



# WAKE UP in LIVERPOOL

## Liverpool Festival of Spirituality 2016

PROGRAMME OF EVENTS		
DATE and TIME	LOCATION	EVENT
Saturday April 2 <sup>nd</sup> 10am-4pm	St Michael in the City	<b>The Silence of the Soul</b> A one-day silent retreat with Graeme Waterfield centred around meditative practice and the cultivation of internal silence Cost £40. More details and booking at <a href="http://silenceofthesoul.eventbrite.co.uk/">http://silenceofthesoul.eventbrite.co.uk/</a>
Sunday 3 <sup>rd</sup> April 6.30pm	St Bride's	<b>Spirit and Song</b> Gentle contemporary music and song to draw us into the presence of the divine, the presence of Goodness, Beauty, Truth and Love.
Sunday 3 <sup>rd</sup> April 10am	St Bride's	<b>Sunday morning service</b> with worship, liturgy, speaker, discussion or practice. Speaker <b>Warren Hartley</b> : 'What is Prayer?'
Tuesday 5 <sup>th</sup> April 7pm	St Michael in the City	<b>Festival Film 'Beyond Forgiving'</b> – A South African Story. A beautifully crafted film about two people's journey of forgiveness. Emerging through trauma, pain and finally towards transformation, the film gives voice to a humanity born out of intense sorrow, and shows forgiveness as a way of living creatively with the problem of irreversibility. Followed by discussion.
Wednesday 6 <sup>th</sup> April 9-9.30am	St Bride's	<b>Festival Morning Prayer</b> Stillness, silence, music, poem or liturgy; light a candle, say a prayer, share a thought.
Wednesday 6 <sup>th</sup> April 5.30-6.45pm	St Bride's	<b>Falling Awake Mindful</b> movement and meditation practices led by Ruth Stock
Wednesday 6 <sup>th</sup> April 6.30-8pm	Domino Gallery 11 Upper Newington, Liverpool, L1 2SR	<b>Poetry of the Heart</b> Join us at Make Space Soul Full Reading Group. Bring and share poetry that moves you, that makes your heart sing.
Saturday 9 <sup>th</sup> April 10am-4.30pm	St Michael in the City	<b>Living from the Heart</b> Day seminar with Francis Bennett (£30 at the door, concessions available) Book by emailing <a href="mailto:jjelfs@virginmedia.com">jjelfs@virginmedia.com</a>
Sunday 10 <sup>th</sup> April 10am	St Bride's	<b>Sunday morning service</b> with worship, liturgy, speaker, discussion or practice. Speaker Francis Bennett: 'Prayer of the Heart'
Sunday 10 <sup>th</sup> April 6.30-7.30pm	St Bride's	<b>The Well</b> Waking up with a Celtic saint: Magnus - Earl of Orkney, pirate, martyr'. Celtic liturgy, story and silence with Ruth Stock.
Monday 11 <sup>th</sup> April 7-9pm	St Bride's	<b>Fully Human, Fully Divine</b> Spirituality and Awakening meeting with Francis Bennett
Wednesday 13 <sup>th</sup> April 9-9.30am	St Bride's	<b>Festival Morning Prayer</b> Stillness, silence, music, poem or liturgy; light a candle, say a prayer, share a thought.
Wednesday 13 <sup>th</sup> April 5.30-6.45pm	St Bride's	<b>Falling Awake</b> Mindful movement and meditation practices led by Ruth Stock
Thursday 14 <sup>th</sup> April 6.45-9pm	39 Rodney St	<b>Awakening with A Course in Miracles</b> Kate Brennan shares some lessons from ACIM, a psycho-spiritual study guide, and leads meditation.
Friday 15 <sup>th</sup> April 7-8.30pm	St Bride's	<b>Sacred Sound Experience</b> Sacred sound for personal transformation and healing with Suzie Price and John Hofton playing a variety of instruments such as Shamanic Drum, Tibetan singing bowls, gongs and Sacred Solfeggio Tuning forks and tubular bells.
Sunday 17 <sup>th</sup> April 10am	St Bride's	<b>Sunday morning service</b> with worship, liturgy, speaker, discussion or practice. Speaker Ray Simpson: 'Houses of Prayer'
Sunday 17 <sup>th</sup> April	St Bride's	<b>Festival Open Table</b> Open Table offers a safe, sacred space for LGBTI Christians, family and friends to come as you are and explore an inclusive spirituality. This month as part of the Festival of Spirituality Open Table explores what it means to have a "catholic" spirituality, i.e. inclusive and embracing of human diversity, through liturgy, song and community.
Monday 18 <sup>th</sup> April 12noon	Pool of Life, Liverpool One	<b>Festival Prayer in the City</b> A short time of outdoor contemplative liturgy and prayer in the city
Monday 18 <sup>th</sup> April 6-7.30pm	St Bride's, Liverpool One	<b>Spirituality in the City</b> Spirituality and Awakening meeting with Ray Simpson
Tuesday 19 <sup>th</sup> April 12noon	St James' Garden, Anglican Cathedral	<b>Festival Prayer in the City</b> A short time of outdoor prayer in the garden in the style of Forest Church
Wednesday 20 <sup>th</sup> April 9-9.30am	St Bride's	<b>Festival Morning Prayer</b> Stillness, silence, music, poem or liturgy; light a candle, say a prayer, share a thought.
Wednesday 20 <sup>th</sup> April 5.30-6.45	St Bride's	<b>Falling Awake</b> Mindful movement and meditation practices led by Ruth Stock
Saturday 23 <sup>rd</sup> April 10am-12noon	St Michael in the City	<b>Falling Awake: Mindfulness for Life</b> Mindfulness ideas and practices with Ruth Stock.
Sunday 24 <sup>th</sup> April 10am	St Bride's	<b>Sunday morning service</b> with worship, liturgy, speaker, discussion or practice. Speaker Duane Williams: 'Mysticism and Prayer'
Sunday 24 <sup>th</sup> April 6.30pm	St Bride's	<b>Keeping Love Alive</b> Talk: Communities of care in the mystical tradition with Prof Gillian Ahlgren
Monday 25 <sup>th</sup> April 10am-12.30pm	St Bride's	<b>Keeping Love Alive</b> Workshop with Prof Gillian Ahlgren
Saturday 30 <sup>th</sup> April 7pm (bring your art forms between 2-5pm for setting up)	St Bride's	<b>Festival Art</b> During the festival we invite you to express your thoughts, feelings or ideas through art using any media of your choice and bring to our closing event 30 <sup>th</sup> April. Art, music, poetry and some light refreshments.