



**FRIDAY, APRIL 7 | 5PM-8PM**

**STOP IN & SHOP**

- 1 Just Run Shoes & Gear** 10% Off & Running Recommendations
- 3 Riffs Studios Guitars & Yoga** Open Mic Night & 30% Off Yoga Packages
- 5 Bird Rock Surf Shop**
- 8 The Bird Rock Massage Studio** Special Prices & Giveaways
- 9 All About Animals** Mini Horse for Photos & Petting!
- 10 Capricorn Boutique** Snacks
- 11 The Rush Indoor Cycling Studio**
- 12 Diamonds on the Rock** Special Treats
- 13 KOI Wellbeing** Positive Vibrations or Athletic Edge Injections for \$15
- 14 Mythos** Snacks
- 16 Progress Bird Rock** Grand Opening!
- 18 La Jolla Mailbox Rentals**
- 19 Mimi & Red** 10yr Anniversary Sale
- 20 A Better Deal Designer Tuxedos & Suits** Bow Tie Giveaway
- 21 Chase Bank Bird Rock**
- 24 Nightingale Music** 20% Off All Retail
- 25 Shabby Chic**
- 26 Needlepoint of La Jolla**
- 28 Whitelight Pilates**
- 29 Waylon Salon** 10% Off Boutique Items
- 30 Bobbirocco**
- 31 Studio Barre**
- 32 Glo Beauty Bar**
- 33 iSweat Lodge** Special Prices
- 34 Green Flip Flops**
- 36 Kalabash School of Music**
- 38 Adrenalina Skate Shop** Sale on Summer Apparel
- 39 Pacific Training Center** Apparel Sale - 15% Off Tees or Buy-1 then Get-1 50% Off
- 40 Alma Music**
- 41 Moonglow Design La Jolla Art Gallery** Entertainment & Refreshments

**DRINKS & DINING**

- 2 Don Bravo Grill**
- 4 Lupi Vino Cucina**
- 6 Seaside Smoothie & Juice Bar**
- 7 Starbucks**
- 15 Farm to Fork Juice** Free Snacks & Juices
- 17 Beaumont's Eatery** Live Music by Scratch at 9pm
- 22 LJ Crafted Wines**
- 23 Bird Rock Coffee Roasters** Free Samples of Cold Brew & Chocolate Bar Nibble
- 27 Bird Rock Fine Wine** Free Aperol Spritzer w/ Tasting Purchase
- 35 Voce Del Mare** Live Music by The Johnny Keys Trio at 6pm
- 37 Wheat & Water** \$7 Cocktail Specials All Night

