



Liverpool Festival of Spirituality April 2016

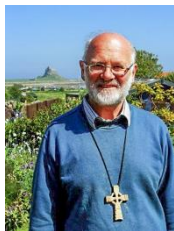
WAKE UP in LIVERPOOL

Featuring



FRANCIS BENNETT

Former Trappist monk with extensive experience of the Christian mystical/contemplative tradition as well as Buddhism and non-dual teachings. Speaking on *Living from the Heart* and *Fully Human, Fully Divine*.



RAY SIMPSON

Founding Guardian of the international Community of Aidan and Hilda. Facilitates a new emergence of Christian Celtic spirituality, renewing and refreshing established churches or giving rise to fresh expressions of church community. He has a particular interest in urban spirituality and will speak on *Spirituality in the City*.



GILLIAN AHLGREN

Gillian Ahlgren is Professor of Theology and Church History at Xavier University in Cincinnati, Ohio, where she is also the Founding Director of the Institute for Spirituality and Social Justice. Exploring *Keeping Love Alive - Communities of Care in the Tradition of Teresa of Avila and John of the Cross*.

THE SILENCE OF THE SOUL

A one day silent retreat with Graeme Waterfield centred around meditative practice and the cultivation of internal silence. Cost £40. Details and booking at <http://silenceofthesoul.eventbrite.co.uk/>

Saturday April 2nd 10am-4pm St Michael in the City

SPIRIT and SONG

Gentle contemporary music and song to draw us into the presence of the divine, the presence of Goodness, Beauty, Truth and Love. Led by Jonathan (piano), Vincent (violin).

Sunday 3rd April 6.30 St Bride's (tea/coffee from 6pm)

FESTIVAL FILM

'Beyond Forgiving' – A South African Story. A beautifully crafted film about two people's journey of forgiveness. Emerging through trauma, pain and finally towards transformation, the film gives voice to a humanity born out of intense sorrow, and shows forgiveness as a way of living creatively with the problem of irreversibility. The showing of the film will be followed by a discussion on the film, the nature of forgiveness and what that means for each of us.

Tuesday 5th April 7pm St Michael in the City

FESTIVAL PRAYER

Wednesday morning April 6th, 13th, 20th and 27th 9.00 - 9.30am St Bride's

Stillness, silence, maybe a little music, poem or liturgy; light a candle, say a prayer, share a thought. Tea/coffee to follow.

Monday 18th April 12 noon at the Pool of Life, Liverpool One

A short time of outdoor contemplative liturgy and prayer in the city

Tuesday 19th April 12 noon at St James Gardens, beside the Anglican Cathedral

A short time of outdoor prayer in the garden in the style of Forest Church

FALLING AWAKE

Mindful movement and meditation practices led by Ruth Stock.

Wednesday 6th, 13th, 20th and 27th 5.30 – 6.45pm St Bride's

POETRY OF THE HEART

Join us at Make Space Soul Full Reading Group. Bring and share poetry that moves you, that makes your heart sing.

Wednesday 6th April Domino Gallery 6.15 for 6.30pm – 8pm

LIVING FROM THE HEART

Day seminar with Francis Bennett (£30 at the door, concessions available)

Book by emailing jjelfs@virginmedia.com

Saturday 9th April 10am – 4.30pm St Michael in the City

THE WELL

Waking up with a Celtic saint: Magnus - Earl of Orkney, pirate, martyr'

Celtic liturgy, story and silence with Ruth Stock.

Sunday 10th April 6.30 – 7.30pm St Bride's

EXPLORING PRAYER

Sunday morning services **10am at St Bride's** with worship, liturgy, speaker, discussion or practice

Sunday 3rd April – Warren Hartley: What is Prayer?

Sunday 10th April – Frances Bennett: Prayer of the Heart

Sunday 17th April – Ray Simpson: Houses of Prayer

Sunday 24th April – Duane Williams: Mysticism and Prayer

FULLY HUMAN, FULLY DIVINE

Spirituality and Awakening meeting with speaker: Francis Bennett

Monday 11th April 7 – 9pm St Bride's

reserve your place at <https://fullyhumanfullydivine.eventbrite.com> (no charge)

AWAKENING WITH A COURSE IN MIRACLES

Kate Brennan shares some lessons from ACIM, a psycho-spiritual study guide, and leads meditation.

Thursday April 14th 6.45 – 9.00pm 39 Rodney Street

SACRED SOUND EXPERIENCE

Sacred sound for personal transformation and healing with Suzie Price and John Hofton playing a variety of instruments such as Shamanic Drum, Tibetan singing bowls, Dream Chau gong and Sacred Solfeggio Tuning forks and tubular bells.

Friday 15th April 7 – 8.30 pm St Bride's (suggested donation £10, £5 if unwaged)

FESTIVAL OPEN TABLE

Open Table offers a safe, sacred space for LGBTI Christians, family and friends to come as you are and explore an inclusive spirituality. This month as part of the Festival of Spirituality Open Table explores what it means to have a "catholic" spirituality, i.e. inclusive and embracing of human diversity, through liturgy, song and community.

Sunday 17th April 6.30pm St Bride's

SPIRITUALITY IN THE CITY

Spirituality and Awakening meeting with Ray Simpson from Lindisfarne, Founding Guardian of the Community of Aiden and Hilda.

Monday 18th April 6.00-7.30pm St Bride's

FALLING AWAKE: MINDFULNESS FOR LIFE

Mindfulness ideas and practices with Ruth Stock.

Saturday 23rd April 10.00-12.00 am St Michael in the City

KEEPING LOVE ALIVE

Communities of care in the mystical tradition with Prof Gillian Ahlgren, from Xavier University, Cincinnati, Ohio – teacher of mystical theology and practice. Exploring the spiritual legacy of St Teresa of Avila and St. John of the Cross who experienced God's love as a transforming power. The invitation is for us to be shaped and remade ourselves and to collaborate together in the remaking of our world.

Sunday 24th April 6.30pm St Bride's (talk)

Monday 25th April 10.00-12.30am St Bride's (workshop) Donations welcome.

FESTIVAL ART

During the festival we invite you to express your thoughts, feelings or ideas through art using any media of your choice and bring to our closing event 30th April.

Saturday 30th April 2-5pm St Bride's

Bring your creative work to be displayed

Saturday 30th April 7pm St Bride's

Display of festival creativity with refreshments and music

Main venues:

St Michael in the City, Upper Pitt Street, Liverpool L1 5DB
(car access is from St James St *not* Duke St) Some parking at the church.

St Bride's Percy St, Liverpool L8 7LT
Some parking at the church.

WAKE UP in LIVERPOOL, the Liverpool festival of Spirituality 2016, seeks to promote an engaged experiential spirituality, transforming individual lives and inspiring sacred activism for social justice.

www.spiritualityliverpool.space/festival

The festival is sponsored by St Bride's Church community and supported by Spirituality Liverpool, Make Space and The Infinite Arts.

For more information, email: info@spiritualityliverpool.space