



Melanie's has been serving delicious home-cooked food made to order since 1991. We use fresh, high quality ingredients, and strive to use local products whenever possible.

We are very sensitive to vegetarian and vegan concerns while taking the utmost care to cook meat items separately. Please let your server know of allergy or dietary concerns so we can do our best to accommodate you.

Now Open Thursday - Saturday Evenings
Fresh New Dinner Menu

Hours

Monday - Wednesday	8am - 2pm
Thursday - Saturday	8am - 9pm
Sunday Brunch	8:30am - 2:30pm

BREAKFAST PLATES

*Melanie's Big Breakfast

Two local farm eggs your way with homefries or grits, stewed apples and homemade toast with grape jelly or apple butter, or biscuit & mushroom gravy - 9

Local Whole Hog Sausage Gravy - 10

*Watauga Sunrise Breakfast

Two local farm eggs your way with choice of tempeh strips, soysage, cherry smoked bacon, or canadian bacon and homefries or grits. Homemade toast served with grape jelly or apple butter - 9

*Extreme Appalachian Breakfast

Two local farm eggs your way with choice of tempeh strips, soysage, uncured bacon, or canadian bacon, homefries or grits, biscuit and mushroom gravy, stewed apples and a multigrain pancake - 11

Local Whole Hog Sausage Gravy - 12

Tempeh Scramble

Tempeh, onions, green peppers, tomatoes, homefries, and mushrooms sautéed then scrambled with two local farm eggs and fresh herbs. Excellent vegan choice without the eggs. Served with homemade toast with grape jelly or apple butter - 11

Paul's Tempeh Special

Tempeh, sun dried tomatoes, mushrooms, spinach, onions and garlic sautéed then scrambled with two local farm eggs and fresh herbs. Served with homemade toast with grape jelly or apple butter - 11

*Potato Madness

Homefries sautéed with onions, green peppers and mushrooms, topped with two local farm eggs your way and your choice of cheese.

Served with homemade toast with grape jelly or apple butter - 10

*Student Special

Two local farm eggs your way with homefries or grits and homemade toast with grape jelly or apple butter - 7

EGG ENTREES

Eggs are farm fresh, pasture raised and are sourced locally from Aunt Bessie's Farm in Deep Gap. Substitutions Available.

*Eggs Benedict

Two poached local farm eggs and canadian bacon served on homemade toast, finished with scratch-made hollandaise. Fruit garnish and homefries - 14

*Bacon Avocado Benedict

Two poached local farm eggs, cherry smoked bacon and avocado served on homemade toast, finished with scratch-made hollandaise. Fruit garnish and homefries - 15

*Eggs DaVinci

Two poached local farm eggs, roasted red peppers, artichoke hearts on a bed of fresh spinach. Served on homemade toast, finished with scratch-made hollandaise. Fruit garnish and homefries - 13

*Eggs Florentine

Two poached local farm eggs and fresh tomato slices served on a bed of fresh spinach. Served on homemade toast, finished with scratch-made hollandaise. Fruit garnish and homefries - 13

OTHER OPTIONS

Melanie's Quiche du Jour

Daily quiche creation served with fruit, homefries or grits, and homemade toast with grape jelly or apple butter - 9

Fresh Fruit & Granola

Seasonal fresh fruit with yogurt, homemade granola and honey. Bowl served with toast and grape jelly or apple butter.

Bowl - 8 | Cup - 5

Cup of "just fruit" - 3

*Eggs and burgers are cooked to order. Consuming raw or undercooked meats or eggs may increase your risk of food borne illness. Please alert your server of any food allergies prior to placing your order.





OMELETS

Three local farm egg omelet served with homefries or grits and homemade toast with jelly or apple butter. Make any of the below choices with Egg Whites Add 1

Fresh Herb

Blend of fresh and dried herbs, tomato with your choice of cheese - 9

Greek

Fresh spinach, tomatoes, onions, garlic, black olives, feta cheese - 10

Mexican

Tomatoes, onions, green peppers, cheddar cheese, seasoned with fresh cilantro, cumin - 10

Spinach Garlic

Fresh spinach and garlic finished with swiss cheese - 10

Western

Canadian bacon, onions, green peppers, tomatoes, cheddar cheese - 10

Hearty Potato Soysage

Seasoned potatoes, onions, and soysage with your choice of cheese - 10

Broccoli Mushroom

Fresh broccoli, onions, mushrooms, cheddar cheese- 10

Build Your Own

Your choice of cheese and three veggies - 10
Add bacon, canadian bacon, tempeh or soysage - 1

FROM THE GRIDDLE

Melanie's Stuffed French Toast

Our French toast layered with raspberry cream cheese spread, topped with fresh bananas and strawberries, raspberry coulis, and whipped cream - 11

Melanie's Multigrain Pancakes

Buttermilk pancakes made with white and whole wheat flour, oat bran, buckwheat flour and flax meal. Served with syrup and butter. Chocolate chip pancakes also available, Add 1.
Double Stack (2) - 6 Triple Stack (3) - 8

Pancakes du Jour

Ask your server about today's special.
Served with syrup and butter.
Double Stack (2) - 7 Triple Stack (3) - 9

Belgian Waffle

Traditional Belgian waffle cooked on the stove top until crispy. Served with syrup and butter.
Half Waffle - 5 Whole Waffle - 8

Fruit Waffle

Our Belgian Waffle topped with seasonal fruit, yogurt, honey and a dash of cinnamon.
Half Waffle - 7 Whole Waffle - 10

Banana Nut Waffle

Our Belgian Waffle topped with fresh bananas and walnuts.
Half Waffle - 7 Whole Waffle - 10

French Toast

Our homemade bread transformed into fabulous French Toast. Served with syrup and butter - 7

KIDS BREAKFAST MENU

For Children 12 and Under only.
Served with a 12 oz milk,
apple juice, or orange juice - 6

*One Egg with Homefries & Toast

Granola with Yogurt & Fresh Fruit

Pancake with side of Fresh Fruit

French Toast with side of Fresh Fruit

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BISCUITS

Bread and biscuits are made from scratch and provided by Stick Boy Bread Co. in Boone.

*Trucker Breakfast

Homemade biscuit split and covered with our mushroom gravy. Topped with two local farm eggs your way, cheddar cheese and crumbled bacon. Served with homefries or grits - 10
Local Whole Hog Sausage Gravy - 11

Biscuits & Gravy

Homemade biscuits with mushroom gravy
Single - 4 Double - 6
Local Whole Hog Sausage Gravy
Single - 5 Double - 7

*Egg & Cheese Biscuit

Egg and your choice of cheese on a homemade biscuit - 4
Add soysage, bacon, or canadian bacon - 1

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BEVERAGES

Locally Roasted Organic Coffee - 2.50

Provided by Hatchet Coffee Roasters.
Regular or Decaf, Free Refills

Organic Hot Tea - 2.50

Over 10 different varieties of Hot Tea

Organic Unfiltered Apple Juice - 2.50

Orange Juice - 2.50

Southern Sweet Tea - 2.50

Raspberry Peach Iced Herbal Tea - 2.50

SIDE ORDERS

Bacon (Two strips) - 2 (Three strips) - 3

Tempeh Strips(4)- 3

Soysage (2 patties) - 2

Canadian Bacon - 2

Stewed Apples, Homefries or Grits - 2

*One Egg Cooked Your Way - 2

Maple Syrup (1.5 ounce)- 2

One Pancake - 3

Pancake du Jour - 4

Hollandaise - 2

Homemade Toast - 1

Biscuit with Apple Butter or Jelly - 2

SPECIALTY DRINKS

Our Specialty Drinks change occasionally.
Ask your server for daily specials.

Melanie's Mimosa - w/ Fresh Grapefruit 7

House Mimosa - w/ Orange Juice 6

Champagne - 6

Pot of Honey Lemon Ginger Tea - 4

Fresh Squeezed Grapefruit Juice -Sm 3 | Lg 5

Organic Fresh Squeezed Carrot Juice - 4

Many additional juices available.
Ask your Server for details.

