

Abbey Hosted Three-Day Retreat Schedule “Relationships of Hope”

Day One:

4:00 PM Registration upon Arrival (Rooms not available until 4:00 PM)
5:45 PM Wine and Cheese (St. Thomas Aquinas Room)
6:05 PM Welcome and Orientation
6:30 PM Supper
7:45 PM Mass followed by Night Prayer (Retreat Center Chapel)

Day Two:

7:00 AM Lauds in Abbey Church (optional)
7:20 AM Rising Bell
7:50 AM Morning Prayer (Retreat Center Chapel)
8:00 AM Breakfast
9:00 AM Conference (St Thomas Aquinas Room)
9:45 AM Sacrament of Reconciliation
10:30 AM Rosary (Retreat Center Chapel)
10:30 AM Spiritual Direction
11:15 AM Mass (Abbey Church)
12:00 PM Lunch
1:00 PM Spiritual Direction
1:00 PM Guided tour of the Abbey Church (optional)
4:00 PM Conference (St. Thomas Aquinas Room)
5:30 PM Vespers in Abbey Church (optional)
6:15 PM Supper
7:15 PM Conference (St. Thomas Aquinas Room)
8:00 PM Eucharistic Adoration (Retreat Center Chapel)

Day Three:

6:30 AM Lauds in Abbey Church (optional)
7:20 AM Rising Bell
7:50 AM Morning Prayer (Retreat Center Chapel)
8:00 AM Breakfast
9:00 AM Conference (St. Thomas Aquinas Room)
9:45 AM Renewal of Baptismal Promises
10:00 AM Rosary (Retreat Center Chapel)
11:00 AM Mass (Abbey Church)
12:00 PM Closing Reflection and Thank You
12:15 PM Lunch
Departure

SILENCE IS OBSERVED IN AND AROUND THE RETREAT HOUSE FROM AFTER MASS ON THE FIRST NIGHT UNTIL AFTER MASS ON DAY THREE. PLEASE RESPECT THE SILENCE.