plant cycle we learned about on the farm. In each circle, draw a new phase in the life of your plant and describe what is happening in the box below it.