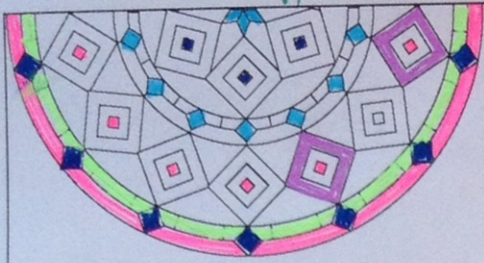
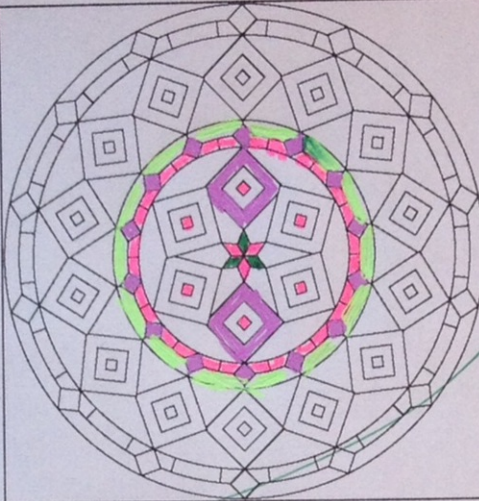


Topic: Scatter Mapping

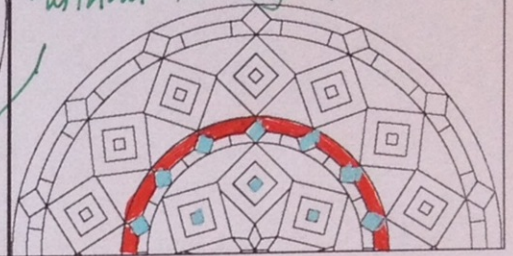
Date: April 27, 2017



A simple and stress-free way to journal - scatter mapping



Colouring (alternating with scatter mapping) can be a way of taking a break "without taking a break."



SCATTER-MAPPING

BENEFITS

- SIMPLE
- EASY
- LOW-STRESS
- FOCUS

My Story: one of my favourite ways...
How you can too:

MARK FORSTER quote

- HIS STORY
- HIS RULES
- LINK TO HIS EXAMPLE ?

MY TIPS

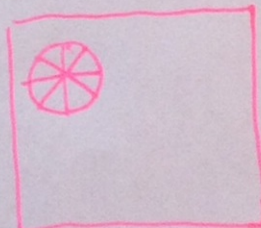
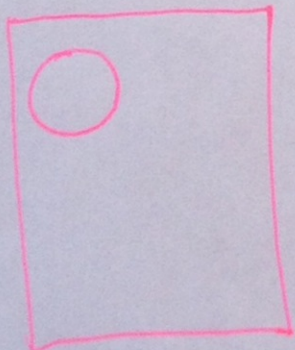
Use Uppercase !

Who it's for:

"Intelligible / Unintelligible"
It is more about the process + what you feel and think afterwards, than how it ends up looking on the page.

Transition REGROUPING

SAMPLE PAGE / template ?



SQUARE

There are ~~literally~~ no rules! Just Scatter any thoughts or feelings over the page [and map together any connecting ideas with lines, arrows,] then link, comment or emphasize

Combine the cornell format with colouring.