



Parent to Parent Newsletter

Welcome to the February issue of the Your Choice Parent to Parent newsletter. This newsletter is written by parents for parents.

Thank you to everyone who was able to attend our open house! We had a great turnout and were excited to be able to show off our new office spaces. We are always humbled and overwhelmed by the amount of support we receive.

There are two very important items we would like to draw your attention to this month. First, we would like to announce the date and speaker for our upcoming fundraiser. We are excited to announce that our fundraiser this year will be May 17, 2019 at the Golden Mast in Oconomowoc with special speaker Kimberly Joy Krueger. Watch for more information on this exciting event!



We are also very excited to announce an upcoming event hosted by Your Choice, **Marijuana: A Community Conversation** on March 7, 2019 with special speakers Monty Stiles and Ed Shemayla. More about this event can be found below.

As always, if you have any questions, comments, or concerns, or if you would like to read about a certain topic in the next newsletter, [please email us](#). Your ideas and feedback are always appreciated.

Sandi Lybert
Your Choice to Live Founder
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Marijuana: A Community Conversation



INVITES YOU TO

MARIJUANA: A COMMUNITY CONVERSATION

March 7, 2019
Waukesha County Expo Center
1000 Northview Road Waukesha, WI

Lunch Program for Professionals 11:30 am-1:00 pm
Evening Program for Community Members 6:30-8:00 pm



Ed Shemelya is currently the National Coordinator of the National Marijuana Initiative. This is an initiative within the Office of National Drug Control Policy (ONDCP) that is responsible for assisting and improving the capabilities of the 28 High Intensity Drug Trafficking (HIDTA) areas nationwide in carrying out the National Drug Control Strategy objectives of disrupting domestic trafficking and production of, and reducing demand for, marijuana and derivative products.



Monte Stiles served his entire professional legal career of 29 years as a state and federal prosecutor. For 24 years, Monte was an Assistant United States Attorney for the District of Idaho where he supervised the Organized Crime/Drug Enforcement Task Force – a group of agents and prosecutors who investigated and prosecuted high-level drug trafficking organizations, including Los Angeles street gangs, methamphetamine manufacturers, marijuana growers on public lands, and multi-state drug cartels.

Get informed through this community conversation, which will examine the state of marijuana in America, with the expressed purpose of separating the myths surrounding marijuana with the reality of today's marijuana. We will look at potency of marijuana, how it has changed, and the consequences resulting from it. Children over 12 are welcomed and encouraged at the evening presentation.

Registration is FREE, but required at: <https://mjevent.eventbrite.com>

RSVP Here

What Parents Should Know: The Five Most Addictive Substances in the World

From CNN:

What are the most addictive drugs? This question seems simple, but the answer depends on whom you ask.

From the points of view of different researchers,

the potential for a drug to be addictive can be judged in terms of the harm it causes, the street value of the drug, the extent to which the drug activates the brain's dopamine system, how pleasurable people report the drug to be, the degree to which the drug causes withdrawal symptoms, and how easily a person trying the drug will become hooked.



There are other facets to measuring the addictive potential of a drug, too, and there are even researchers who argue that no drug is always addictive. Given the varied view of researchers, then, one way of ranking addictive drugs is to ask expert panels. In 2007, David Nutt and his colleagues asked addiction experts to do exactly that -- with some interesting findings.

[Find out the most addictive substances in the world](#)

Your Choice Note: Nicotine and alcohol are two commonly used substances among teenagers and have many adverse affects. Nicotine and alcohol can prime the brain for addiction to harder drugs. It is important for parents to communicate the dangers of these substances to youth.

Your Choice Youth Prevention Programs

Tips For Teens: Detour Letter

Each month we feature an inspirational letter from a student in our Detour Class. Detour is a class designed to gently but powerfully challenge common beliefs about drug and alcohol use. One of the assignments at the end of the class is to write a letter to a special person in your life that touches on some important aspects from the class.



[Click here to learn more about Detour](#)

[Click here to read this month's featured letter](#)

Your Choice Events Happening in February

[Detour Class](#)

February 22 & 23
[Register Here](#)

[Youth Presentations](#)

February 1
Central High School
Joliet, IL

February 19
Northwood School District
Minong, WI

February 26
Kohler School District
Kohler, WI

[Conferences](#)

[Wake Up Call Professional Development](#)

February 18
Northwood School District
Minong, WI

February 19
Elmbrook School District
Brookfield, WI

February 28
Rosecrance
Rockford, IL

[Narcan Training](#)

February - 13
12 pm - 1 pm
440 S. Lapham Street
Oconomowoc, WI

February 6
Wisconsin School Counselor Association
2019 Annual Conference
Madison, WI

[Wake Up Call](#)

February 18
Northwood School District
Minong, WI
[Register Here](#)

February 26
Kohler School District
Kohler, WI
6:00 - 6:30 Resource Fair
6:30 - 8:00 Presentation
[Register Here](#)

[Register here](#)

February - 20
6 pm- 7 pm
440 S. Lapham Street
Oconomowoc, WI
[Register here](#)

[Community Presentations](#)

February 19
Let's Talk Vaping Parent Forum
Stone Bank School
[More Information Here](#)

[Playgrounds to Pills](#)

February 27
Mukwonago High School
Mukwonago, WI
6:00 - 6:30 Resource Fair
6:30-8:00 Presentation
[Register Here](#)

Check out the [events page](#) on our website to see locations of more Your Choice events
and find out where Your Choice speakers will be next!

Community Resource Spotlight: Stop Trafficking Together in Lake Country

Stop Trafficking Together in Lake Country (STTLC) is an organization dedicated to abolishing human trafficking through prevention, collaboration, support, and advocacy.

STTLC prevents human trafficking through educating our community, which includes families, educators, law enforcers, corporate leaders, civic leaders, buyers and sellers. Our committee tends to raise public awareness through flyers, public meetings and social media.

STTLC will team up and pool resources with other local organizations to combat human trafficking. STTLC provides support through financial partnership, volunteerism, spiritual care, and survivor help. STTLC will push for just legislation and hold community leaders accountable.

Sex trafficking is the recruitment, harboring, transportation, provision, obtaining, patronizing, or soliciting of a person for the purposes of a commercial sex act, in which the commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such an act has not attained 18 years of age.

Labor trafficking is the recruitment, harboring, transportation, provision, or obtaining of a person for labor or services, through the use of force, fraud, or coercion for the purposes of subjection to involuntary servitude, peonage, debt bondage, or slavery.

For more information: <https://sttlakecountry.wixsite.com/sttlc>

Your Choice to Live, Inc. | 262-354-8344 | www.yourchoice-live.org

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