

KPS

• SMART CHOICES CANTEEN MENU •

GREEN - every day healthy foods • **ORANGE** - select carefully foods • **RED** - occasional treat food

Baked Potatoes

- Potato with Cheese **\$4.00**

Pies, Pasties & Parcels

- Pie (Mrs Macs) **\$4.50**
- Party Pie (Patties Lite) **\$1.50**
- Sausage Roll (Mrs Macs) **\$4.00**
- Mini Sausage Roll (Patties) **\$1.50**
- Spinach & Ricotta Parcel **\$0.50**
- Pastie **\$4.00**

Sushi, Salad, Vegetarian

- Veggie Rice (with soy sauce) **\$3.50**
- Steamed Dim Sim **\$1.00**
- Corn on the Cob **\$1.00**
- Sushi: Tuna, Chicken or Avocado (v) **\$3.50**

Pizza (wholemeal base) & Pasta

- Ham & cheese Pizza **\$3.00**
- Tropicana Pizza **\$3.00**
- Pasta & Veggies Small **\$2.50** Large **\$3.50**
- Pasta & Cheese Small **\$2.50** Large **\$3.50**
- Pasta, Veggies & Cheese Small **\$3.00** Large **\$4.00**
- Pasta & Tomato Sauce Small **\$2.50** Large **\$3.50**

Sandwiches & Jaffles (Wholemeal, Hi-Fibre White)

- 1 Filling **\$3.00**
- 2 Fillings **\$3.50**
- 3 Fillings + **\$5.00**

Choose from:

Ham, Chicken, Baked Beans, Spaghetti, Garden Salad, Cheese, Tomato, Vegemite, Banana & Honey

Hot Rolls

- Chicken **\$4.00**
- Cheese **\$3.50**
- Chicken & Mayo **\$5.00**
- Chicken, Cheese & Mayo **\$5.50**

Wraps

- 1 Filling **\$3.00**
- 2 Fillings **\$3.50**
- 3 Fillings + **\$5.50**

Choose from:

Ham, Cheese, Chicken, Garden Salad & Tomato

Fruit, Nibbles & Treats

- Cheese & Carrot Sticks **\$0.80**
- Mixed Bag of Dried Fruit **\$0.50**
- Fresh Fruit in Season **\$1.00**
- Popcorn **\$0.50**
- Muffins **\$1.50**
- Anzac Biscuits **\$1.00**
- Jelly Cup **\$0.50**

Icebergs

- Frozen Juice/Milk Cylinders **\$0.80**
- Pineapple Ring UFO's **\$0.50**
- Frozen Fruit in Season **\$1.00**
(Orange, Banana, Strawberry, Watermelon)

Drinks

- 100% Juice: Blackcurrant, Apple or Orange **\$2.00**
- Water **\$2.00**
- Plain Milk 300ml **\$2.00**
- Big M Strawberry or Chocolate **\$2.50**

Weekly Meal Deals

Each of these comes with Fresh Fruit, Fruit Juice and Popcorn

- Wonder Wraps (Ham or Chicken Salad) **\$7.00**
- Mr Potato Head (Baked Spud with Cheese) **\$7.00**

CANTEEN CLOSED ON **MONDAY**

SOME BORING BUT IMPORTANT STUFF:

When ordering, please print the following clearly on your bag: **Your name, room number, items ordered, total of price of order.**
Orders need to fit into the bag, please supply correct money. Bags can be supplied for \$0.10