

Northern Light Espresso Bar



BREAKFAST

Baked Goods and Treat

A selection of scones, muffins, crumb cake, coffee rolls, croissants, cookies, and assorted bakery delights.

Yogurt Parfait

Low fat yogurt mixed with fruit concentrate and topped with fresh fruit and granola.

Bagels

Add cream cheese or butter and jelly.

SALADS

Chicken Caesar Salad

Café baked chicken breast served over a bed of romaine topped with parmesan cheese, croutons and our house made Caesar dressing.

Spinach Darby Salad

Organic spinach, feta cheese, raisins, almonds, cucumbers and our house made red wine vinaigrette. (Vegetarian)

Chef Salad

Chopped Romaine topped with Cheddar cheese, black forest ham, turkey breast, hard-boiled egg, cherry tomatoes, croutons and served with Ranch dressing.

Mediterranean Chickpea Salad (NEW)

A mixture of chickpeas, cucumbers, tomatoes, black olives and feta cheese served on top of a bed of kale, swiss chard and spinach. (Vegetarian)

Kale Salad with Avocado (NEW)

A mixture of kale, peppers, green peas, avocado and cilantro tossed with a soy-ginger dressing served with a side of toasted Quinoa. (Vegan)

SOUPS AND CHILIS

Soup and chili is served daily during the cooler months of the year.

SANDWICHES

Turkey with Vermont White Cheddar (NEW)

Roasted Turkey breast, sharp Vermont white cheddar and romaine, topped with Cherry chutney served on an eight-grain roll.

Cajun Chicken Sandwich (NEW)

Our own marinated Cajun chicken breast topped with provolone cheese, lettuce and tomato and chipotle garlic aioli served on a Kaiser roll.

QUICHE

Prepared Daily

Chefs' choice. We change it up every day.

WRAPS

Buffalo Chicken Wrap

Breaded chicken tenderloins tossed in Franks red hot sauce mixed with blue cheese and celery.

Chicken Salad Wrap

Our chicken salad has been a favorite in downtown for more than 6 years. Café baked chicken breast, mayonnaise, celery, apples, dill and parsley. Simple and delicious.