

POLGOOTH INN  
ST AUSTELL ALES



## To Start

<b>Sticky Chilli Harita Rolls</b> Pulled sticky duck, spring onions & coriander	£7.95
<b>V Beetroot &amp; Mint Hummus</b> Hand made, topped with olive oil served with warm pitta bread	£5.75
<b>Hand Cut Breaded Squid Rings</b> With a sweet chilli dip	£6.75
<b>Teriyaki Glazed Pig Cheeks</b> Vignola black rice, cucumber & micro coriander	£7.25
<b>Seeded Jack Sprats &amp; Chilli Whitebait</b> Served with homemade tartare sauce & fragrant chilli sauce	£7.50

## Sharing Platter

<b>Nachos</b> V Layered with Guacamole, Soured Cream & Salsa Topped with cheese & jalapenos <b>Add a bowl of chunky cut beef chilli for dipping</b>	£9.50 £13
<b>Duo Of Steamed Mussels</b> The finest local mussels steamed in our own recipe Thai cream & spiced chunky tomato sauce, served with artisan bread for dipping	£15
<b>Polgooth Inn Ploughman's Platter</b> The perfect combination of home cooked ham & mature cheddar cheese, balsamic glazed onions, sweet pepper pearls, crisp apple & artisan bread <i>Great with a pint of Tribute</i>	£16

## Polgooth's Pride

<b>Polgooth Inn Stir Fried Super Food Salad</b> Our own recipe with red cabbage, celery, chard, Roquito peppers, chilli corn & black rice. Your choice of ...Fragrant steamed chicken Oven baked hake Crispy shredded duck V Moroccan spiced halloumi	£13.75 £14.75 £15.95 £12.50
<b>Chorizo, Spring Onion &amp; Potato Hash</b> Served in the skillet, topped with a soft fried ducks egg & artisan bread roll	£15
<b>V Risotto Stuffed Vine Leaves</b> Served with our own spiced bravas tomato sauce, balsamic onion pearls, pea shoots & garlic bread	£14.50
<b>8oz Cornish Rump Steak</b> Served with chips, homemade beer battered onion rings, field mushroom, tomato & salad Includes a pour on sauce, either, Peppercorn, Blue cheese or Diane. Your choice!	£15.50
<b>V Sweet Potato, Chick Pea &amp; Spinach Tagine</b> Served with toasted almond, sultana & coriander couscous	£13.50
<b>Mediterranean Style Sardines</b> Pan fried with marinated olives & garlic in a chunky tomato sauce, served on toasted ciabatta with artichoke hearts & crisp leaf salad	£13

## Polgooth's Favourites

<b>Our Amazing Fish Pie</b> The finest cod & smoked haddock in a white wine & leek cream, with hard boiled eggs. Topped with cheesy mash potato, served with dressed mixed salad & fresh baked artisan bread	£13.50
<b>Whole-tail Scampi</b> Chips, garnish & our homemade tartare sauce	Half portion £8 Full portion £13
<b>Traditional Cod 'n' Chips</b> Using sustainable fish, fried in our famous St Austell ale batter with rustic chips, mushy peas & our homemade tartare sauce	Half portion £8.50 Full Portion £13.50
<b>Homemade Gourmet Beef Burger</b> House seasoned served with bacon, pickles, red onion marmalade & your choice of <b>Mature Cheddar</b> or <b>Blue Cheese</b> in a lightly toasted tomato & rosemary bun, with rustic chips	£12.50
<b>Thick Cut Ham, Egg &amp; Chips</b> A traditional favourite with everyone	Half portion £7.50 Full portion £11.50
<b>V Vegetable Lasagne</b> Made with spinach, leek, tomato, squash & ricotta cheese, served with salad & garlic bread	Half portion £8.50 Full portion £13.50

The Cornish country-side is what we're about & we try hard to utilise all that's around us.

We have our own kitchen garden which is a big part of our menu. Sam the Gardener works with our chefs to bring you the freshest seasonal produce with the main focus on herbs, vegetables & salad produce. The team that you don't see are the engine to our tractor & work hard to ensure the food you receive is to the highest standard

## Warm Red Onion Folded Tasca Bread

### Sandwiches *served with seasoned potato lattice fries*

Pastrami, Gherkin & Mustard Mayonnaise	£7.75
V Brie & Cranberry (Add Bacon for 50p)	£7.25
Breaded Hand Cut Cod Fish Finger with tartare sauce	£7.95
Classic BLT	£7.50
Traditional Prawn with Marie Rose	£8.25
House Roasted Gammon & Sticky Fig Jam	£7.25
V Halloumi, Roasted Pepper & Rosemary	£7.00

## Jacket Potatoes, *fresh baked buttered potato filled with your choice of fillings, served with side salad & homemade coleslaw.*

Homemade Cajun Chicken	£8.95
Chunky Cut Beef Chilli	£8.75
V Cheese & Beans	£7.75
Chilli, Lime & Coriander Prawn Marie Rose	£9.50
V Pesto roasted Mediterranean Vegetables topped with our Homemade Beetroot Hummus	£8.25

Allergy & intolerance advice is available

Please speak to a member of our team  
ref: food or drinks



## Extras - fancy a little bit on the side?

V Chips	£3 or Large it for £4.50
V Cheesy Chips	£3.75
V Lattice Fries	£3.50
V Homemade Onion Rings	£3
V Salad Bowl with Coleslaw	£4.50
V Homemade Coleslaw	£3
V Garlic Bread	£2.50
V Olives	£3.50
V Seasonal Vegetables	£4.50
V Steamed Potato Bowl	£3.50

