



WAY FORWARD COUNSELLING SERVICES
 Swan House Business Centre
 146-147 St Helen's Road
 Swansea, SA1 4DE
www.wayforwardcounselling.com
 01792 720477

SANDTRAY TRAINING BOOKING FORM

Course:	CPD Sandtray Day
Dates:	Friday 1 st June 2018
Fees:	£80 per person (inclusive of refreshments and a light lunch)

Name:	
Job Title:	
Qualified Counsellor or psychotherapist?	
Qualified Supervisor?	
Details of Professional Membership (e.g.BACP)	
Previous Sandtray Training:	
Telephone Number:	
Email Address:	

Are your fees :	Yes	No
Privately funded?		
Funded by an Organisation?		
Billing information:	An invoice will be sent out in all instances	
Contact name & postal address	Contact email address	Contact telephone number

Fees and Deposits:

There is no deposit for this training however the full fee of £80 will be required at the point of booking.

If cancelling with more than 48 hours notice a full refund will be given.

There are limited spaces available as the groups are kept small in order to maximise the learning potential on these courses.

If the course is cancelled by Way Forward Counselling Services Ltd., due to unforeseen circumstances, a full refund will be made.

Payments can be made via the following ways:

Cheque: Made payable to Way Forward Counselling Services Ltd

Posted to: Way Forward Counselling Services Ltd, Swan House Business Centre, 146-147 St Helen's Road,
Swansea, SA1 4DE

Direct Credit:

Account: Way Forward Counselling Services Ltd

Sort Code: 09 01 28 Account Number: 75259171

Please confirm any special dietary requirements:

Statement of Expectations:

PLEASE READ THIS SECTION CAREFULLY AND SIGN TO CONFIRM YOUR UNDERSTANDING

This course is understandably emotionally demanding, the use of sandtray in therapy, and in supervision, is without doubt a potent psychotherapeutic tool. The only way to understand the power of working in this way is to experience it, therefore there is a strong emphasis on experiential learning. The teaching methods will include delivery of theory and provision of notes to take away, ideas for further reading, demonstrations, your own use of sand trays and miniatures, and learning gained from each other. The courses are run in small groups of 6 – 8 participants, some tasks will involve pairing up and exploring the techniques being presented. It is expected that, as qualified professionals, each participant will take responsibility for the level of personal material they share in dyads, triads or group work, and taking responsibility for their own emotional safety. You can always choose whether to use made up scenarios or real material – as long as you take care of yourself. Kirsty Bilski will stress the importance of self-care and any participant can choose to either offer feedback/spectate or to leave the room if required. Kirsty will be available to assist on a one to one basis if required and pays careful attention to any experiential work being undertaken. The safe and ethical use of sandtray is a priority on this course. The course is only open to qualified counsellors and psychotherapists. Groups of students are welcome but separate training dates are arranged on a bespoke basis.

The emphasis throughout the course will be on personal safety, therapeutic holding, ethical and professional care along with continued professional development. Respect and care for yourself in this learning process, will translate into how you therapeutically hold your clients in therapy, and as supervisors in supervision.

Completing this course will give you the knowledge to begin using sandtray in counselling and psychotherapy, however there are member organisations which offer extensive training in sandtray and sandplay which would build on the skills you learn in these four days.

Confidentiality Statement:

It is expected that all professionals attending the courses will be respectful of established professional limits of confidentiality and that personal information overheard or shared will remain within the learning environment and not repeated outside of the training.

Please sign to confirm understanding and agreement to the above expectations and confidentiality statements

Signature:

Name:

Date:

Once completed email this form to kirsty.wayforward@gmail.com or post to: Way Forward Counselling Services Ltd, Swan House Business Centre, St Helen's Road, Swansea, SA1 4DE

Confirmation of your place will be sent once payment has been received.