



# SMOOTHIE MENU



6.30AM - LATE

*Vegan* (V) vegan (VEG) vegetarian (GF) gluten free (DF) dairy free

## *Vegan* NICHE & CO SPECIALTY SUPER BLENDS \$11

**GREEN:** ORG. COCONUT FLESH, SPINACH, KALE, CUCUMBER, MINT, MANGO, PINEAPPLE, COLD PRESS APPLE JUICE & COCONUT WATER

**ACAI:** ACAI, BANANA, STRAWBERRY, COLD PRESS APPLE JUICE & COCONUT WATER TOPPED W/GRANOLA

**PINK PASSION:** PITAYA, ACAI, PINEAPPLE, BANANA, COLD PRESS APPLE JUICE, TOPPED W/GRANOLA

**ACEROLA:** ACEROLA, BANANA, MANGO, PASSIONFRUIT, COCONUT MILK, TOPPED W/GRANOLA

## NON DAIRY SMOOTHIE \$11

**MONKEY BUSINESS:** BANANA, HOUSE MADE PEANUT BUTTER, VANILLA & CINNAMON RAW PROTEIN, ALMOND MILK, RAW CINNAMON HONEY. TOPPED W/LSA

**THE 4224 BREKKY:** BANANA, BLUEBERRY, OATMEAL, CACAO & COCONUT PROTEIN, RAW CINNAMON HONEY, COCONUT WATER

*raw* **AREN'T YOU GLAD I MATCHA:** GREEN TEA MATCHA, CHIA SEEDS, CACAO & COCONUT PROTEIN, BANANA, SPINACH, MINT & COCONUT WATER

*raw* **COOKIES & CREAM:** CASHEWS, DATES, PURE ORGANIC COCONUT FLESH, CACAO, VANILLA, COCONUT WATER. TOPPED W/ COCONUT

**LOCK STOCK & BARRELLED:** ESPRESSO SHOT, ESPRESSO PROTEIN, BANANA, RAW HONEY & ALMOND MILK

**SUMMER CHAI:** PRANA CHAI, BANANA, RAW CINNAMON HONEY, ICE, SLIM TONE VANILLA PROTEIN, CINNAMON & ALMOND MILK

*raw* **CANGGU DREAMS:** PITAYA, BANANA, COCONUT MILK, PASSIONFRUIT. TOPPED W/ SHREDDED COCONUT

*raw* **PINEAPPLE PETE:** PINEAPPLE, COCONUT FLESH, COCONUT MILK, BURLEIGH NATURAL LEMONADE, PASSIONFRUIT

## DAIRY SMOOTHIE \$9

**MANGO:** MANGO, RAW HONEY, ICE CREAM & COWS MILK

**BANANA:** BANANA, RAW CINNAMON HONEY, ICE CREAM & COWS MILK

**BURLEIGH BERRY:** MIXED BERRIES, RAW HONEY, ICE CREAM & COWS MILK

## MILK SHAKE \$8

CHOOSE: CHOC/ STRAWBERRY/ CARAMEL/ VANILLA/ HAZELNUT

## KIDS SHAKE \$5

CHOOSE: BANANA SMOOTHIE/ CHOC/ STRAWBERRY/ CARAMEL/ VANILLA/ HAZELNUT