### Complete 1 food recovery
- Organize a Weigh the Waste Event
- Recover 100 pounds of food
- Email FRN National why you recover food
- Post about food recovery 2x

**$5**

### Complete 5 food recoveries
- Recover 500 pounds of food
- Plan 1 local gleaning or recover food from a farmer’s market
- Table on campus about FRN
- Refer a friend to start a new chapter

**$10**

### Complete 10 food recoveries
- Run a food drive
- Volunteer at a local partner agency/non-profit
- Hang up FRN flyers

**$15**

### Complete 15 food recoveries
- Recover 1000+ pounds of food
- Approach a food donor (restaurant, grocery store) to donate food
- Recover from a catered or sports event
- Create a social media account for your chapter

**$20**

### Complete 20 food recoveries
- Host an event for volunteers
- Team up with another organization to host an event or complete a recovery
- Recovery food from off your campus
- 3 chapter leaders take a Food Safety course

**$50**

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**Fill out an FTF form (w/pictures)**
- **Upload pictures**
- **Tag @foodrecovery**
- **Email FRN National**

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Complete challenges and earn cash for your official chapter! Get bingo and win an additional $5. Challenge runs from Super Bowl Sunday (2/12/23) to the Final Four game of March Madness (3/31/2023).