

# Discussion Guide

“Love Changes It All Assembly” with Jeff Veley

Use this discussion guide with your classroom or small group to process the concepts and skills taught through Jeff Veley’s presentation.

## Discussion Questions

1. What was one thing that you learned from Jeff today?
2. What are the two steps of the Peace Sign?
3. Why is it a bad idea to “get upset” when someone is mean to you?  
Answer: You will lose. It allows them to have power over you. They feel like a winner, you feel like a loser.
4. Why should you treat someone like a friend when they are mean to you? Answer: Love Changes It All. Kindness Causes Confusion. The Golden Rule makes turns enemies into friends.
5. Jeff talked about being strong (resilience). Share a time when someone tried to hurt your feelings and you decided to “shake it off’.
6. Briefly review the difference between bullying and criminal behavior.  
  
Bullying (you can solve it) is when someone tries to hurt your feelings (name-calling, jokes, rumors, rejection, etc.)  
  
Criminal behavior (you need to report it/ask for help) is when someone tries to hurt your body or your stuff (punching, kicking, stealing, destruction of property, etc.)
7. Why is it a poor choice to be mean back to someone who is not nice to you?
8. What is the Golden Rule? Answer: Treat others the way you want to be treated. Treat everyone like friends, especially your enemies.
9. Why is it a good idea to treat your enemy like a friend?
10. When someone is being mean to you, what is the best way to respond so that they respect you?  
Answer: Be Calm, Be Kind. Don’t get upset and treat them like a friend. Anger is ammunition but kindness will cause confusion (throw them off their game). Love Changes It All.