

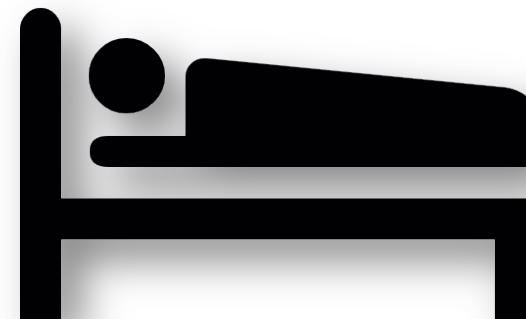
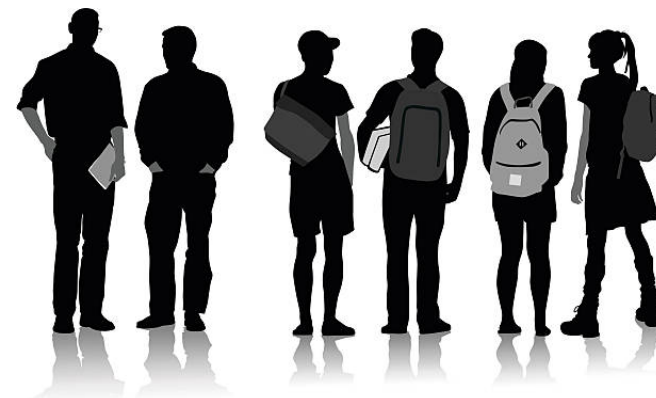
Does Substance Use Treatment Work?

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Hope is a place.



TYPES OF THERAPY



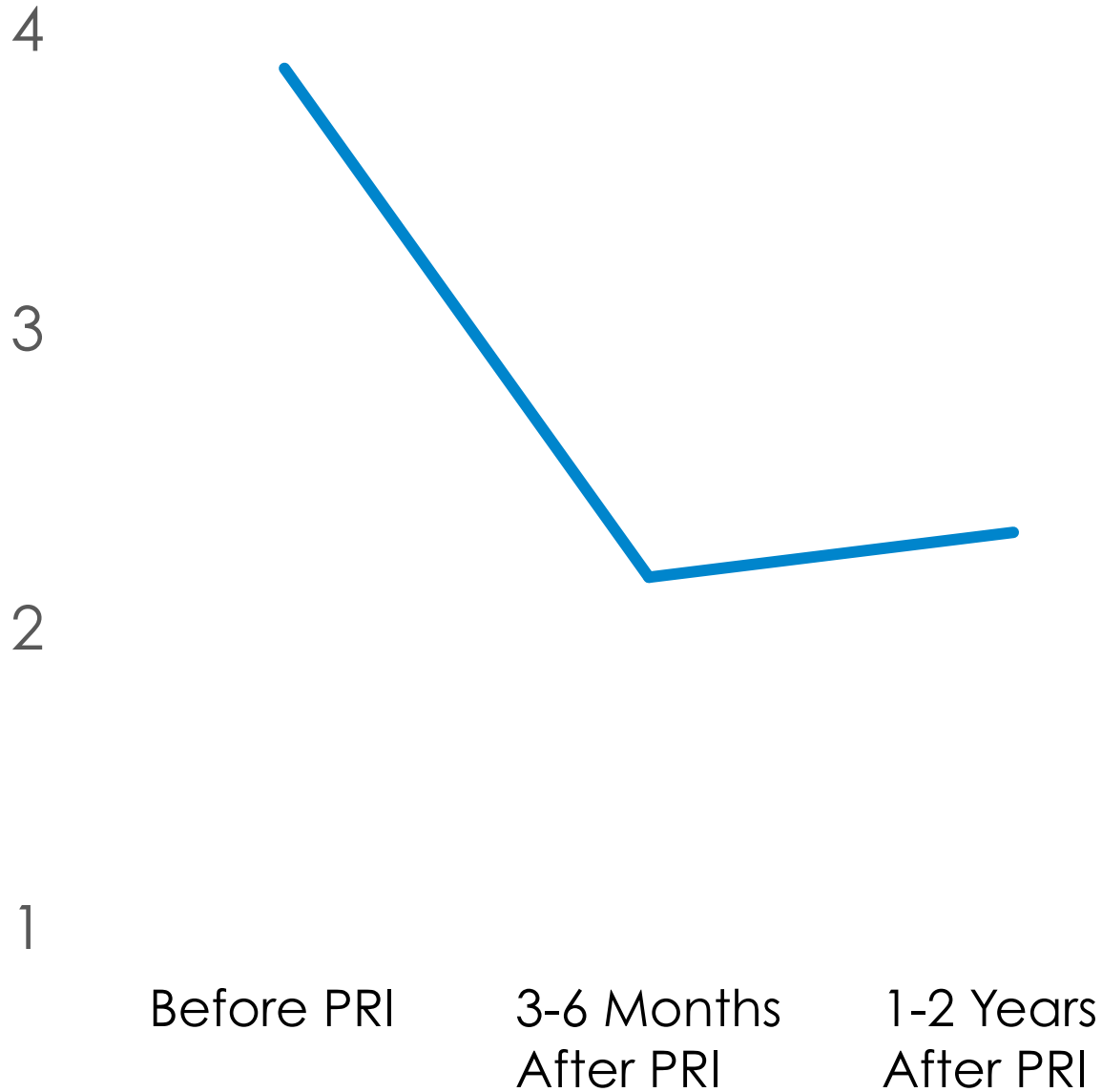
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- Comprehensive Residential Program
- Four phases:
 - Wilderness
 - Residential campus
 - Transition
 - Aftercare
- Structured family therapy component
- Dedicated to accountability, continuous quality improvement, and advancing knowledge.

Parent- Reported Substance Use Before and After PRI

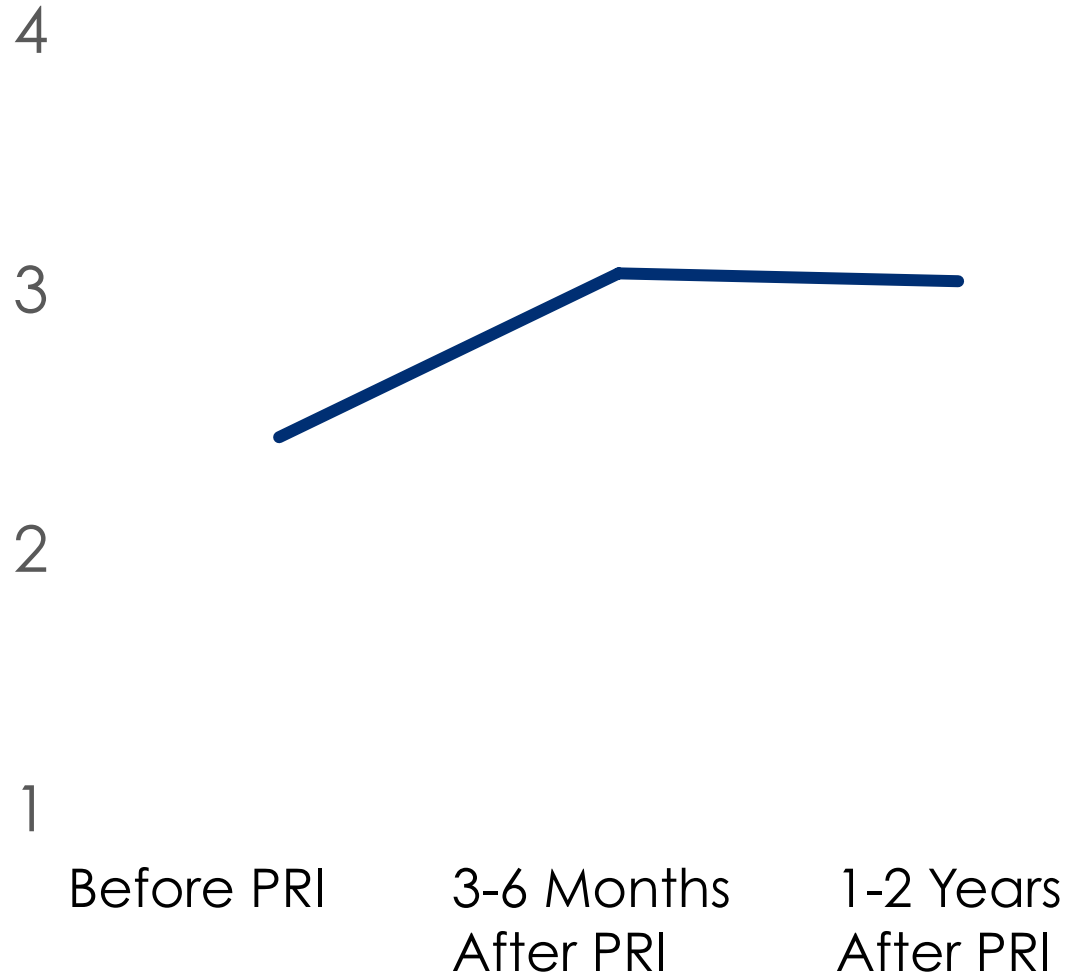


Marijuana, computer games, internet use, cell phone use, and video games are the main things that parents report their children use before PRI. (parent before PRI)

Most marijuana is multiple pipes, pipes, or a pipe. It is not its own pipe. It is not its own pipe. It is not its own pipe. (parent before PRI)

$F_{q(50)} = 38.5, p < .001; \eta^2 = .44$ (large - 3SD); Pre-PRI higher than Time 2 & Time 3 ($p < .001$); Times 2 & 3 no different ($p = 1$)

Parent- Reported Family Functioning Before and After PRI

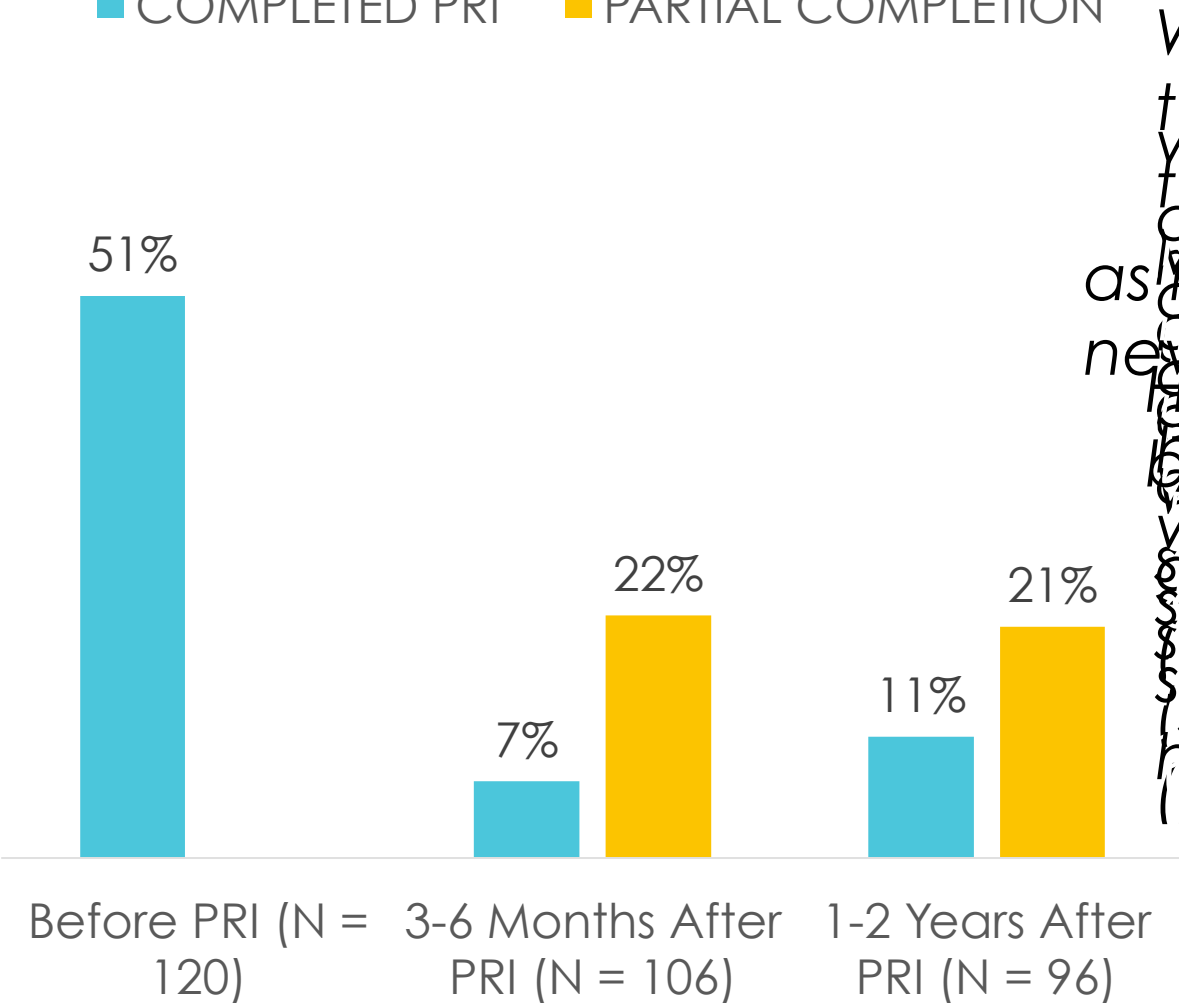


Our daughters behaviour has created there is really a zero communication as family drama and drama within our families. Everything is affected including family operations before PRI and siblings separation and parents stay at home, she lives with her parents before PRI, the life is not able to start for everyone (parent before PRI) and are trying everything to bring her back. (parent before PRI)

I try to talk to my family but it always just went in one way and there is no change of opinion and it is not going to change on their own. I try to talk to my family but it always just went in one way and there is no change of opinion and it is not going to change on their own. (youth before PRI)

Parent-Reported Clinically Problematic Anxiety / Depression Before and After PRI

■ COMPLETED PRI ■ PARTIAL COMPLETION

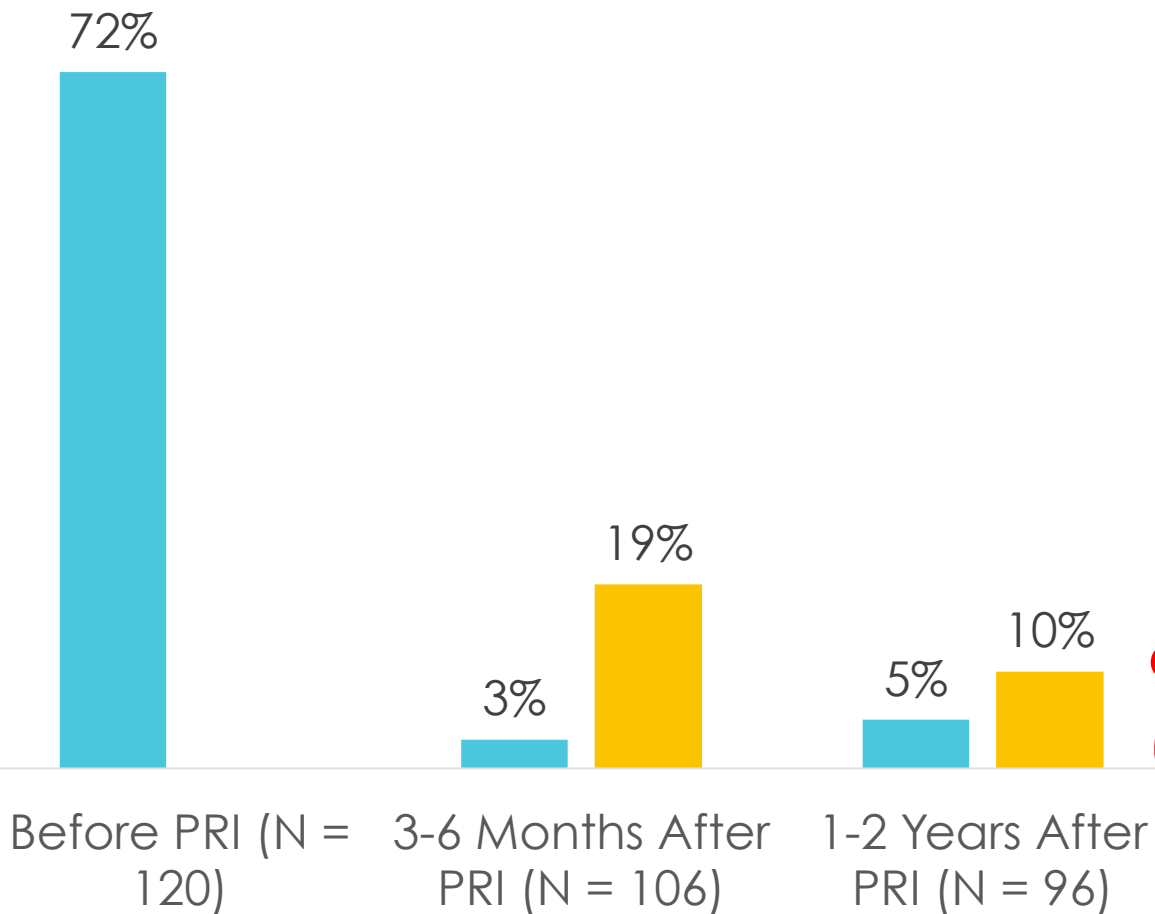


he has been on a downward spiral since Grade 8 but recently his personality has totally changed. (parent, before PRI)

We have watched her regress over the last two years. She is not the same kid she was hospitalized on a form for two weeks two years ago and it breaks our heart seeing her after an overdose suicide attempt. His anxiety is so bad now that he can't follow as he used to. He has lost all his friends and new ones aren't forming. He has a spiral of anxiety, depression, and coping strategies. He has also used drugs and alcohol which has caused his license to be suspended three times. He is now under a six month medical suspension for mental health reasons. (parent before PRI)

Parent-Reported Clinically Problematic Rule Breaking Behaviour Before and After PRI

■ COMPLETED PRI ■ PARTIAL COMPLETION



Was so afraid of going to court, even though I was
 already approved for public assistance, has
 trouble sleeping (dreams the court, PRI) uses his
 hearing as an escape and coping strategy,
 helps parent before PRI,
 however, he also uses drugs and alcohol,
 substance abuse, and has had multiple
 suspensions and has been in the prison
 suspended a three times. He is now on a
 six month probation. He starts a program
 (parent before PRI)

I have decided to pull out of the world.
 (youth before PRI)
 (youth before PRI) just don't care. .
 (youth before PRI)

What We Know



- In general, treatment is better than no treatment.
- PRI treatment is associated with sustained improvements across health, behaviour, and relationships
- Treatment completion fosters better outcomes than partial completion
- When parents who transform alongside their youth, youth improvements are expedited and amplified

Sincere thanks