

2018 Tuesday Yoga for Beginners

Tuesday Evenings 6:30pm – 7:45pm

4 WEEK SESSIONS \$44

6 WEEK SESSIONS \$66

January 9 – January 30, 2018

(01/09, 01/16, 01/23, 01/30 snow make-up date 02/06)

March 20 – April 24, 2018

(03/20, 03/27, 04/03, 04/10, 04/17, 04/24 snow make-up class 05/02)

May 15 – June 19, 2018

(05/15, 05/22, 05/29, 06/05, 06/12, 06/19)

July 10 – July 31, 2018

(07/10, 07/17, 07/24, 07/31)

September 11 – October 16, 2018

(09/11, 09/18, 09/25, 10/02, 10/09, 10/16)

November 6 – December 11, 2018

(11/06, 11/13, 11/20, 11/27, 12/04, 12/11 snow make-up 12/18)

To Register call 888-LGH-INFO/888-544-4636 or www.lghealth.org